

JOSHIAH

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Q and A

Joshiah: Well now, once again, allow us to express our gratitude for you inviting us back into your vibrational level, back into sharing your reality with each of you once again.

Before we begin we would remind you that there exists that opportunity for you to be involved in that silent communication, that telepathic exchange of information with other entities that are with us on this afternoon, and you have but to express the intent and the opportunity is yours. And as before, you will find that should you choose to alter your consciousness you will find that if you close your eyes and express the intent that the energy that exists within this sacred space will assist you in accomplishing that alteration of your consciousness into that so-called meditative state.

Now. We spoke to you this afternoon of altered states of consciousness, specifically the altered state of consciousness that you refer to as dying—as entering into that between incarnation states, for you truly never can die.

Now. When you exist within this incarnational period and you choose to leave this incarnational period you alter that consciousness one step further than beyond what we refer to as a deep dream state. You alter that consciousness into the in-between incarnation state. Not only is that a further alteration of consciousness from the dream state, but also you as individuals at that point choose not to return to this particular incarnational period in that particular physical body or attribute. It does not mean necessarily that you don't return to a similar time period. For you see, time is an illusion and it is possible for you to experience incarnations simultaneously in a specific incarnational period.

Now. Because of your belief in the illusionary time frame it becomes a difficult concept for you to grasp that it is possible for you to exist in an incarnational period in a particular physical body or have particular physical attributes and then choose to reincarnate into the same time period and have an entirely different experience based upon the human consciousness agreements and creation of that particular era of your time. However, it is possible. Once you will leave that

incarnational period and enter into the between incarnation states however, you do not choose to reincarnate in the same physical body. You do not choose to return a day later, for example.

Now. It is not that you couldn't do that. Absolutely not. But you see, to do that would destroy the illusion of time, would destroy the illusion that you end a particular incarnational period or a particular lifetime. It is like you walk through the door when you enter in that between incarnational state and you lock the door behind you so you can't come back. It doesn't mean that you don't return to that particular incarnational period but you do not return with the same physical attributes, the same physical body. And you do that to perpetuate the illusion.

Now. Many individuals that remain in the so-called conscious state in a particular incarnational period grieve for the loss of an individual who has chosen to terminate a particular incarnational period. If individuals were to explore their belief systems, if individuals were to be absolutely honest with their feelings, with their emotions, they would discover that the majority of that so-called grievance is not because the other person has passed on to a different vibrational level, if you wish, or to a different state of consciousness, but rather that state of grievance is a sense of loss that they will not have the opportunity to interact with that other individual, that they will miss the day-to-day activities and interactions that they experienced with that other individual while in the conscious state.

Much of an individual's grievance while in the conscious state is not because they feel that that other individual is somehow in a much worse position, that they feel that other individual is somehow suffering more than what they were suffering in this incarnational period, but it is more a sense of loss. It is more a sense of unfulfillment on their behalf of expressions of love, unfulfillment of desires to interact with the other individual, "Oh, if only I had ..."

While you are in this incarnational period, you as individuals enter into meditative states if that is what you choose to do and you can alter your consciousness, and do alter your consciousness to enter into dream states. We have suggested that when you are in those altered states of consciousness that, should you choose, it is possible for you to interact with other entities that exist in other levels of

consciousness, be those other levels of consciousness that are occurring within this incarnational period, be they other levels of consciousness that are between incarnation periods, even be they other levels of consciousness that are being experienced in other vibrational levels and other areas of consciousness that are being experienced in other incarnational periods within this vibrational level. When you are in your dream state it is possible for you—not only possible, but you do have those interactions. You set in place the agreements and you interact with those other individuals that are what you may refer to as “on the other side.”

