

JOSHIAH

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Joshiah: Well, now. Well, once again it is indeed a pleasure to be invited back into your vibrational level and we would like to express our greetings to each of you and as well to express our gratitude for your once again offering us this opportunity to interact and to share with each of you.

As usual, before we begin, we would suggest that there exists for each of you that opportunity to be involved in that silent communication, that opportunity for you to alter your consciousness and enter into what you might refer to as a meditative state. And in that altered state of consciousness have the opportunity to have a telepathic interaction and exchange of information with other entities that would be with us on this afternoon or indeed with that portion that you refer to as your higher self or that spark of consciousness that you are.

And as always, many times the information that you receive in that altered state of consciousness is much more pertinent to your individual needs and desires than is this information that we attempt to express through this rather limited use of a vocabulary. And again, as always, the choice is yours, absolutely, to be involved in that telepathic silent communication.

Now. We continuously express to you that this reality that you're experiencing in your so-called awake and consciousness state is a reality that's a validation of beliefs and belief systems that you hold and that you have agreed to participate in. Belief systems in the so-called human consciousness level and in the societal level and in the individual belief systems that each of you hold.

It seems like such a simple statement, and yet it can be very difficult to grasp that concept and apply it to your day-to-day activities, interactions and experiences with each other.

You as a consciousness are involved in a multitude of what you refer to as life experiences, the different lifetimes that are occurring simultaneously, if you want, that occur in the now. And each of them seems to be the most significant reality that you're involved in, for each of the egos that are involved in each of those lifetimes. And so, in this particular incarnational period you believe that this is the most important reality that you are involved in. Not only the most important but for

many that this is the only real reality. That all of the rest is illusionary. That the realities that you experience in your altered states of consciousness are not real, that they are imaginary.

The irony of it is is that this reality that you experience in your awake consciousness state is the most illusionary reality. Most illusionary as well as all of the other realities that you are experiencing in your other so-called incarnational periods where the ego in those particular incarnational periods as well believe that that's the most important reality. You are a multidimensional personality, we've suggested that to you many, many times, that you are so much more than what you perceive in your so-called awake and consciousness state.

And so, in this particular incarnational period, the one which you are, in your awake and consciousness state the most interested in, indeed, is, once again, the validation of belief systems. Belief systems that you put in place in various levels of your consciousness.

We've suggested that before you entered into this incarnational period you agreed to participate in certain reality creation processes, human consciousness belief systems that you agreed to validate and to participate and to sustain, that we use and your so-called laws of physics as examples of. And then of course the societal and then the individual. And many of these overlap and interact with each other. You choose, for example, in your so-called altered state of consciousness, to have what may seem like personal types of belief systems that are indeed tied to the so-called human consciousness belief systems and interact with each other.

For example, each of you choose the particular entities that you will be involved with in your so-called families that you agree to interact with and to be a part of in this incarnational period. Many times, these are entities that you are involved in other incarnational periods as well, but nonetheless in this particular incarnational period you agree to participate in that interaction. And with that agreement you also agree to put in place many of the so-called physical aspects that you enjoy in this particular incarnational period, the genetical makeup of your being, in other words, you agree to participate in.

And that genetic makeup is interacting with and part of your so-called human consciousness belief systems,

where you as a human consciousness agree that the certain genetic characteristics are carried on and passed on to various individuals. It validates, first of all, your belief in time and space, that there is indeed this passage of time. And it validates as well your beliefs in evolution, the beliefs that certain individuals, certain characteristics will be passed on genetically to the offspring of certain individuals.

And so, it's an individual choice that you make in your so-called between incarnational periods in that level of consciousness. But you interact with other entities that are involved in this incarnational period as well as all of the other incarnational periods and you agree to participate in and to inherit, if you wish, those particular genetic attributes. And yet, it is as well influenced by the so-called human consciousness belief system as well. Again, those belief systems are very difficult for you to alter. Very difficult, but not impossible.

