

# JOSHIAH

www.joshiah.com

*Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.*

**April 6, 2008**

## **Q and A**

**Joshiah:** Well, now. Well, once again, it is indeed a pleasure to be invited back into your vibrational level and allow us, once again, to express our greetings and our gratitude to each of you. And we would remind you once again that there exists that opportunity for you to be involved in that silent communication, that opportunity for you to alter your consciousness. And once again, you will find as a result of the energy in this particular space that you have created on this afternoon that it's quite easy for you to alter your consciousness. You have but to close your eyes and express the intent and you will have that opportunity to share and to interact in that silent communication, that telepathic interaction and exchange of information. And as always, once again, the choice is yours, absolutely.

Now. You exist, once again, in what you consider to be [a] particular part or element in time, in a certain type of evolution, where you believe, once again, that this is it, this is the only current and most important element of your creation process. And once again, that is an illusion. And it's an illusion based upon a belief that lends validity to this concept that you're not in control. It allows you to believe that you have somehow progressed and gone through what you refer to as an evolutionary process. You would, in terms of your so-called scientists, believe that this is the highest achievement in terms of your ability to influence and to control your day-to-day activities in your reality that you have ever achieved throughout your entire existence on this Earth system in this vibrational level. And it's really not that way.

You see you have existed, you have existed, in other levels of creation, and exist in those levels of creation—if you do away with your concept of time and space—in which you had creations and you were involved in activities and you had access to forces of energy that would be seemingly far advanced over what it is that you have involved or gone through an evolutionary process to experience in this incarnational period. You see, you existed in what you refer to as the Lemurian periods, in which you understood much more at your conscious level, your capacity to understand and to create and to control your vibrational level and your reality, your experiences. You understood the capacity for you to enter into and to leave this

vibrational level, this conscious state that you choose to exist within.

Then you entered into what we refer to as the Atlantean periods, the Atlantean periods in which you chose to experience a termination and a destruction of—you chose in your awake consciousness states, in those particular elements of experience and creation process, you—similar to your so-called awake and consciousness state in this incarnational period—chose to believe that you weren't in control. But nonetheless, you chose to terminate those particular experiences. And you chose to continue the process of what you refer to as evolution, this illusionary reality where you believe you're not in control. You chose to alter the reality. And in this so-called evolutionary process you choose to believe that you are somehow gaining access to more knowledge than what was possible for you to experience in your other incarnational periods. And it's really not that way.

You see, when you existed in other so-called past incarnational periods you didn't look at that and say, "Well, we are a very unsophisticated type of civilization. We have so far to go before we can have any type of validity in our experience, in terms of being able to control and to have certain elements of control in our reality, in our vibrational level." You don't look at it that way, because you see, to do so destroys this concept of time and space. To believe, indeed, that you are in some type of evolution means that you must have a past and a future. And if you can see the future then, indeed, the past becomes irrelevant. Why don't you always choose to be in the future, if that's what it's within your capacity to do so? But you don't choose that because it doesn't make it as real. You choose to exist in this so-called evolutionary process because it validates your belief in time and space. It makes it more real.

And if you have this belief in time and space, then you have a future. And if you have a future that you believe that you can influence, then it allows you to create different elements of your reality. It allows you to believe that, indeed, there's always something more for you to learn. And the reason your awake consciousness state—because that's what you believe. It's an illusion. There is not one element of your so-called creation that you didn't experience at other

levels of your consciousness before you experienced it in your awake and consciousness state. Not one.

When you look at your so-called past history it's always amazing to you in your awake consciousness state, that individuals on opposite sides of your so-called Earth system, that have absolutely no contact with each other, and in fact, in your so-called past before you were involved in this so-called technological advancement, it's amazing that individuals existing on opposite sides of your Earth system would experience certain inventions that were very similar to each other. How is that possible? It's possible because it's an illusion. It's possible because in your altered states of consciousness each of you has the capacity to understand the creation process. Not only has but utilizes that creation process, absolutely.

And so, it's not surprising that you as a human consciousness believe that you're involved in an evolutionary process, and that an individual in their so-called altered state of consciousness, in the dream state or whatever terminology you wish to apply to that level of consciousness in which you create and influence this reality, forms a belief that it's possible for you to experience a certain creation process in your awake and consciousness state.

