

JOSHIAH

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Joshiah: Well, now. It is indeed a pleasure to be invited back into your vibrational level once again, and we would like to express our greetings to each of you and as well our gratitude for your once again offering us this opportunity to enter into your vibrational level and to interact and to share with each of you.

Now. Once again, before we begin on this afternoon we would like to remind you, once again, that there exists this opportunity for you to be involved in what we refer to as the silent communication, the opportunity for you to enter into a meditative state and in that altered state of consciousness have the opportunity to interact and to share with other entities that indeed will be with us on this afternoon, or indeed that portion of your higher self that you might refer to as your spiritual, your subconsciousness, or whatever terminology it is that you wish to use to describe that portion that's responsible for the creation that you are experiencing in this vibrational level.

The information that we express through our friend Elias is rather limited through the use of a vocabulary, whereas if you enter into that altered state of consciousness, in that meditative state the information comes more in the forms of emotions and feelings and expressions of thought as opposed to phrases that are attempted to be expressed through the use of a vocabulary, a rather limited use of a vocabulary as well, we would suggest. In that altered state of consciousness that information you receive is many times more pertinent to your individual desires indeed than is the information that we attempt to express, once again, through this limited use of a vocabulary. And as well, may not in this instance have some memory of that interaction but we assure you that it does occur. Absolutely. And then you are involved in a creation process where you to desire to have some type of intuitive suggestion, many times the information that you receive from your subconsciousness or indeed from that other entities that you might refer to as interested parties, if you would, would assist you in receiving information. We give you that information that can come forth, once again, as an intuitive suggestion when you desire to have that information, absolutely.

And so, we would encourage you to enter into that meditative state and you will find as a result of the energy that you have created in this space on this

afternoon that it's quite easy for you to alter your consciousness. You have but to close your eyes and express the intent and as always, while we do encourage you to become involved the choice is yours, absolutely.

Now. You exist in this vibrational level because you choose to exist in this vibrational level. You are here as a result of your choice to exist and to be involved in the creation process that occurs in this vibrational level. It seems like such a simple statement that you make that choice. It seems right to choose for you to be involved in this vibrational level. It's a statement that simply is based upon the very simple (*inaudible*) that you have the choice to make decisions. But you see, in your awake and consciousness state many individuals don't accept the responsibility for the creation process. Don't accept it because you choose to put in place, once again, electromagnetic types of energy that limits your capacity to understand the choice that's within your grasp, and the possibilities of creation that are within your grasp. Because you see, when you limit your understanding of the creation process, when you put in place that electromagnetic type of energy that limits your understanding of who and what you truly are, then indeed the reality that you're experiencing in your awake and consciousness state can be much more real. And that's the whole gist of this creation process, is to attempt to create a reality where it appears like you're not in control.

And so, many individuals existing within this vibrational level and in any of the incarnational periods, not necessarily this one but any in your so called past or your history or indeed any in your future, choose to believe at a conscious level that you are not in control and choose to believe as well at the conscious level that if you're not in control then perhaps you're not here through your own personal choice.

The alternative if you're not here by your own personal choice is that there is some other entity or some other thing or some other energy, whatever it is that you wish to use as a terminology, that has made that choice for you and has subjected you to some type of existence in this vibrational level. That it's beyond your control. And it's really not that way at all, absolutely not.

You exist in this vibrational level because of a personal choice to exist in this vibrational level. It's important to grasp that concept, if you expect to be able to grasp

the concept that through whatever choices you make you create and experience the reality. But you do experience in this awake and consciousness level of vibration.

It's important to understand as well, that it's within your capacity to alter the reality that you experience in your awake and consciousness state. You see, there's not some other entity or some other energy that's subjected you to this reality and says, "Well, you must go down here and attempt to have this type of experience so that you can gain some type of education or some type of progression." Absolutely not. There is not one entity existing, not only in your vibrational level but any of the other vibrational levels that exists throughout creation, that is any more or any less than what you are as an individual. You are all that is. There is no more. There's not some entity that's superior, absolutely not. And you may wish to believe that there is, and there's nothing wrong with that either. You see, you can believe whatever it is that you desire to believe.

That's what the choice is. To say, [then] suggest that it's wrong to have a certain type of belief then is to suggest that you don't have that choice. It's not that way at all. You entered into this vibrational level because you choose to be here, and you choose to be here for a very simple reason. Almost so simple that it boggles the mind in your awake and consciousness state, that one could be involved in such a process. And that's simply so that in your awake and consciousness state when you believe that you're not in control, you can experience an intense range of emotions and feelings that [are] not available and not experienced in any of the other vibrational levels where the entities who are creating that reality understand that they are [the] perpetuators, and the entities that are in absolute control.

