

# JOSHIAH

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*Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.*

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**Joshiah:** Well now. Well, it is, once again, indeed a pleasure to be invited back into your vibrational level and we would like to express our greetings to each of you and as well to express our gratitude for your offering us this opportunity to, once again, interact and to share in your vibrational level and in your reality.

Now, before we begin this afternoon we would suggest, once again, that there exists for each of you the opportunity to be involved in what we refer to as the silent communication. The opportunity for you to be involved in a telepathic interaction, if you would, with other entities that would be with us on this afternoon, or indeed with that portion that you might refer to as your higher self or your inner subconsciousness, or whatever terminology it is that you wish to apply to that spark of consciousness that you are.

And you will find, should you choose to be involved in that silent communication, in that telepathic interaction, that many times the information that you receive is much more pertinent than is the information that we express through our friend Elias (*the channel*). And as well, you will find that as a result of the energy that you have created in this space that it's quite easy for you to alter your consciousness and enter into that meditative or altered state of consciousness. You have but to close your eyes and express the intent, and that opportunity most certainly is yours and will be readily made available for you to access and to interact with. And as always, the choice is yours, absolutely.

Now. You exist in what we refer to as a vibrational level. A vibrational level which is a creation that's a result of a consensus of joining of energy to create what we refer to as an illusionary reality. The reality that you exist in in this vibrational level is an illusionary reality. It doesn't mean it is insignificant or doesn't have importance—absolutely not—but rather that it is an illusion.

Some of the so-called laws of physics that you exist within in this vibrational level are indeed illusions that you put in place to validate the reality of this vibrational level to make it real, to make it seem like it is beyond your capacity to control.

This illusion, it's important to understand, is your illusion. It is not an illusion that you have been forced to

participate in. And it is not an illusion that some other entities existing outside of your vibrational level have determined that they would put in place so that you can enter into this illusion and have an experience. Absolutely not. It is your illusion. You choose to participate and to validate and perpetuate this illusion.

It is your illusion. It is not an illusion that you don't have control over. It is exactly the opposite. It is an illusion that you have an absolute control over. You just don't accept that many times in your consciousness or in your awake state because you choose not to. Because you choose not to. It is important that you grasp that concept that you choose to participate in this vibrational level; that you, as an individual and as a human consciousness, agree to establish and to maintain this illusionary reality so that it can be real, so that it can seem in your awake consciousness state that it's beyond your capacity to control because it makes it more real. It is really that simple. You can make it more difficult, and in fact, you go to great lengths to make it more difficult. But nonetheless, it's really that simple.

And you put in place these, what we refer to as, human consciousness belief systems. And you perpetuate them and you agree to participate in those limited belief systems or in those human consciousness belief systems in your awake consciousness state. Limited in the capacity that you have difficulty in altering them in that awake consciousness state. Difficult—it is not impossible but it is difficult. And it is only difficult, once again, because it is your illusion and because it is your choice to perpetuate and to participate in this illusion.

You are not put here by some other individual. You choose to be involved in your vibrational level similarly as every entity existing in all of the vibrational levels throughout all of creation choose to participate and to be involved in their particular vibrational level. So it is that you choose to be involved in this vibrational level for the possibility of your experiencing a particular range of emotions and feelings that is not duplicated in any of the other vibrational levels throughout all of creation.

For you see, in the other vibrational levels the entities that are existing in that vibrational level and are participating in the creation and perpetuation of that vibrational level understand at their conscious level, if you wish, at that level of consciousness that you might refer to as an awake consciousness state—which, by

the way, only exists in your vibrational level, but nonetheless—to give you some type of an example, at that level of their awake consciousness state they understand the reality creation process. It is not a secret. It is not something that they choose to hide from. It is not something that they limit their capacity to understand similar to the particular energy that you put in place in this vibrational level that limits your capacity to understand who and what you truly are and to understand in your awake consciousness state of the process that you apply to create your vibrational level to sustain this reality that seems so real.