Now. It is also possible, depending upon your belief systems, for individuals to alter their consciousness, to enter into a meditative state, and to interact with other individuals who are in that so-called in-between incarnational period, other individuals who have altered their consciousness to the point where they do not return to this particular incarnational period in a particular physical body. You see, you as individuals are experiencing multidimensional incarnational periods simultaneously. And in those other incarnational periods that are occurring in the now you are interacting with that very individual that you feel somehow that you have lost in this incarnational period. It may not be in the same type of relationship. It may not be even remotely connected to a similar relationship that you experienced in this incarnational period, but nonetheless it is the same entity. And it is indeed participating in activities, in relationships, and in interactions that you agree to in that subconsciousness part of your consciousness. It is based upon your beliefs and your choices and your decisions that you as individuals create the realities, create the illusions, and other individuals choose to participate in those interactions.

And you do as individuals have a tendency to perpetuate those interactions with other individuals, albeit that many times the relationships change. Not only the relationships, but even the genders of the individuals involved in those interactions and relationships. What may be within one interaction, within one incarnational period, a very distant relationship, but nonetheless relationships that perpetuate throughout the entire vibrational level throughout that entire incarnational period, could be with an individual that in another incarnational period you were involved in a very close, perhaps family-like situation with that same individual. You could be switching roles within particular family type situation throughout various incarnational periods as well as switching genders.

And yet, within each incarnational period when an individual chooses to leave that incarnational period, others who remain will grieve for them even though you continue to interact with that individual in your dream state. And if you desire to you can develop the capacity

to interact with that individual in a meditative state. By the grievance you perpetuate the illusion. By the grievance you lend legitimacy to the beginning and an end. By the grievance you perpetuate the belief that there is time, that one begins and one ends. And many will ask why did it have to end? Well, it didn't have to end at all. It was a choice. It was a choice and it never really ended. It was an alteration of consciousness. You exist in an illusion. You exist in an illusion. That is the key to understand, that you exist in an illusion.

When you are in that altered state of consciousness and in that meditative state many individuals will receive impressions of interactions with others that are perhaps existing in this same incarnational period or perhaps have passed on, if you wish, or even other individuals that exist in other vibrational levels that you have absolutely no recall of in your conscious state within this incarnational period. And when that begins to occur, many individuals have a tendency to suggest that it is in their imagination. When you are involved in that meditative state and you begin to experience and express the desire to have past life regression experiences, many individuals also begin to put that off as just being imagination. It is simply a recall, and while they can have vivid sense of emotions and feelings involved around that particular situation they still have a tendency to question, “Perhaps it is just my imagination.” Well, some shocking news to you, your entire past is an imagination. (*Chuckles*)

You see, you exist in an imagination. You exist in an illusion. What you recall from your so-called past you recall based upon feelings and emotions. Those are the triggers that bring into your memory the recall of past events. Whether those past events be some that you can verify within this particular incarnational period or be they past events that occurred in other incarnational periods. The method of recall is exactly the same. The feelings and the emotions are legitimate and the memories are legitimate.

Now. There may be slight alterations in a memory between comparisons between two individuals who would give to you descriptions of incarnational periods that were, for example, several centuries ago. And then there will be the doubters who would say, “Well, they are not exactly the same. Look, so-and-so saw this and this other individual say that they experienced this and yet they were occurring at the same time. Like, who is right and who is wrong?” Well, what you perceive is based upon your belief systems. What you experience as the emotions and the feelings are a reflection of your belief systems, of your attitudes.

Two individuals existing within an incarnational period that can be verified will give you conflicting accounts of exactly the same particular event. Two individuals can experience an interaction and when you question them separately they will have a different perspective of what occurred. Does it make it any less real? Absolutely not.

Does that mean that one is using their imagination and the other one is giving an accurate account? Absolutely not. They are giving you accurate accounts based upon their particular perception which was a reflection of their belief systems, their attitudes, their choices.

What you recall when you are involved in meditative interactions is based upon your beliefs, based upon your particular attitudes, based upon your choices, based upon your imagination. Absolutely. Is it real? Your entire vibrational level is an illusion. It is not real. Is it legitimate? Absolutely.

When you, as individuals, are involved in that meditative interaction or in that deep dream state interaction with other individuals who supposedly have altered their consciousness so that they do not exist in this particular vibrational level or in this particular incarnational period, the interaction is legitimate. It is not just one's imagination. And many times the interaction is verified—for those who need the verification—by creating, once again, the illusions within your conscious state that lend to verifying what it is that you believe.