You see, when you understand that you are in absolute control, and that you perpetuate the reality that you're experiencing on a continual basis then it becomes very difficult for you to experience the emotions and feelings that you experience in this vibrational level when you believe that you're not in control. And that's why you exist in this vibrational level.

As simple as that may seem it's nonetheless the absolute truth. You exist in this vibrational level because you choose to be here, and you choose to be here so that you can experience an intense range of emotions and feelings that's not possible to be experienced in any other vibrational level. It's really that simple. You go to great lengths to make it more complicated, absolutely. You put in place, once again, that electromagnetic type of energy that limits your capacity to understand who and what you truly are, not only limits your capacity to understand who and what you are but also puts in place an electromagnetic type of energy that limits any other entities who are not

prepared to be involved in your creation process from having any type of interference in your creation process.

You put it in place. You as a human consciousness put it in place. You perpetuate it and sustain it. And you put in place as well many beliefs, human consciousness belief systems that as well assist you in perpetuating and sustaining this reality that appears to be beyond your control.

Absolutely, there are certain elements that you believe that you're in control of. We're not suggesting that the entire existence seems to be beyond your control but there are those certain elements of your existence that you believe absolutely are beyond your control. And we're here to suggest to you that there's not one element of your existence that's beyond your control. You may not like it, you may not like the experiences but that doesn't mean that it's beyond your control. It doesn't mean that some other entity's creating that reality or influencing the creation of that reality for you.

When you exist in a situation and are experiencing the realities that can be what you might refer to as a very beneficial or desirable reality you have absolutely no problem standing up and taking some responsibility for that creation, looking at it and saying "Wow, look at what I can create!" It's all fine and well because that type of experience that you desire to have so that you can experience the emotions that are emotions of gratitude, emotions of deservability, what you might refer to as positive emotions. Positive only in your conscious state.

Negative or positive is a human consciousness awake concept, does not exist at that level of your consciousness from which you create your reality. And you see, therein lies the irony. The spark of consciousness that you are creates that reality, that you accept responsibility for more readily than your so-negative reality because it's a reality that you wish to experience because it brings you feelings of joy, of gratitude.

Ironically, when you're involved in the other experiences, what you might refer to as the negative experiences—and once again, it's important to understand that that's a human consciousness concept, [a] positive and negative—in your so-called negative conscious creation reality you have these feelings that you refer to as negative feelings. Feelings of anger, perhaps, or feelings of depression, or feelings of hopelessness. The spark of consciousness that you are creates the reality that allows you to have that experience. As readily as it creates any other reality that you are experiencing and does so joyously from the position of absolute and unconditional love, and it does so based upon your choices, based upon your decisions, based upon your emotions and feelings, based upon your beliefs and your attitudes. It does so to validate the beliefs that you hold. Without exception.

And it becomes very difficult to grasp, but you see, only when you grasp these concepts that you are here by personal choice and all that you're experiencing is a result of personal choice, at some level of consciousness. Perhaps not a personal choice at the level of awake consciousness that's an absolute result of your desiring to have a certain experience but rather [holding] belief systems that are validated through the experience—a belief that one's not worthy; a belief that one doesn't experience this self love; a belief that one is not in control; a belief that you don't have the choice to control your reality.

You see, when you hold those beliefs, you may have all types of other methods and techniques that you're using to create a reality that you desire to experience, but you have these underlying beliefs that it's not possible for you to do so. And guess what? You validate the belief system. You create the reality to validate the belief system. You may create a reality that seems to be something that you desire and then suddenly have it taken away. You look at it and think, "Well, there you are. I can't have that reality. So much for choice. So much for holding the right attitudes. So much for making the right choices and decisions." But underlying is this unending belief system that one has chosen to perpetuate that it's really deep down inside not possible to control. "It's really some other entity that makes those choices or other entities that I interact with in my day-to-day activities that influence the reality that I'm experiencing and most of it's beyond my capacity to control."

If that's what you believe, and it's not right or wrong. It's important for you to understand that a right or wrong concept is a human and awake consciousness concept. It does not exist at that level from which you create your reality. Your spark of consciousness that you are, that entity that you are that's responsible for the reality that you experience creates it all from a position of absolute unconditional love. And if you hold belief systems that it's not possible for you to control or correct your reality, that there are other influences that are controlling and creating your reality, the spark of consciousness that you are creates, creates the elements to validate that belief system that you're not in control. You create the reality that validates the belief that you're not in control. You're in control to that extent, that even if you wish to believe you're not in control, you can validate it.