That dream, if you wish, that understanding at that level of consciousness involves a multitude of entities throughout your entire universe, your entire vibrational level. So, why should it come as a surprise that another entity on the other side of your so-called Earth system begins to bring into their reality the same type of creation process? Because they hold the same belief, and the reality validates the belief, and there is absolutely no knowledge that's not available to each of you, if you choose to believe that it's not possible for you to have that capacity to understand.

And so, you believe in an evolutionary process, and yet in that evolutionary process each incarnational period that you're involved in seems superior to the former incarnational period. That's called evolution. It validates the belief in time and space. It's an illusion. Absolutely. The irony of it is that it all exists in the now. You believe that the past, the so-called past, is structured, that it's set in time, that you can't alter it, and that your future is within your capacity to influence. You can make certain choices and you can decide if you're going to be involved in certain elements and events and that you can, as a result of being involved in those events, you can influence and change your future. Many of you believe that if you use certain methods or techniques in the creation process that you can consciously bring into your future that which you consciously desire. And so, you believe that that future is within your capacity to influence and to create. And it is, absolutely. The irony of it is that you also influence and create your past at the same time, if you wish, in that now.

You, in your altered state of consciousness, alter your past and create and recreate it as readily as you do your future and your present. You just don't understand it. And as we've suggested many times, if you were to bring that understanding into your awake and consciousness state you would not be able to contain all of the elements of the creation process and to maintain this conscious state. And you would, for all intents and purposes, be labeled as one of the what you might refer to as being insane or in a state of insanity. And as well, for all intents and purposes, you would probably choose to leave this vibrational level.

And so, you as entities indeed interact with and have access to limitless possibilities of creation. You see, it's an illusion. You can have whatever it is that you desire. You, as entities, the same entities existing within your so-called present incarnational period in this current existence, are the same entities that existed in the Lemurian period, in your so-called Atlantean periods. The same entities. You exist in those elements of creation. You experience those elements of creation. And the irony of it is that you influence those elements of creation as readily as you influence this creation that you are currently experiencing. It just becomes a very difficult concept for you to grasp that in your so-called awake and consciousness state. But nonetheless, you do influence it all, absolutely. It's your reality. You're the same entities.

It should come as no surprise, when you begin to understand this creation process, that when one begins to hold in their awake and consciousness state a belief, a belief that, for example, it's possible for them to find some element that will validate what they believe to be a certain part of their history, that they have that discovery, that they find what other entities existing for so-called thousands of years in this same Earth system in your so-called belief in time and space, were not successful in discovering.

Why is that? Because you see, it's an illusion. You alter your past as readily as you do your future. You exist in that past as well as your future. It's in your so-called awake and consciousness state that you choose to be involved in and to limit your capacity to understand who and what you are in this particular incarnational period. A difficult concept to grasp, we understand, but nonetheless a very accurate one.

You are so much more than what you perceive. You are all that is. There is not one spark of consciousness, not only in your vibrational level but in any of the other vibrational levels throughout all of creation—and we use that term rather loosely—that is greater or less than what you are. You are all that is, absolutely. There is no superior entity, and there is no less entity.

You see, it's really very difficult to give you, in your awake and consciousness state through the use of a vocabulary, an understanding, even a description, of who and what you truly are. [From] as soon as we say

that you are a Piece of the One you begin to assume, "Well, there's this larger one and I am but a piece." If we suggest that you're a spark of consciousness, "Well, we're just a spark. There must be this huge flame somewhere. I'm but a spark." And it's not that way at all.

You are all that is. You are all connected. This vibrational level that you exist in is an illusion. It doesn't mean that it's not valid. It doesn't mean that it doesn't have some significance. But [it] nonetheless, it's an illusion. You exist in each and every atom of the entire universe. But because you believe in time and space, that becomes a very difficult concept to grasp, we understand, absolutely. But nonetheless, you exist in each and every atom of this entire universe. Because it's an illusion. And it's an illusion that you have agreed to participate in. It's an illusion that you, along with the other entities, have agreed to facilitate and to perpetuate. It's your illusion. You can have, not only can have but do have, whatever it is that you desire.

You exist in all of the elements of creation throughout all of your so-called past, your history. When we refer to the Atlantean periods and we suggest that you indeed chose to destroy that particular element of creation, that particular period or time period, if you wish to refer to it in that sense, you chose to destroy that in your so-called subconscious level of creation. In your conscious, in your awake state, it was considered to be a disaster, but it was a choice. It was a human consciousness choice. And guess what? You're still here. You can't die. It's an illusion. You exist in an illusion, absolutely. It's important to understand that concept. That this reality is an illusion and it's your creation. All of it, not just some little part of it. You are the god that you search for, you create your reality, and you cannot fail. The rest is illusionary, including your belief in time and space.