Your entire vibrational level is an illusion. Your entire reality in your conscious state is the most illusionary reality that you will experience, and you can create whatever it is that you desire that will perpetuate the illusion and will verify your belief systems. Other individuals who have so-called died are simply at an altered state of consciousness that is one step beyond your deep dream states. And if you wish to interact with them you absolutely can. You have but to believe.

When you grieve for those individuals it is not because you fear that they are in a worse off position but rather that you fear that you will not see them again, and it is a sense of loss. It is one of the most difficult feelings or emotions to overcome, and that is the fear of losing. It is one of the fears, if you wish, one of the emotions that you feel the most threatened by and you feel that you have the least control over. And yet, you cannot lose anything. You cannot lose anything. It is an illusion. And when you are in your conscious state you are as far removed from who and what you truly are as it is possible for you to be. And when you are in your altered states of consciousness you can interact with any individual that you desire. You have but to believe. And there is no loss of that individual. You can and do interact with them. And in many instances you are involved in many other incarnational periods in actively participating in interactions with those individuals.

Now, if you have any questions for us we would be willing to attempt to answer them for you.

Questioner: I have a quick question. So if we are an illusion and if everything we create is an illusion, then you are an illusion that we have created. Then you're not real. Right?

Joshiah: The difficulty in attempting to give an explanation with the use of a vocabulary—and by the way, your question may be short but our answer probably won't be.

(Group laughter.)

The difficulty is that the use of a vocabulary [tends] one to attempt to perceive ideas literally. And it becomes very shortsighted to believe that, "If it is all an illusion then I must create everyone else as well and they must all be illusions as well." And we have suggested before that that is not so. That each individual existing within your vibrational level is a spark of consciousness, a spark of consciousness that has the capacity to create their reality and they create it through love. They are equal to, no more and no less than, any other spark of consciousness that exists throughout all of the other vibrational levels throughout all of creation.

We similarly are a spark of consciousness, equal to, no less and no greater, than any other spark of consciousness that exists throughout all of creation, including the consciousnesses that have chosen to exist within your vibrational level. We are, as you, a Piece of the One. We are that spark of consciousness, if you wish. And it doesn't really matter what terminology we attempt to give you [as] a description, it is limited.

Individuals who enter into meditative states and develop the ability to bring back into their consciousness the memory of the interaction of that meditative state can develop the capacity to go into an altered state of consciousness very similar to what we refer to as a deep dream state of consciousness where you perpetuate your reality, where you put in place the contracts and the agreements.

Now. Those individuals who would develop that mental capacity to alter their consciousness to enter into that deep meditative state and bring back into their consciousness a relatively accurate memory of what they experienced would suggest to you that they bring back, many times, an experience of interacting with that portion which you may refer to as your higher self, and their ability to give a description of it is limited by the use of a vocabulary. They can't tell you. They can't give you an accurate description. And a very, very exciting occurrence happens for them in their conscious state and that is that they get a grasp of the understanding of who and what they truly are and they get a grasp of this illusion that they exist in. And many times their entire perspective upon your creation, upon your vibrational level, is altered for the remainder of this particular incarnational period. Each of you has within you that capacity. Each of you has within you all the knowledge that you desire. You have but to express the intent. You have but to believe that you can reach it. And you can. It is your choice to not have that understanding consciously. It is your choice to be

limited in your ability to bring into your consciousness the understanding of who and what you truly are.

When we suggest to you that you are a Piece of the One it gives the impression that there must be this big one and here we are a little piece. And that is not what we are suggesting at all. That is a limitation that comes from the use of a vocabulary. It is a concept that becomes difficult to describe. When we suggest to you that you are a spark of consciousness it gives the impression, "Well, we are just a tiny little spark." But that tiny little spark is based upon a belief that there is space. You are as great as there is. The energy that you are, each of you—not only with our particular small group—but each of you existing within your vibrational level, the energy that you are exists within each and every atom of your entire universe. That gives you some idea of how small you can be while at the same time being limitless in size. You exist in each and every atom of your entire universe.