You exist in an illusionary reality. Not insignificant, not unimportant, but illusionary. This reality that you experience in your awake and consciousness state is the most illusionary reality that you can experience. Each of you understands that you cannot sustain the awake consciousness state. You can't sustain it. At some level, you will sleep. You will alter your consciousness. Beyond that alteration of consciousness you understand as well that you will go one step farther and you will die. And you will alter your

consciousness and enter into what we refer to as the between incarnational state. You understand that that's an absolute. What's not an absolute is your capacity to sustain your awake and consciousness state. You know that you can't perpetuate it forever, it just can't be. It can't be because you believe that it can't be. It can't be because it's illusionary. It can't be because in this vibrational level you expend such energy to create this reality, that you perpetually enter into altered states of consciousness to sustain and to validate and to alter realities and to alter belief systems and to set in place the agreements and the contracts so that when you come back into your awake and consciousness state you can indeed have the experiences, that seem real. But they're illusionary.

Not insignificant, once again. Absolutely not. But illusionary nonetheless. They're illusionary. You see, you believe in this awake and consciousness state that this is it. That this particular incarnational period is indeed the most important incarnational period. The irony of it is that it's but a portion of who and what you truly are. A small portion of the entire experience that you're involved in. When you're not in your consciousness and you enter into the so-called dream state you interact with other entities that exist not only in this incarnational period, but in other incarnational periods as well.

And that becomes a difficult concept to grasp because when you come back into your awake consciousness state, once again, [you still have] the electromagnetic type of energies in place and you don't understand who and what you truly are and you, many times, don't accept the responsibility for the creation process and for the reality that you're experiencing. Because you choose not to. Because you choose not to. But nonetheless, you're so much more than what you perceive.

And you, while involved in this awake consciousness state are not necessarily involved in the most important element of your creation process. It just seems that way. There's nothing wrong with that, we're not suggesting that you should throw it away. We're not suggesting that you don't put some importance on it and that you don't work within the limitations of what you put in place, absolutely not. But nonetheless, grasp the concept that it's illusionary. Grasp the concept that it's the result of your choices. That you're here because you choose to be. And not because some other entity chooses to put you here.

Grasp that you don't have to go through any type of the evolution. You can if you wish. If you wish to believe that you must have these certain lessons to learn and that the spark of consciousness that you are will indeed put in place the lessons and all of the barriers that you wish to have to conquer in order to progress. If you wish to believe that that's a necessary element of existing within this incarnational period you can have

that if you wish. It's not right or wrong, this is not a right or wrong concept. It's not necessary but you can have it, absolutely. If you choose to believe that there are other entities and that you have these guides and angels and all that, there's a master element that's creating your experience for you, you can have that as well. It's not right or wrong. You can have it, absolutely. But understand that with that belief system, with that creation process then comes the creations and the experiences that validate that you're not in control.

You see, if there's some other entities that are creating for you then they're going to create a reality that validates that you're not in control. And so, if you sit down and attempt to make the choices and the decisions and you attempt to hold the proper mental attitudes that you believe might be necessary in order to sustain and to validate the reality that you're trying to create, you have this overriding belief system that you're not in control. And it becomes very difficult to create that reality or to sustain it at least.

Sometimes creation can occur and be very limited. You wish to be involved in certain types of relationships, for example. But you carry this feeling that, first of all, you're not worthy. Or you carry a feeling that other entities can influence your reality, be they other entities existing in this vibrational level or other entities that you may believe exist without of this vibrational level it really doesn't matter. If you believe you're not in control, then you create that reality, become involved in a relationship, everything is going along well and then *wham*, something happens and it ends. And you walk away saying, "Well, I knew it was too good to last."

You validate a belief system, and the spark of consciousness that you are rejoices. It just created that reality to validate the belief system and you're experiencing the feelings and emotions that are accompanying that particular reality that you created and experienced and the spark of consciousness that you are, your subconsciousness or whatever it is that you desire to call your higher selves rejoices at creating the experience that validated the belief system. Through your choice. Through your choice.

There's not some other entity out there making that choice. There are no other entities that you interact with on a day-to-day basis that make that choice without your, without your choosing to be involved. Without your permission. Without your validation. You choose to be involved in this reality. You choose to enter into this vibrational level. And you will choose to leave it when you desire to do so.

We continuously suggest that there are but three elements in your creation process in this vibrational level that you cannot change. Number one: you are the God that you search for. There is no entity that is any more or any less than what you are. Not only in your vibrational level but any of the other vibrational levels throughout all of creation. You are all that is. You

create the reality. It doesn't matter what element of the creation process that you're concerned with, you create it all. You are involved in the creation of each and every atom of your entire universe. You exist in each and every atom throughout your entire universe. That spark of consciousness has that capacity.

And in your awake consciousness state you look at that and say, "How can that be?" Well, it can be because it's illusionary. It's an illusion. Doesn't mean it's not important, but it's an illusion. It's an illusion that's a reflection of your beliefs. Your beliefs as individuals, your beliefs as a society, and your beliefs as a human consciousness that you choose to participate in. You create your reality. Absolutely and completely—the number two element of truth that you cannot change.