Now. If you have any questions we would be willing to attempt to answer them for you.

**Questioner:** Is there any way, possible way, that you can make a recording, a CD, with Elias about beliefs, about the belief system? That seems to be the core of everything you're saying.

**Joshiah:** What you are asking for is very difficult to put into a vocabulary. It would be much more beneficial to learn how to go withinside, to seek those answers withinside oneself. For you see, as we have suggested earlier on this afternoon, it's not something that you can discover written down or through any type of a transcript or through some type of verbal exchange of information, but rather a feeling and an emotion that you must experience withinside. And so, it would be more beneficial to learn a technique or a method that you believe would assist you to alter that consciousness to go withinside. More beneficial for you to come in contact with that spark of consciousness that you are and to express a desire to have an

understanding or the ability to create one's reality and to influence, indeed, your reality at a conscious level. And as we have suggested many times, in order to influence your reality at a conscious level and to be successful at that particular influence, then one must begin to love oneself consciously.

And once again, going withinside, learning to alter your consciousness, in whatever manner you wish to describe it. You can call it a meditation or you can call it simply a form of relaxation, it doesn't matter. Many individuals, when they hear a terminology, associate with that terminology a predetermined concept of what's involved in that process, and it's not always that way. It's going withinside. It's altering your consciousness. It's altering your consciousness while maintaining awareness in that altered state of consciousness and having the capacity to bring back into your awake and consciousness a memory of the experiences that you had in that altered state of consciousness. And you can call it whatever you wish. Whatever technique or method works for you is fine, and whatever terminology you wish to label it with is fine. But that's what one is attempting to do—to go withinside, to alter your consciousness, and in that altered state of consciousness to maintain a sense of awareness so that when you come back into your consciousness you can bring back with you the memory, or at least a concept of the memory, of what it was that you experienced and an answer to the question.

The irony of it is that, many times, one receives an answer, if you wish. One receives a type of an explanation that comes in the form of emotions and feelings, and it satisfies, it satisfies one's curiosity. It satisfies one's sense of desire and of understanding. And yet, when you come back into your consciousness state you're aware of that, you're aware of that emotion and feeling. You're aware of having an association with that understanding. And if someone were to attempt to have you explain it to them, you would have difficulty because you begin to realize that it's a concept that cannot be expressed through the use of a vocabulary, but rather something that must be experienced.

And so, what you're asking is if we can indeed express to you that what we suggest is impossible to express, but which is readily available should you choose to go withinside. To love oneself consciously is a great asset in having that capacity to experience that alteration of consciousness and that connection or contact with what you refer to as your higher self or that spark of consciousness that you are, and an understanding of the beliefs that are influencing the reality that you experience, so that you can change them.

Does that answer your question?

**Questioner:** Yes, thank you.

**Questioner:** I have a question about the evolution of time. Going back into the Lemurian and the Atlantean period, we now are confronted with the Mayan calendar and the 2012. Will this be another evolutionary happening in the evolution of time?

**Joshiah:** We have suggested it, many times, that you're involved in what you refer to as a transition of the energy or the makeup of this particular vibrational level that you exist in. And you had in your so-called past put in place, once again, the termination, if you wish, of this vibrational level, and that termination was to occur in the year of 1987. And we have suggested it many times, that you as a human consciousness chose to alter that creation process. And you chose to enter into what your new-agers have referred to as a new age and new energy. And it's an alteration of your capacity to understand consciously the creation process.

And you put in time a 25 year period for this alteration to occur. It could have occurred instantly, but you see, you like to validate that belief in time and space, and it does take evolutionary time to do it, and so you've chosen the year of 2012.

Now. You can refer to many individuals in your so-called past who have suggested that there would be an alteration and even for many a termination of your existence at the year of 2012. Well, that's not about to occur if you continue on your present level of creation process and the current belief systems that you hold as a human consciousness.

However, you have in your so-called past, and once again, as we've suggested your past is altered as readily as your future, you have in your so-called past looked at it and said, "Well, in the year of 2012 there will be a termination of this so-called energy," that exists in your vibrational level. And many of your so-called historians have said that at that time your Earth will end. Well, what do you believe? You see, once again, you exist in the now. And should you continue in your present belief systems your Earth is not going to end in the year of 2012.