And so, we are not simply your creation any more than you are our creation. We are a Piece of the One as you are a Piece of the One. Ultimately, we are all connected. Ultimately, we are all individuals. As you can be as small as it is possible for you to possibly imagine and yet be absolutely, infinitely large, so it is that we are connected and yet individuals. We are not your creation any more than you are our creation. You are not any more your neighbor's creation than your neighbor is your creation. You create your reality, absolutely, based upon your belief systems. You create your reality in a consensus agreement—that is beyond your comprehension in your conscious state—to participate in the day-to-day existence and activity that corresponds with other individual's desires and beliefs and choices. You are, once again, a multidimensional personality. So much more than what you can possibly imagine.

We as well are a similar multidimensional personality, in a sense the same Piece of the One, and yet in a sense absolutely separate. You are not our creation. Absolutely not. We would not even attempt to suggest to you that we have any desire or any capacity to create you or to create your reality for you. And conversely, we are not your creation and you do not have the capacity to create for us. You do not have the capacity to influence our creation any more than we desire to allow you to have that influence.

Does that answer your question?

Questioner: I have a question that I think is sort of connected to that and it has to do with public figures, especially in our day and age where we have so much exposure to people through our media. I am wondering how ... well, I will give an example for myself and I know there are other examples from other people but this particular example from myself is that, for instance, there is a public, what I would consider to be a public figure that I know of, but of course this person, on this

level, doesn't know anything of me, even though we all know each other on other levels. And a number of years ago this person would show up in my dreamtime periodically and then recently, particularly when I have been transcribing the material, this person comes right in—almost their face and the whole sense of them—as if what I am actually transcribing at that point is something, some information that they are looking for. And it is almost as if I see them somehow but maybe a little bit in the future, reading this or getting this information not necessarily from this source but from some source, and it is quite a strong feeling. And I wonder at that point that—of course, I imagine that scenario, that it is all my perception—and in this day and age of having that exposure to other people, not just people in your family or in your village but actually the people that are so remotely on this Earth, I mean, we are not even in the same country, that how would a person know if that is just the characteristics of that person that they are projecting into that scenario or if could actually be that person? Or both those things happen? I guess that might be the question. There is a long question for maybe a shorter answer.

(Group laughter.)

Joshiah: Being as difficult to comprehend in your conscious state that every individual involved in your entire vibrational level interacts with each other, that becomes a difficult concept for many to grasp that each individual has chosen to be involved in this particular incarnational period and there can be individuals existing on the other side of your Earth system that are in their dream states interacting with individuals that are existing on this side of your Earth. But you see, space is an illusion. Your entire existence is an illusion and when you hold the concept that there is space then it becomes difficult to understand how some individual existing on the other side of the Earth's system can be experiencing and interacting with individuals on this side of your Earth, and yet it occurs all the time.

In the dream states there is no space and there is no time. When you enter into that altered state of consciousness there is absolutely no illusion of time and space and it all disappears. You can find examples of what many refer to as rather coincidental and strange occurrences throughout your entire history where you have an individual existing on this particular continent who is discovering some great scientific breakthrough and simultaneously there is another individual on the other side of your Earth doing exactly the same thing.

You have as a human consciousness, as an entire human consciousness, agreed to bring those concepts into your reality, to make them real based upon the beliefs that you hold, to perpetuate the illusion, to make the imagination—the very reality that you exist in—take an absolutely different course. And you even come up with the scientific proof that will validate it so that you

can experience it consciously and then you have credibility for the whole scenario. And on the other side of your Earth, once again, there exists an entirely different group of individuals doing exactly the same thing. And that really reinforces that it is scientifically provable and it is so real that we not only have it here, we have got it on the other side of the Earth as well. And you can find examples of that occurring throughout your entire history.