And yet it is an illusion—a very significant illusion, but nonetheless an illusion. An illusion that's your illusion. Not someone else's illusion. You, as individuals and as a human consciousness, create this vibrational level. You create this reality, and it's an illusionary reality. And it is only important that you get the grasp that it's illusionary because if you don't believe that it's an illusionary reality, if you believe it's beyond your capacity to control, then you, once again, create a reality that substantiates and perpetuates and validates your belief systems. And so, if you believe you are not in control, you can have that. It is not right or wrong. Right or wrong is a human and awake consciousness concept that does not exist at the other levels of your vibrational consciousness, if you wish.

You see, many individuals believe that there's some type of separation between this awake consciousness state and between your altered levels of consciousness and between that portion that you might refer to as your higher self, or your spark of consciousness that you are, or that soul, if you wish. It doesn't matter what terminology you use. It is that Piece of the One, if you wish, that you are. Many individuals believe that there is some type of separation, and it's really not that way. The separation, similar to this reality that you exist in, is really illusionary. You cannot be separated from who and what you truly are. Similarly, you cannot be separated from your levels of consciousness.

It's a consciousness. We use "levels" in order to give you some type of an explanation that will fit within your limited capacity in your awake consciousness state to understand who and what you truly are and to understand your creation process. Limited, once again, only because you choose to make it limited.

You see, it's important that you understand as well that it's your limitation. Not some other individual's limitation that's been forced upon you. Not some other entity's idea that, "Well, this is how it's got to be and this is what we're going to put in place so that these individuals can grow and learn and do all the things that they're supposed to do." What a ridiculous concept to believe, that there are some entities that have that capacity to control your reality.

If that were the case, then there would not be one aspect of your reality that you have the control over.

And yet we would suggest that each of you can look at some individual element of your reality that you understand absolutely you control. No doubt. It's not something that, "Well, you know, I don't have any control over anything. I'm just here and this 'whatever energy' controls my reality." Well, you can have that if you want, but understand it's "if you want." It is your reality. If you believe you're not in control, you can have that. But once again, somewhere—even for those individuals who believe that they are not in control—somewhere in your reality, at some level of your consciousness, you can understand absolutely that there is an aspect of this reality that you experience in your awake consciousness state that you are in absolute control of and that you can change.

When you arose this morning, each of you could choose a time and say, "I'm going to arise from my sleep at 8 AM." Your choice. And you could do whatever it is that you felt you had to put in place to accommodate that choice, but nonetheless, your choice. If it wasn't today, well then, it was yesterday. But at some point you understand that there are aspects of this reality that you are in absolute control of. No other entity can force it upon you. You control it.

Now, when there are those other elements that are occurring within your reality it can be much more difficult to accept that responsibility because they are not these type of activity or creation or experience that you do not wish to acknowledge as having the responsibility for. And that's all right. I mean, if that's what you wish to experience, you can have that. You see, it is not right or wrong. That spark of consciousness that you are creates the reality that you desire as a reflection of the beliefs that you hold. And it does so without judgment as to whether or not you are going to enjoy it or not enjoy, or whether or not it's going to be good or bad, or right or wrong, or have some type of human awake consciousness ego concept attached to it. The spark of consciousness that you are creates whatever it is that you desire, and it's a reflection of the beliefs that you hold. And it is really that simple.

And so, if you understand that you can control certain aspects of your reality, then why can't you control it all? The irony of it is that you do control it all. All of it. You control it all through your beliefs as a human consciousness belief, and as a societal belief, and as an individual belief. It's your reality. You create and control it all.

We suggest that it is illusionary simply because in your so-called awake consciousness state and through the use of a vocabulary it (*inaudible*) can be imaginary. You believe that imaginary is something that is within your capacity to alter; you simply change your imagination. And if something is imaginary you can change it. You can make it go away. The irony of it is

you can change this reality because it is a reflection of what it is that you desire.