But in your so-called past, you put in place, in your so-called altered state of consciousness that you refer to as your between incarnational state—and we use that term loosely because you exist in those states at all times, but nonetheless—in order to give you some type of explanation based upon your concept of time and space, you believed that when you were in your so-called between incarnational states, when you died, for example, that you chose to reincarnate. And in the making of that choice you also chose various belief systems to bring into your particular incarnational period with you.

And in your so-called past in order to validate your belief in time and space and your belief that you were not in control of this reality, of this experience, you put

in place beliefs that certain elements would come into your so-called existence and you would have those experiences throughout an incarnational period, and it was what you might in your awake consciousness state refer to as fate. Things were going to happen. And you chose, at a level of consciousness, for those things to happen without your so-called conscious influence.

Many individuals in your past understood very well that throughout your incarnational periods these particular elements of creation process were continuing, that they were in place. And even in this particular incarnational period, to validate, once again, your belief in time and space, the experiences that you are having are based upon many belief systems that you choose in that altered state of consciousness that you refer to as your between incarnational state. And you bring them into your reality and you have them stored, in order to validate your scientific belief in evolution, in your genes and in your DNA.

Very new concepts that were not understood or even believed in in your so-called past, but nonetheless, in these incarnational periods you believe, absolutely, in your so-called energy and DNA and in your genetic genes. That DNA has within it, as your scientists are discovering, various elements that seem to have no significance. And yet, we would suggest, indeed, that those elements are elements that are put there because of choices that are made in that so-called in-between incarnational state for one to have the capacity to perhaps be involved in a certain experience, a certain illness, for example, a certain creation process.

And [as] you go through this incarnational period you have all of these possibilities that are lined up on your DNA, and as you make the choices and decisions and as you go about your day-to-day activities and you indeed have certain thoughts and feelings, you influence the energy that surrounds the DNA. And through the influence of that energy you have the capacity to activate or deactivate certain parts of that DNA. And as you activate certain parts of that DNA, through your choices and decisions and through the thoughts that you experiences and the feelings that you have for others and the emotions, you activate certain aspects of that DNA and that energy that surrounds the DNA and that seemingly insignificant portion of the DNA goes from a possibility to a probability.

And you experience it, should you continue along that process of making choices and decisions and experiencing and holding certain thoughts and feelings, you influence the energy that surrounds the DNA and you take that [possibility] and turn it into a [probability.]

In your so-called past that influence was not nearly as great as it is in this incarnational period, because you chose in your past to be less in control of your reality creation process. You wanted to believe more that it was completely beyond your capacity to influence your

reality. However, in this incarnational period, in your awake and consciousness state, individuals are beginning to understand through a choice—it's always been there, you could always understand it but you chose not to—you're beginning to understand that it's possible for you to influence your reality more than what you have in your so-called past, in your history.

And now, as a result of this extension, if you wish, of your vibrational level, and your decision to not terminate your so-called entire universe in the year of 1987, you chose instead to alter the very energy that makes up this particular vibrational level. And the alteration in that energy is very subtle, absolutely. It's not going to be something mind-jarring, you're going to wake up on the very first day of the year of 2012 and, wow, you know, it's going to be an entirely different universe. It's a very subtle alteration. It's not even one that one has to participate in, absolutely not. You see, that alteration of that energy is simply going to mean that it's going to be much more than one's capacity to consciously influence and create your reality, to have that understanding, much more within one's capacity.

You see, there are other entities in your so-called past history who understood that it was indeed within their capacity to influence their reality. They understood that it was their creation. And in your so-called past incarnations you had a tendency to hold them up as somehow being gods, somehow being superior. It's not that way at all. They simply had a better understanding. They simply knew how to go withinside and to connect with the creation process.

And as you enter into this new age and new energy, in the year of 2012 you will have completed that shift in energy. And as we have suggested in the past the shift in energy has speeded up considerably and the difference between this particular point in your time and the 2012 will be very insignificant. There are entities existing in your so-called present incarnational state who understand that it's within their capacity to alter their reality consciously. Your scientists are beginning to grasp that it's within their capacity to not only influence the DNA but even to influence the genetic makeup of an individual through a thought process. You're having individuals who are reincarnating, the same individuals that existed in your so-called past, it's not some new entity, but you look upon them as being somehow different, what you refer to as the indigo children. "Ah, these are magnificent children." They're the same children that were here in the last incarnational period. They just chose to reincarnate and bring with them more of the understanding of who and what they truly are. And your scientists are [studying] on some of these children and they're realizing that those children have the capacity to alter DNA to the extent that they can, indeed, scientifically measure the alteration of that DNA makeup. A very seemingly new age phenomenon.