So, it should come as no surprise that you have individuals who are experiencing this particular information that we are expressing to you throughout your entire Earth's system. First of all, understand that we only give you that which you desire to hear. Because you see, what we express to you is what you already know. To believe that we exist outside of your vibrational level and somehow have more knowledge or have a greater sense of what it is that you are creating is rather ridiculous. It just doesn't occur. You have the knowledge of the creation of your reality, of your vibrational level. Every individual existing within your entire vibrational level has access to that knowledge. There are no exceptions.

Now. That there should be other individuals who have chosen to participate in this particular incarnational period and to be in positions of what you might refer to as power, it should not be difficult to comprehend that those individuals are there because of beliefs that they hold and because of beliefs that others hold that interact with theirs and they create the reality to support the belief systems. Those individuals, because they are in a position of power does not necessarily mean that they are not searching for an understanding of who and what they truly are. And when they are searching for that understanding and it is likely that they will receive information from within that will give them the answers.

Now. That information may come through a channeling such as we are doing or experiencing in at this time, if that is the way you wish to receive it. You can also receive it in a meditative state or in a dream state. You don't have to hear a channeling. You can sit down and alter your consciousness and express the intent and get the same message. Absolutely. But you see, when you hear it through a channel, now it is more real.

Here we sit, an individual existing—we tell you we don't even exist in your vibrational level, we exist in other vibrational levels. We only give to you what you desire to hear. We only tell you what you hold within yourself and yet for some reason you have a tendency to give us more validity than you would give your own intuitive messages. It doesn't really make a lot of sense when you will experience it in your altered state of consciousness. But while you are in your conscious state, the fact that it is channeled information means that it is real. "Oh yes, that is better. Someone else is telling us. We don't have to discover it ourselves."

Well, we have suggested to you many, many times that the answers exist within each of you. The methods and techniques that you desire, that you choose, that you choose to bring those answers into your consciousness are methods and techniques that you believe in. And if you believe in them they will work. Absolutely. Guaranteed. And other individuals, be they in a sense of what you might refer to as in political powerful positions, or positions to have influence on other individuals, receive the information in exactly the same manner, have exactly the same desires to bring into their consciousness the understanding of this reality that you are experiencing so that it can, many times, assist them in creating whatever it is that they desire, or in many times having a greater influence over other individuals that they would desire to have control over and the other individuals participating in that same reality creation by having a desire to be controlled.

Does that answer your question?

Questioner: Yes, it answers most of it. I guess what I was also curious about is why this particular individual would keep showing up to me in that sense and not a lot of individuals coming in. As I say, it seems to be this particular one. And that is what I wondered. Because it is a person that I would consider to be more in the public eye is it a character representation of that person that I am imagining? Or is it actually the person and that is why I am imagining them. That is what I mean. Do we imagine people more that we know about but they don't know about us on the conscious level, or is it an actual interaction with that person?

Joshiah: Many times when you are in your so-called conscious level and you get perceptions and interactions with others and you do not believe that you have had an interaction with them on the conscious level, we would ask you to understand, once again, that at your subconscious level, at that level of your creation process of your consciousness, you interact with absolutely every individual existing in your entire vibrational level.

You are so much more than you can conceive. You, in your altered states of consciousness, in your so-called deep dream states, have the capacity to—and actually do—interact with all the individuals existing within your entire vibrational level. No exceptions. There are no strangers, if you wish. *(Chuckles)* And so, many times you bring into your consciousness that perception of interacting with some individual and you think, "Well, I never ever have met that individual." Well, perhaps you may not have met that individual that you recall in your conscious state, but we assure you that in your subconscious state you have absolutely at some time interacted with that individual. The interaction may be—and again we use phrases and terminology that we attempt to express in this limited use of a vocabulary—but that interaction may have been a rather coincidental meeting, if you wish, a minor

acquaintance, if you wish. But nonetheless, an interaction, a knowing, an understanding.