You also at that particular period of your making the choices that you wish put in place many of the so-called DNA attributes that you bring into this incarnational period that indeed carry with them various possibilities and probabilities for experiences that you will have physically throughout this particular incarnational period. Your DNA attributes, once again, are tied to and interact with the human consciousness belief system. And again, when you alter certain belief systems it can alter the reality that you experience in this particular incarnational period. And once again, the reality you experience is simply a validation of your beliefs and belief systems. Without exception. And that's the difficult part to grasp in your awake and consciousness state.

And so, in your so-called past, in your history, we've suggested that certain realities were put in place in the between incarnational period and you as entities entering into that incarnational period chose to make it very difficult to alter those particular choices or those particular attributes that were so-called stored in your DNA. And so, it was quite predictable to map out, if you wish, the experiences one would have throughout a particular incarnational period.

However, as you enter into this new age and new energy you're beginning to understand that it's possible to alter those belief systems. You're beginning to accept as a human consciousness that it's possible to alter various aspects of your DNA. For you to alter, as an individual. And so, you have individual belief systems that are being influenced by human consciousness belief systems and human consciousness belief systems that are interacting with and being influenced by individual belief systems.

While it's very easy to break it down [to] that this reality is a validation of what you believe it becomes much more difficult for you to grasp that concept that it's an entire range of belief systems that are affecting the reality, not a simple one belief. And yet, a simple one

belief can have a dramatic influence upon this reality that you're experiencing in any particular incarnational period.

And so it is, that the creation of this reality is influenced by your beliefs but that your beliefs, particularly your individual beliefs and belief systems within a certain incarnational period, are influenced by your so-called awake and consciousness mind. You have that choice. You have the ability to alter your belief systems.

We've suggested to you many, many times if you don't like your reality, alter your beliefs and you will alter the reality. Absolutely, without any doubt. Your reality is a validation of the beliefs you hold. You alter your beliefs and you alter your reality.

And so, you have, particularly in this so-called space of time, in this incarnational period, entities who are beginning to believe that it's possible to alter various aspects of the DNA and through the alteration of that DNA to actually alter what it is that they experience in their lifetimes in this incarnational period.

Now. You have individuals who believe that it's possible to, for example, experience miraculous types of cures. And you view that, many times, as being some type of a huge advancement or indeed a very spectacular and miraculous type of experience that has occurred within your incarnational period in your awake and consciousness state.

First of all, the entity that was put into that particular position to have the opportunity to experience that type of miraculous cure was there by choice. Was there as a validation of their belief system. It wasn't an accident that someone, for example, is involved in some type of disaster that results in a severance of their spinal cord, which in your so-called human consciousness belief systems indicates permanent disability. And yet, there are individuals who experience that reality and have these miraculous recoveries. Miraculous from your point of view in your scientific community because you don't know how to duplicate it consciously. You don't know what the aspects [are], you don't understand or accept that that individual has the power to cure.

But when you look at it in the full context of the understanding that you create the entire reality then you understand that the individual who suffered that type of injury suffered that type of injury by choice. Though we're not saying that they jump up and down and say, "Well, I'm going to be involved in an accident today and I'm gonna sever my spinal cord so that I can experience what that's like. And then I'm going to prove that I have the capacity to heal it." But we're suggesting that there's an involvement of the human consciousness and the societal and the individual belief systems that that particular entity's involved in and holds as being absolute that's responsible for the creation of that reality. And the spark of consciousness

that each of you are rejoices in that completion, if you wish, of a validation of the belief systems.

The spark of consciousness that you are rejoices in that reality creation process without judging whether it's right or wrong. And you have the entity that's involved in this so-called disaster that severs the spinal cord and through beliefs has this miraculous healing process that allows them to fully recover from their disaster and you look upon that as being miraculous.

The irony of it is that it's no more miraculous than the entity that remains permanently handicapped. Each is a validation of belief systems. Each takes exactly the same amount of energy. Each is involved in exactly the same process, validation of beliefs and belief systems.