And so, you're entering into what you have referred to as the new age and new energy where it's going to be within one's capacity to have that understanding, should you choose. Should you choose not to, that's fine as well. This is not a right or wrong concept. You don't have to choose to be involved in conscious creation process, absolutely not. You can leave that up to other individuals. You can hold the belief you're not in control. It's not a right or wrong concept. It's not something that you're going to have to evolve to, absolutely not. But should one choose to reincarnate there's a highly likely factor that one will bring in with them, at some level of their consciousness, the understanding of who and what they truly are. And they will be what you, once again, refer to as the indigo children, children who understand at some level that they have the capacity to create their reality.

You see, children who seem to have abilities that are beyond comprehension, they're only beyond comprehension because you don't believe that it's within everyone's capacity to consciously tap into that understanding and into that knowledge. You're finding children who have the capacity to do certain creations that you look at and say they are absolutely phenomenal and outstanding, and if you ask that child how they have the capacity and where did they get that ability, they will tell you almost invariably, "It just comes from withinside. It's just there." Because they believe that it's there. It's really that simple.

And as you enter into this new age and new energy it's possible for one to do that consciously without reincarnating. You have but to believe. You have but to make the choice. You have but to go withinside. And as we have suggested, if you continue on this so-called evolutionary process and you continue to have that understanding in your new age and new energy and you alter that capacity for you to create consciously, all indications are, once again, to validate your belief in time and space, that the next generation after this generation that understands the capacity to create consciously will be a generation that we have referred to as the Peacemakers. A generation who will understand not only that they can have what they want—it's not something they have to ask for, it's theirs for the taking—but will understand as well that they create that reality from a position of absolute unconditional love, and to have the capacity to experience that unconditional love consciously. And when you experience it consciously you will enter into an era where you will have what we refer to as harmony and peace in your so-called Earth system.

Those are potentials, based upon your present belief systems that are within your capacity to influence or not influence. The irony of it is that it's illusory. The irony of it is that it's not right or wrong. You create the reality you experience to validate the beliefs you hold. And you as a human consciousness have chosen to alter the energy that makes up your vibrational level so that

you will have more of a capacity to consciously influence your creation. The choice is yours. You have chosen to have that capacity and that alteration of the energy to be completed by the year of 2012. You could have done it instantly, once again, but you choose, once again, to believe in time and space. And to validate those beliefs you chose to put it over a 25 year time span. And you're very near the end of that time, absolutely.

And once again, the individuals who existed in your so-called past understood that you put in place many of the beliefs and many of the choices and decisions that you would have for experiences in a particular incarnational period from a level that you refer to as the between incarnational period, and so it was relatively easy, if you wish, to predict your future. But when you reach that point in time where you, once again, validate time and space in the year of 2012, where you can consciously alter the reality and consciously change what you refer to as your future from a level of consciousness that's not readily tapped into in that so-called subconscious level when you interact with other individuals and other entities, and it becomes much more difficult to predict the future beyond that. And so, consequently many of those so-called past entities predicted a termination or an end to your vibrational level. Based upon your present beliefs we don't see that at all, but of course, we don't have that influence to create it.

If you wish to understand, go withinside. And we've suggested many, many times the information that we express to each of you is information that you give to us. To believe that we somehow have the capacity or the ability to have an understanding of your creation process that you don't have the capacity or the ability to understand is ludicrous. We simply utilize that which you give us and we tell you that which you desire to hear. And if you wish to have a true sense of understanding, once again, the answers are withinside each of you. Each of you have that capacity.

Does that answer your question?

**Questioner:** Yes.

**Joshiah:** Well, now. It has indeed been a very enjoyable interaction, once again, and we would, once again, suggest to you that it is a very entertaining and educational process for us to have the opportunity to interact and to share with you in your vibrational level and in your creation process. And we are eternally grateful for these opportunities and we, once again, assure you that we offer to you our unconditional love and our unending support. You have but to express the intent and we would welcome the opportunity to interact and to share with each of you. And we would bid each of you farewell, with love and with peace. ❀