Many times individuals, and each of you can recall similar experiences, will be walking down the street and you will pass what seems to be an absolute stranger and you will look at that individual and just for an instant, just for a flash, you get a perception of all types of emotions. And it is like, "I know that individual. I know that." And yet it is gone as fast as you get it. And when you look at the individual you wonder, "Now, where did that come from?" It comes from at some level you absolutely do know that individual and just for an instance the veil was not quite as thick as what it normally is and you had a perception of who that individual was. Some of it you may refer to as *déjà-vu* and yet you know quite readily that in your conscious state you have never met that individual.

You may be in an entirely different country where there has been absolutely no chance of a previous interaction with that individual in this particular incarnational period and yet you can get that same sense of knowing. And it is because you do interact with those individuals. And it is because when you are in that other country and those individuals are interacting with you, it is not a chance, it is based upon your choices and your beliefs. It is based upon your desire to be there and their desire to interact with you for the opportunity of experiencing the feelings and emotions involved in that interaction.

It is never a coincidence. It is always a choice. Even when you pass that individual on the street and you get that brief interaction and you feel and sense that knowing, it is because that so-called chance passing on the street was not a chance at all. It was by your choice, by your beliefs, by your desire to create that entire reality. You create it all. Absolutely every instance of your reality. You create it all. When you passed that individual on the street it was an agreement to pass that individual on the street.

The most minute occurrences within your day-to-day activities are based upon agreements and contracts. It is a very, very elaborate play that you are involved in where you as individuals choose the interactions and others choose and agree to interact with you. The extent of that interaction is based upon the beliefs that you hold, the other's beliefs that they hold, and the desire to interact, to experience similar feelings, to experience the emotions, to experience indeed the relationships that you can participate in, to experience many times the love, to experience even the so-called hate that you may feel for each other or the indifference that you may feel for each other. It is all an elaborate scheme that you have agreed to participate in, that you have been the entire producer of, with each individual having the same opportunities to participate or to not, making the same choices to participate or to not

participate based upon the beliefs that they hold. It is all an illusion.

Does that answer your question?

Questioner: I just wanted to ask a quick question about if you have any idea why or how we picked up the radio station on the recording that we did on November 8. Was that us, or you, or both?

Joshiah: Many times there exists within our interaction an alteration of the energy that allows for us to transmit through our friend and it allows us to transcend, if you wish, through the various levels of energy in order to express through feelings and emotions and ideas the messages that we bring to you. When we are participating in that activity we, many times, have an effect upon the energy that is within your range, if you wish, of your recording system. You see, you record upon a type of electromagnetic phenomena, apparatus, that is similar to the electromagnetic type of energy that you put in place that you call your veil, and we attempt to manipulate and to transcend that type of energy. And when we do so, we can have an effect upon various energies that are in the vicinity, if you wish, of your recording apparatus.

Now. In the particular, that instances that you refer to, we actually had an effect upon an energy within that particular area that allowed your apparatus to pick up what you refer to as a radio wave. It is not all that difficult to comprehend when you understand that when you are within your own reality creating various radio waves that are being transmitted through various different types of apparatus that one apparatus can affect and will receive information from a type of apparatus that was not intended to be received from. For example, you can have your so-called cellular telephones that many times can be received over a radio, can be received over your so-called citizen band type of radios. Any other type of airwaves or radio waves or transmission waves have that interference and actually have an effect upon that transmission from that cellular telephone and thereby [can] be receiving information that is being sent from that cellular telephone.

Similarly, we are sending out a type of electromagnetic energy that can and does influence your receiving apparatus, your recording apparatus. And many times, as you would know, your recording apparatus fails to receive any message at all. And that is not necessarily because we have attempted to alter that recording, although sometimes we have been guilty of that (*chuckles*), but rather it is that the energy that you have created and that we are participating in is not the same type of energy that is, we should say, conducive to allowing you to have a very accurate reception by your recording system.

Similarly, it is possible for that same energy—that not only we create but that you as individuals are

participating and responsible for creating—to allow your recording system to pick up other so-called radio waves that are existing within the same space and the same time. And that is what occurred in the instance that you are referring to.

Does that answer your question?

Questioner: You say that we create our own reality. If this is so, can you change that creation of reality or do you have to reincarnate in order to change the reality?