The entity that seems to experience that miraculous cure has utilized exactly the same process as the entity that seems to be incapable of any type of assistance or curing. Why is that? It's a validation of individual belief systems interacting with the so-called societal and human consciousness belief systems. It's a validation of what you believe.

And one is no better than the other. In each circumstance the entity, the spark of consciousness that you are, rejoices in the creation process and the validation of beliefs systems. It's in your so-called awake and consciousness state that you believe that one is superior to the other. It's in the so-called awake and consciousness state that you think that there's a good and bad and that one would be a good outcome, the other a bad outcome. But that spark of consciousness that you are holds no such judgment over the reality that you experience.

And so, it begs the question then, can you as a so-called awake and consciousness human being influence the belief systems? And the answer to that is, "Absolutely." Particularly in each individual incarnational period. You see, in your so-called past lives, that you like to refer to as being something that has already occurred, we've suggested that you as a human consciousness involved in that particular creation process agreed that it would be very difficult in your awake and consciousness state to influence your reality. That the choices that you made for certain events to occur throughout a particular incarnational period were made in your altered states of consciousness. And you agreed, as a human consciousness and you agreed that while you were in that particular incarnational period that it would be very difficult for you to alter that reality.

And so, you existed, if you wish, to experience the realities based upon the beliefs and choices that you made in altered states of consciousness. And it wasn't impossible to alter, but much more difficult. Because you choose to make it the more difficult. It's important to understand that these are your choices, that it's not some entity that's subjecting you to some type of

learning experience. These are your choices that you put in place.

And you agree, as a human consciousness and again as a societal and as individuals, to participate in and to perpetuate those belief systems throughout a particular incarnational period. You have, however, in this incarnational period, agreed to alter that energy that makes up this illusionary reality that you are experiencing in your awake and consciousness state and as a result of the alteration of that energy have the capacity to have more influence upon your reality from a conscious state.

And so, you can, if you wish, in this particular incarnational period through choices that you have made have an influence upon your reality and upon your belief systems that has been very difficult for you to experience in your so-called past incarnational periods.

You have that capacity. You have that opportunity. You have created that possibility. You have taken it and made it a probability, through your choices, through alterations of your conscious and human consciousness belief systems.

And so, you can, if you wish, in this particular incarnational period, have a much more successful and easier impact upon your belief systems from your awake and consciousness state. So, how do you do that? Well, first it's important to understand what it is that you desire. You see, that spark of consciousness that you are gives to you that which you desire. If you find that difficult to accept, particularly if someone's involved in a less than desirable reality experience, you look at us and say, "Joshiah, how can you expect us to believe that that's what we desire?" Well, we're not saying that you desire that particular reality experience, right down to the very minute detail. But rather that you hold within you belief systems that it's not possible for you to experience other realities.

You hold within you belief systems that you're not in control of this reality, that you're not in control, that others have the capacity to influence your reality. And as a result of those particular belief systems you create the realities to validate the belief system that you're not in control.

If you wish to believe that there are other entities out there that have the capacity to control your reality for you then you will have all types of circumstances and realities and experiences to validate that belief system. It's not right or wrong, you can have whatever it is, not only can but do have whatever it is you desire. So, if you desire to believe that you have all of these guides and angels that surround you and create and influence your reality for you then go for it.

When you hold that belief system it's a belief system that says you're not in control. And when you believe you're not in control then you will create the [realities]

to validate the belief systems, the basic belief systems, the [under coring (*underlying core*)] individual belief systems that you hold. That you're not worthy of controlling your own reality.

And so, you have entities or guides that are assisting in that reality creation process. And when that occurs then you experience realities that you might find less than desirable, but it validates that you're not in control. It validates that you have these so-called guides and angels. And perhaps they took the day off on that particular day and you had this experience. Or perhaps you weren't thinking right. Or perhaps whatever other type of reason you wish to use to express and to validate the belief that you're not in control.

And so, it's basic belief systems that are validated. Not that you necessarily believe that you should be involved in a particular activity that causes you a less than desirable reality experience, but rather that it validates basic belief systems. And you have, each of you, the capacity to alter those belief systems. Absolutely.