Now. Many find that quite challenging as well. "I don't desire this. Are you telling us that we desire this?" And we are saying absolutely you desire this. Now, you may not desire a specific interaction that you are involved in but nonetheless, you hold in your awake consciousness state—and indeed in other levels of your consciousness, if you wish to apply them—certain beliefs that validate the reality that you are experiencing. If you believe that you're not worthy, then you will create all types of realities to validate the belief that you're not worthy. If you believe indeed that it's not within your capacity to control this reality, then you will create all types of realities to support and to validate that belief system and you will seemingly not be in control. It's an illusion. You are absolutely in control. Absolutely in control of it all.

You create this reality. And we're not suggesting now that you simply create the capacity for you to come and be involved in this interaction and in this meeting, we're suggesting that you create and are participating in the creation of each and every atom that exists throughout your entire universe. It's an illusion. A significant illusion, but nonetheless an illusion. And it's your creation and you can change it.

You believe in time and space. Time and space are two of the most difficult belief systems for you to alter because they certainly do validate this reality. They validate. You can look at the past and say, "Well, lookit, you know, how can I be in control of something that occurred in the past?" We're suggesting that you're absolutely in control of all that has occurred in the past, and as well as you are in control of all that will occur in your so-called future.

For past and future are illusions. They don't exist. They only exist in your awake consciousness state. They are illusions. And it becomes very difficult to give you some type of an explanation that can validate that particular statement that time and space are illusions because in your awake consciousness state you indeed have so-called history, and you look back upon that history and it has been recorded and you can have an absolute time line.

And yet, because it's been recorded in your so-called history, does that mean that it is accurate? Or does that mean that it is not accurate at the time that it was recorded if, in this particular instant, you decide to change it? And as a decision as a human consciousness, or indeed as a society, or as an individual, you so-called change your past, and then that history may not be as valid as what it once was. Does that make it wrong?

Right or wrong, once again, is a human consciousness concept. It does not exist in that level of consciousness from which you create your reality. That spark of

consciousness that you are does not judge whether or not it's right or wrong. It does not judge whether or not it's good or evil. That's a human consciousness concept. And again, we're not suggesting that you throw that all away, because it's what allows you to function in some kind of interaction in a so-called society or in your relationships with others.

But nonetheless, in order to understand that it's within your capacity to alter and change your reality, then understand that that spark of consciousness that you are does not judge whether or not what you are doing is right or wrong. It simply gives you the reality that you desire to validate the beliefs that you hold, and it does so joyously. It never sits there and says, "Well now, I'm going to be very reluctant in giving them this reality. You see, if I gave them the type of abundance that they desire, it might change who they are. Oh, we better not do that. We better not give them a million dollars." And you see, you look at that and you say, "Well, that's a terrible thing that they would not give us that type of abundance. My higher self wouldn't give me a million dollars." But you see, your higher self does not judge whether or not that is right or wrong, or good or bad for you. It simply validates and creates the experiences you need to substantiate the belief system.

Similarly, it does not sit there and judge whether or not you should have some type of illness. If you desire to have some type of illness to validate the belief that you're not worthy, or to validate beliefs that indeed it is within your DNA to experience that, or to validate the belief that, "Well, I've got this long history of cancer in my past so I've got to experience it. It's not going to go away. I'm going to worry about it until I create it, and that'll validate the belief that indeed if it's there, if it's in my genes, then I'm going to get it." You can have that. Absolutely. Not only can you have that, many times you put that in place at a level of consciousness that you're not even seemingly aware of in your awake consciousness state. But nonetheless, in the awake consciousness state you perpetuate the belief; you hold the attitudes, if you wish, that make it a reality.

You see, you have within you what your scientists are now calling your DNA. And your scientists are beginning to discover that there is a huge portion of that DNA that seems to have no specific value. It is just there. It's like a waste of space. It's like what they used to believe about your brain or your physical mentality, that so much of it was wasted. Absolutely not. And so it is that your DNA, it's not just a wasted aspect of space that they don't know what it's there for. Within your DNA is the potential to experience a multitude of realities. Experience a multitude of realities that you, at some level of your consciousness, have chosen to put in place.