Joshiah: A very interesting question. When you existed in what we referred to as the old age and in the old energy, many times individuals chose to experience certain activities throughout their entire incarnational period. In other words, when you were in your between incarnational period you set in place the major activities and instances that you would experience throughout your entire vibrational level. And you entered into an incarnational level bringing in with you these belief systems that you chose while you were in that in-between incarnation state. And in that sense it would have been very difficult for you to alter that particular experience, to alter that particular reality in that particular incarnational period.

You have, however, as individuals and as a human consciousness chosen to enter into what we have referred to as the new age and the new energy. You have chosen to have the capacity to bring into your consciousness the understanding of your reality creation process and to have the capacity to alter your particular reality by altering your belief systems. And it is not that you couldn't have done that in the old age and in the old energy, absolutely not. It is not something that you couldn't have done all along, it is just that you as a human consciousness agreed not to do it. It is an illusion and you agreed to come into an incarnational period with all of the particular events set in place so that you could experience it and you agreed to not alter them.

And so it was possible to predict your entire humanity's future if you wish. But you have changed that. You have altered that particular type of creation process. You have agreed, as a human consciousness, to have the capacity while you are in your incarnational period to alter the direction; to change the belief consciously; to not have to so-called die and make different choices and then reincarnate to have those experiences but rather to have the capacity to do it consciously in this incarnational period. And that is what is exciting and that is what is so different about the new age and new energy from the old age and old energy.

Now. There are many individuals existing within this transition period and there will be many existing beyond the transition period who choose to remain in the old age and the old energy, who choose to not believe that they create it all. And you see, to alter the belief you must first believe that you can alter it. To

alter the reality you must first believe that you have the capacity to alter the reality. It is very easy for us to say that you create your reality and it is very easy for other individuals to come along and say, "Well yeah, I created all that. I am responsible for it. But I don't have a clue how to change it."

You see, when you accept the responsibility and you understand that you create it all you begin to get glimpses on how to change it. You begin to get intuitive suggestions on how to change it. When you express the intent to hold the belief that you are the creator of your reality, when you express the intent to hold the belief that you have the capacity to consciously alter your reality, then you begin to get the intuitive suggestions that allow you to bring into your consciousness the belief systems that you hold that are responsible for the reality that you are experiencing.

Now. We have suggested before and we would suggest again that when you make that choice, that when you make that choice within this incarnational period to hold the belief that you create your reality and when you begin to get glimpses of that reality creation process, you cannot go back. You cannot go back and say, "Well, I don't want to do this anymore. I liked it better when I could blame my neighbors. I liked it better when I could blame God." You can't go back. And when you attempt to go back you will experience disease and a discomfort because you will know within your consciousness that you create it all and you will try to hide from that effect and you will have all types of reality creation processes to validate that you do create it all because that is the belief that you have begun to hold. And when you don't accept responsibility for it, when you desire consciously to go back, you have difficulty.

There is no right or wrong other than what you believe is right or wrong. If an individual desires to remain in the old age and the old energy there is nothing wrong with that. That is a personal choice. And if you desire to enter into the new age and new energy there is nothing wrong with that either. And there is not one that is better than the other. It is a choice. You exist in an illusion and you can have whatever it is that you desire and there is no right or wrong. There are but three things that we would suggest that you hold as absolutes. You are a Piece of the One. You are the god that you search for. You cannot be anything but the creator of your reality. You may not choose to hold that belief consciously, but nonetheless, it is an absolute. You create your reality. If you don't believe that you create your reality then you will create the reality to support the belief. That is your choice but you still create it all. You are a Piece of the One, you create your reality, and we absolutely guarantee you that you cannot fail at sometime to return to the understanding of who and what you truly are. Beyond those three simple beliefs absolutely everything else is up for grabs. Absolutely everything is an illusion.

If you desire to believe that you have the capacity to create your reality, you have now as a human consciousness agreed to put in place a type of energy that allows you to bring into your consciousness that understanding of the reality creation process and if you wish to alter it you can alter it.