Understand what it is that you desire. It's very important to know what it is that you desire.

And this reality is illusionary. Understand as well that it's illusionary. It only exists because you believe it exists. You not only can but do influence it, constantly. Constantly are validating belief systems.

Use your imagination to understand and to experience what it would be like to have that desire that you have put in place. Use your imagination. Be specific. Feel it and touch it and smell it. Use all of your senses to imagine what it would be like to experience that which you desire.

And then, have the expectation to bring it in to your reality. Have the expectation that that spark of consciousness that you are can create the reality that you desire. The individual who severs their spinal cord and lays in a hospital and has a desire to walk again puts aside all of the human consciousness belief systems that it's not possible. Imagines what it would be like to have that desire to walk again. Uses that imagination extensively and then has the expectation and the belief that it will occur. And the result is that they achieve what it is that they desire.

It's no different than the individual who lays in the hospital with a severed spinal cord and says, "That's it. I will never walk again. It's not possible for me to heal myself to that extent." And they create as successfully as the individual who holds a different belief system.

Each takes the same amount of effort. Each takes the same amount of creation process. Each follows exactly the same steps to arrive at the conclusion of the reality that they desire to experience. As difficult as that is for you to grasp, understand that the reality you experience is a validation of the belief you hold, without

exception, and the spark of consciousness that you are grants that reality, gives you that which you desire without judgment as to whether it's right or wrong, good or bad or something that you should or should not experience. Without exception.

And it doesn't matter what the belief is. If you wish to believe that it's not possible that's your choice. And so enters in the so-called awake and consciousness aspects of the creation process. What do you choose? What do you choose to believe? What do you choose to experience?

Your choices are influenced by how you think and feel. If you think that it's not possible, if you feel like it's beyond your capacity to have that experience, then you will make the choices that will influence your belief systems to give to you that which you desire. It's really that simple. It's not a difficult process.

Your thoughts and feelings influence the choices and decisions, the choices and decisions have an influence upon your belief systems. Your thoughts and feelings as well can influence your belief systems and are influenced by your belief systems.

The difficult part, many times, is understanding what the belief system is. Paying attention to the spontaneous attitudes. Paying attention to the spontaneous thoughts that you experience. Paying attention to what it is that you truly desire. Paying attention to your imaginary process and whether or not you truly expect to bring that particular creation into your reality so that you can experience it.

You see, if you don't believe that it's possible for you to create your reality then you will have a difficult time creating that which you consciously desire. Because what you desire in your subconscious level is a validation of the belief that you're not in control. And many times that's a very comforting belief for one in their so-called awake and consciousness state. If you're not in control you don't have to accept responsibility.

And for that individual who's laying in the hospital with a severed spinal cord, to accept responsibility and the capacity to heal that can be very overwhelming for many individuals. You can enter in to a state of depression. You can enter into a state of, awake and consciousness state, where you can't accept that it's your responsibility and that it's your reality. The irony of it is that without that acceptance then it doesn't matter what happens. If you don't accept it then indeed the spark of consciousness that you are will validate that you're not in control and it will be very difficult for you to experience what you would refer to as the miraculous type of healing. Which is no more difficult than the other reality experience where you remain an invalid.

Each takes the same effort. That's what we're trying to express to you. That each takes the same amount of effort. Each involves using your imagination. Each

involves understanding what it is that you desire. And each involves what you expect to bring out of the experience and what it is that you expect for a final outcome of that particular reality creation process. For that individual laying in the hospital with a severed spinal cord is the final expectation to rise up and walk or is the final expectation that it's not possible to achieve that type of miraculous healing? Each takes the same amount of effort. Each is a validation of belief systems.

You see, that's the irony of this creation process, you do it all anyway. It's not something new to you. You may not understand the process because you choose. And it's important to understand that you choose not to understand. You choose not to know. The information is available to each of you. We've suggested many times you have but to go withinside and each of you has that capacity to achieve and to accomplish that understanding. You have but to believe. You have but to have the desire. You have but to use the imagination and the expectation. Make the choices.