And the third is that you as an entity exist in this vibrational level through choice. And you as an entity have the choice to leave this vibrational level, and you cannot fail to come to the understanding of who and what you truly are. You absolutely cannot fail. You cannot be lost. You cannot be separated from your spirituality, you cannot lose who and what you truly are. You can hide from it and you go to great lengths to do that, by putting in place, once again, that electromagnetic type of energy, but you cannot lose it. You cannot be lost. You do not have to find a way back. You do not have to go through any progression. We absolutely guarantee that you cannot fail. You're here by choice. And you cannot fail to come to an understanding of who and what you are, and at that point, if you wish, to make the choice to leave this vibrational level. It's really that simple. All of the other elements and experiences that you're involved in are illusionary. You can change it all. All of it.

Many individuals involved in this incarnational period, once again, believe that this is it. This is the most important element of creation and this is the most important point in time and space. It becomes a difficult concept to grasp because time and space are illusionary but nonetheless you believe that this point, if you wish, this instant of time and space are the most important. And so, you in your awake consciousness state, in order to validate [the] beliefs, in order to intensify the emotions and the feelings put great emphasis on this instance. On this particular moment, if you wish, in time and space. And as a result of that you lose a grasp of the bigger picture, that you are so much more than what you perceive, that you exist in a multitude of incarnational periods, in what you might refer to as a simultaneous instant or a moment or whatever it is that you wish to use as some type of terminology.

You see, it becomes very difficult to give you a grasp of this concept that you can exist throughout all of these incarnational periods because you believe in time and space and it doesn't matter what particular part of your vocabulary or what particular words we choose to [pull

out of] your vocabulary in order to give [out] some type of an explanation. They all revolve around your belief in time and space. To say that you exist in a moment is a reference that there is a past and a present and a future moment and there really isn't. To suggest that you exist in the now, well, what's the now? The now means that it's at this instance, it's not the past and it's not the future but that's not all we mean either. It's an encompassing of all of the elements of your time and space which are illusionary. They only exist in your awake and consciousness state.

Very difficult for you to alter, absolutely, because at your human consciousness level, when you entered into this vibrational level and you had what we refer to as those human consciousness belief systems, you as an individual and as a human consciousness in general agreed to participate and to perpetuate those human consciousness belief systems. And to validate them, absolutely. And time and space indeed are two of the most difficult belief systems for you to alter, to step outside while you're in your awake and consciousness state.

In your altered state of consciousness you do it quite readily. Not only do it quite readily but come back into your consciousness state and bring with you, many times, memories of that alteration of time and space where you experienced, perhaps, instances that might have been occurring within your childhood or interactions with other entities or indeed interactions with entities that are not even existing in this vibrational level in this incarnational period. And you bring back those memories. But you see, in your awake and consciousness state when you, once again, hold that belief system that this is real then that so-called altered state of consciousness memory, [with] that dream state, "Oh, that was just an illusion. It can't be real. [I mean,] how can I experience different incarnational periods or how can I experience this huge passage of time when I was only in that altered state of consciousness for a very few moments, so that's got to be illusionary, it can't be." [Well,] the irony of it is, that this is what's illusionary more so than the other experience that you had in your altered state of consciousness.

But nonetheless, in your awake state of consciousness you believe that this is real. And you perpetuate that belief, so once again, through your human consciousness belief systems and the validation that there is time and space and you go to all lengths to prove that there is time and space, absolutely. Right from being involved in an incarnational period where you experience changes and alterations in your physical being, right through to alterations in your entire Earth, and this validation of passage of time and space through your solar systems it's all there. Once again, you go to great lengths to validate it. And that doesn't mean it's not illusionary.

When you're in your altered state of consciousness the experiences are much more real than the experiences that you have in your so-called awake and consciousness state. You just don't believe it in your awake and consciousness state because, once again, you put in place that electromagnetic type of energy that limits your capacity to understand who and what you truly are.

And it's important to grasp at least the concept that you are so much more, so much more than the experiences that you have in your awake and consciousness state, and that the experiences that you have in your awake and consciousness state are the result of your choices. Your choices. If you don't accept that, if you don't hold that and attempt to make it a belief system, then the alternative is that the experiences that you're having are not your choice, and if they're not your choice then it's very difficult to consciously control.

Now. We would break for a moment or two and if you have any questions we would be willing to return and attempt to answer them for you. In the meantime we would remind you that we are not separated by time or space but rather by a vibrational level, and should you choose to interact with us we would welcome that interaction and that opportunity to share with each of you. And so, until we return we would wish each of you farewell, with love and with peace. ❀