Now. There are individuals who will say, "Well, listen, I am a little short fat person and I am never going to be able to play basketball." Well, we are not suggesting that you can make those type of alterations in your physically being. Not that you can't, but you see, you have agreed, once again, to enter into this illusionary reality bringing in with you some so-called human consciousness belief systems and that it is difficult to alter your physical appearance. It is difficult to alter your physical makeup, and yet ironically, ironically there are individuals who are being reincarnated in your vibrational level at this time who are displaying the capacity to alter their DNA and actually alter their physical makeup. Even that is not beyond your capacity other than you believe it is not.

And so, you can create whatever it is that you desire. As you enter into the new age and the new energy, yes, if you desire to alter what you refer to as those particular beliefs that you brought in from in between incarnational states then you can alter them, and yes you can create whatever it is you desire. And you have that capacity, you have as a human consciousness and as individuals that ability that you as individuals and as a human consciousness had agreed to not have in your so-called past.

And so, yes, to answer your question quite simply, if you wish to alter the perpetual reality that you seem to be experiencing it can be done. It is a matter of altering beliefs. It is a matter of bringing into your consciousness first of all an understanding of what the belief is, bringing into your consciousness an understanding of self-love, bringing into your consciousness the understanding and accepting of the responsibility for the reality that you experience, not because it is bad that you are creating that reality, but so that you can change it. So that you can change it. If you don't understand and accept the responsibility then you can't change it. If you don't believe that you created it then you perpetuate the reality to prove that you didn't create it, to support that belief system that you are not responsible, that it is not your reality. It becomes a very difficult concept for individuals to grasp and you, once again, as individuals and as a human consciousness, have put in place a time frame to perpetuate your belief in an illusionary reality.

To perpetuate this belief that there is a linear time you put in place a time frame for this transition into the new energy to occur. And while you are well past the half-way point, you are certainly not completed in that transition into the new age and the new energy. So, to facilitate that which you desire is more difficult in this

particular time than what it might be in five or six years from this particular time. And that again is a human consciousness choice. It is your choice to perpetuate the illusion.

To answer your question, yes, you can change. Absolutely. You always could. And it is becoming easier and easier as you complete this transition into the new age and new energy.

Does that answer your question?

Questioner: When we were waiting for you to join us, or however you would say it, in my mind I could see you hovering around the channel, above, around, as though you were deciding to possibly not join us today. If I am correct in that, is there anything I or we would be doing that would make you decide to do that?

Joshiah: (*Chuckles*) We always welcome the opportunity to join. You see, for us to enter into your vibrational level and to interact with you depends upon your choices. We have suggested to the channel that we would always be available.

Now. He would be somewhat surprised if we tell him that there is more doubt in his mind than anyone else's that we would show up. And therein lies the problem. It is not necessarily that we do not wish to enter into your vibrational level. In fact, we welcome that opportunity.

Perhaps the most doubting among you is your channel who has that difficulty many times in believing that he has the capacity to get absolutely out of the way and allow us to take him on a little trip where we show him glimpses, where we entice him to return because we offer him views into the inner portions of who and what he truly is that many times will bring tears to his eyes while he is channeling and that is because he is experiencing an entirely different experience than what you are. And he has difficulty many times in getting that consciousness out of the way and allowing us to enter into.

Many individuals who know and understand our channel will know that he is, if nothing else, a very strong-willed and stubborn individual and convincing him can be most difficult at times.

(*Group laughter.*)

Joshiah: And therein lies the problem and not necessarily with us not wishing to interact and to come and to present to each of you.

Does that answer your question?

(*End of questions, and we thank Joshiah and the others.*)

Well, once again, we would like to thank you. And, as always, it has been a pleasure. And we welcome these opportunities to interact and to share with you for indeed we learn when we come to interact, for you are leaders within your own right in this creation process.

You are among what we might refer to as the cutting edge of creation and we welcome the opportunities to learn and to share with each of you. And until the next time that you invite us back we would bid you farewell, with love and with peace. ✿