Be specific in what it is that you desire. If the thoughts and feelings and the attitudes don't ring true then pay attention so that you can indeed alter [the] belief systems that are responsible for the limitations that you seemingly put on yourself in your awake and consciousness state. The irony of it is that it's not limitations, it's a validation of belief systems that is as accurate and as fulfilling as any other validation of any other belief system. That's the irony. The reality you experience is a validation of beliefs that you hold.

Your desires are given to each of you, without exception, by the spark of consciousness that you are, that's responsible for creating the reality that you experience. And it does so from a position of absolute unconditional love, without judgment as to whether it's right or wrong.

And you have, in your so-called new age and new energy, a capacity that has been very difficult for you to access in your so-called past life experiences in that you can consciously make the choices and decisions to influence your belief systems and make it easier for you from a conscious state to influence this reality, to alter your belief systems, and as a result of the alteration of those belief systems alter the reality you experience in your day-to-day interactions and activities with others.

The choice is yours. It always has been. There's nothing new that it's a choice that you are making. What's new is that you as a human consciousness have agreed to make this conscious understanding and ability to alter your reality more available than it has been in your so-called past or your history.

Your choice. What do you believe? The reality you experience is a reflection of the beliefs you hold, without exception. Without exception. You are the god

you search for. You create your reality. And you cannot fail to come to that understanding. All the rest is an illusion. All the rest is a validation of your belief systems. All the rest is giving to you that which you desire. And doing so from a position of absolute and unconditional love, and from a position of joy at the creation process and at the capacity to experience realities where you appear to not be in control that allow you to experience that intense range of emotions and feelings.

The individual who experienced a sever of the spinal cord experienced [a] very intense range of emotions and feelings and then, through utilizing belief systems, actually went against what you refer to as a human consciousness belief system and seemingly miraculously healed what was, from the human consciousness view, something that was not possible.

And once again, as a result of that particular creation process experienced another very intense range of emotions and feelings. That's why you create this reality. If you think about it, if that wasn't the reason it would have been be so easy to avoid the incident in the first place that caused the severance of the spinal cord and do away with all of the seemingly difficult aspects that were inbetween, and the final outcome, which for particular individuals can be quite rewarding and overwhelming regardless of whether you in your awake and consciousness state believe that it's good or bad.

You create your reality. You are the god that you search for and you cannot fail to come to that understanding. All of the rest is an illusion. All of the rest is a validation of belief systems. Those are but the three things that are absolute that you don't have to count upon, that you can put away and accept that that's an absolute. And you cannot fail to come to the understanding of who and what you truly are. You don't need to search for your spirituality. You can't lose it. You choose to hide from it but you can't lose it. You don't need to continue searching for it. Unless of course you believe that it's a necessary part of your so-called progression.

And if that's what you believe, it's not right or wrong, you can have that. But don't judge and say that you should do this or should do that. Do whatever it is you desire. It's your reality, it's your creation. We're not about to influence it. We're simply suggesting to you that you are in control of it. And if you wish to experience a different reality then accept the responsibility that you are in control, and that's the first step. And then you'll begin to understand what it is that you desire.

Utilize your imagination. Understand that if you expect to achieve it then you must have the expectation. And that expectation can be influenced by your thoughts and feelings and by your choices and your decisions which will have an influence upon your belief systems. And you can definitely create or alter the reality that

you desire. It's your reality. It's your creation. You cannot fail to come to that understanding.

Now. It has been once again, as always, a most enjoyable interaction with each of you and we would break for a moment or two, and if you have any questions we would be willing to return and attempt to answer them for your. And in the meantime we would remind you that we are not separated by time or space but rather by a vibrational level and should you choose to interact with us you have but to express the intent and we would welcome that opportunity to interact and to share with each of you. And so, we would leave you for a moment or two, with love and with peace. ❁