And we use that level of consciousness as being the so-called between incarnational state simply because you believe in time and space. You believe that you die

and you reincarnate, and you die and you go through this linear time, and it really doesn't exist. But nonetheless, you believe it. Now, we're not saying you don't reincarnate, we're not saying you don't have the other experiences. We're saying that the time line that you believe exists does not exist. And so, in your so-called other levels of consciousness—and whatever it is you wish to refer to them as—you put in place, you choose the particular aspect of the reality that you bring into this particular incarnational [space] and you bring it in as a belief system and you put it in the DNA.

[Simply] in the DNA because now your scientists know that it's there. And now that they know that it's there, indeed they will create the reality to validate and to support the belief system. And so you have this DNA, a very minute, if you wish, type of acid that they use to describe a physical aspect of this illusion that contains within it the various possibilities for you to have certain experiences within this incarnational period. And so you, in altered states of consciousness, put into this DNA the potential to experience some type of illness. And then you will, through this incarnational period, as you begin to develop and hold belief systems, and you begin to develop and hold particular attitudes that actually influence the energy that surrounds the DNA.

And as a result of influencing that energy—your influencing that energy, not some other entity, not some other reality, but your influence upon that energy that surrounds the DNA—you can activate or deactivate certain aspects of that DNA. And so you take what was once a possibility and you turn it into a probability. And then you continue to make the choices, to hold the desires, to have the experience.

And once again, that becomes difficult to grasp in your awake consciousness state. How can someone choose to experience an illness? You choose to experience the illness to validate the belief systems that it's within your capacity to do so. You choose to experience the illness to validate the belief systems, many times, that you're not in control. Or that, "There it is, you can look at my past history and it's written in my genetics that I will have that experience." And in order to validate the belief system that you're not in control, that this reality is beyond your capacity to control, you create the illusion. You create the illness and you experience it.

And you see, in your awake state you look at that and say, "Well, isn't that ridiculous? Why on Earth would I do that?" You do that for a very simple reason, because it allows you to experience a range and depth of emotion that is not possible for you to duplicate in any other way. It's really that simple.

You go to great lengths to make it complicated because, you see, if it's complicated, then you're not in control. If it's complicated, you don't have to look at yourself and say, "This is my creation. What am I doing?" Now, you can look at all of your neighbors and say, "Well, lookit, so-and-so did that to me. And lookit,

so-and-so did that to me and that's why I'm experiencing this reality." And it's not really that way at all. You interact with other entities, indeed, and it seemingly, in your awake consciousness state, can create a reality that looks like your other entities are influencing it. But nonetheless, they do so, not really with your participation but with—at some level of your so-called consciousness—your blessing, your total agreement to participate.

This reality that you experience is a reflection of the beliefs that you hold. It's an illusionary reality. It does not mean that it's insignificant. Absolutely not. It's your creation. You are the spark of consciousness that creates the reality that you experience. All of it; not just some of it. You are the God that you search for. You absolutely cannot fail to come to that understanding. The rest is within your capacity to alter. You create it; you are the God that you search for; and you cannot fail at some level to come to that understanding of who and what you truly are. All the rest is illusionary. All the rest is as a result of the choices and decisions that you make.

If you don't like your reality, change it. If you don't like who you are, change it. It's really that simple. The more complicated you make it, the more difficult it is for you to change, and then you don't have to accept the responsibility. And if you don't believe that you're in control then you, once again, create the reality to validate the belief. And you will seemingly not be in control. But you are always in control. Always. There is not one aspect or element of your reality that you experience that you cannot have control over or that you do not willingly participate in at some level of your consciousness to reflect a belief that you hold. It's really that simple.

Now. We would leave you for a moment or two and if you wish, we will return and attempt to answer any questions that you might have. And we would suggest, once again, that we are not separated by time or space, for time and space are illusions, and if you wish to interact with us you have but to express the intent and we would welcome the opportunity to interact and to share with you, and to offer to you—as best we can within our limited capacity—our absolute unending support and unconditional love. And we would bid each of you farewell, with love and with peace. ☸