

JOSHIAH

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Joshiah: Well now. Well, once again, allow us to express our greetings to each of you and to express as well our gratitude for your, once again, inviting us back into your vibrational level and offering us this opportunity to interact with you and to share with you in your reality.

Now, if you would choose to express the intent, there are other entities that would choose to be with us this afternoon should you express the intent to allow for an even further thinning of the veil to allow for the other entities to gather with us in this sacred space and within this sacred energy that you have created for this afternoon.

Now. We would ask for a moment's silence in which we would adjust the energy within this sacred space and we would fine-tune our connection with our friend Elias *(the channel)*.

(Pause)

Well now, we thank you for that moment. And before we begin this afternoon we would remind you, once again, that there exists for each of you the opportunity for you to be involved in what we refer to as the silent communication. An opportunity for you to have a telepathic interaction and exchange of information with the other entities that are with us on this afternoon, indeed with that portion which you refer to as your higher self, or with us if you choose. The choice is yours.

You will find that as a result of the energy that you have created this afternoon that should you choose to alter your consciousness you have but to close your eyes and you will find it very easy to enter into a meditative state, that slightly altered state of consciousness, and to be involved in that interaction, that telepathic exchange of information. And as always, the information that you receive while you are in that altered state many times is much more accurate and much more pertinent to your individual desires and requests than is the information that we attempt to express to you with this rather limited use of the vocabulary. You get a much more accurate transference of feelings and ideas and expressions than what you can when you are attempting to have us interpret it and express it in a vocabulary. And so, the

opportunity exists, should you choose. As always, the choice is yours. And there are entities that are quite willing and indeed quite anxious to have that opportunity to interact and to share with each of you.

Now. This afternoon we will talk with you about various areas or levels or degrees of consciousness. You are, once again, a multidimensional personality. You are an entity who is so much more than what you conceive or comprehend while you are in your so-called conscious state. And as we have suggested many times, when you are in your conscious state you believe that that is it, that that is the most important state, that that is the real state and the rest are all illusory, imaginary states. And yet from our perspective we would suggest to you that it is exactly the opposite. That when you are in your so-called conscious state you are as far removed from who and what you truly are as it is possible for you to be.

You have, once again, as entities involved in a vibrational level, chosen to enter into a state where you, while you are in your so-called conscious state, you are not aware of who and what you are. Where you have erected that electromagnetic type of energy or veil that limits your understanding of who and what you truly are. You are, once again, a multidimensional personality with varying levels of consciousness. A multidimensional personality that exists in the now, that is experiencing a multitude of interactions, a multitude of incarnational periods that are occurring simultaneously, if you wish. And once again, through the use of the vocabulary, the term of simultaneously infers that there is a time frame and that is not it at all. Your past and your present and your future exist in the now, an all-encompassing concept of time. For time is an illusion.

And so you, as individuals, are a multidimensional personality. You exist in several incarnational periods at the same time. You simply choose, once again, through that erection, if you wish, of an electromagnetic type of energy, through that incorporation of a veil, to limit your understanding or your comprehension of all of the incarnational periods that you are involved in. You simply believe while you are in this conscious state that this is it, that this is the one. And when you enter into your altered states of consciousness, when you enter into that meditative state, if you wish, or into your dream state you believe that those are illusory. That

those are simply a projection of what occurs in your consciousness state and it is being experienced or relived or reexperienced, if you wish, while you are in your dream state. And we would suggest to you that it is exactly the opposite. It is exactly the opposite.

Now. If you exist in all of these incarnational periods simultaneously, at the same time, that they are all occurring in the now, then it should be easily comprehended that you also exist in those in between incarnational states all in the now. When you are in your conscious state, once again, you are as far removed from who and what it is that you truly are that it is possible for you to be. And when you are in your dream state you are still existing within this vibrational level. You still exist within the limitations of the veil. You still have in place that electromagnetic type of energy that limits your understanding of who and what you truly are. You are closer, the veil is not so strong, if you wish, while you are in that dream state. But nonetheless, you have simply altered your consciousness one step. And you have simply lowered the veil slightly but it still exists. It is just possible for you now to get glimpses into other realities, to have interactions with other entities that are existing in other realities. But even then, when you come back into your so-called consciousness you leave behind that memory. The veil comes into place and you forget. You choose to limit your understanding.

When you first awake there are many who are involved in attempting to recall what their dreams were and they go through all types of techniques and all types of methods to attempt to recall their dreams. And many can. For that instance they get a recall of the dream. But the irony of it is that even that recall is not accurate. Even that recall that you get when you first awake is not at all the complete or accurate representation of what you actually experienced in your dream state. As you remain in your so-called consciousness state, for many that dream, which seemed so real and which seemed so vivid and easy to recall when you first awoke, fades. It becomes very difficult for you to have recall. And you say to yourself in your conscious state, "Well, I knew what that was when I woke up. When I first awoke I should have written it down because it was all so clear." But then a half an hour later it is not so clear at all. And the next day you can hardly even remember it. That is your choice.

When you come into this conscious state you erect that veil. You put back in place that strong electromagnetic type of energy that limits your comprehension of what you were experiencing in your dream state. In that altered state of consciousness, which you refer to as your dream state, you are actually much closer to being in your true state. In that dream state you put in place the little idiosyncrasies that you would be involved in in your upcoming day-to-day activities; the little interactions, the agreements if you wish, with other individuals that are involved in this incarnational period.

You put in place all of the contracts and all of the agreements for what it is that you are about to experience based upon the beliefs that you hold, based upon the desires that you have.

Now. From that dream state you enter into what we refer to as the between incarnation state and for purposes of your vocabulary we would suggest that you die. Now, first of all understand that you exist in an illusion. When you are in your conscious state this is an illusion. It is as illusory as it gets. And when you are in your dream state it becomes much more real. And when you are in your between incarnational states it is even much more real than it is in your dream state and you simply alter your consciousness one step further.

Now. At that point there is a very peculiar occurrence. At that point it appears that you have lowered the veil enough that your so-called conscious portion of your personality comprehends what you are experiencing in that altered state of consciousness, in that so-called dying state. But you don't really die at all. Absolutely not. You are actually becoming more aware of who and what you truly are.

Now. Many individuals in your conscious state would philosophize to you that when you die that that is it. That you either enter into what you might refer to as the everlasting state—what some might refer to as heaven—or whatever terminology you wish to apply which would facilitate your belief systems. And they believe that that is it—you are there and you are there forever. Well, actually you simply alter your consciousness one more step to being closer to being aware of who and what you truly are. But you would still exist within this vibrational level. You still hold in place the limitations that are affected by the use of the veil, that electromagnetic of type of energy that limits the understanding of who and what you truly are.

In that so-called dying state the beliefs that you hold still, as always, affect the reality that you experience. Your reality is a reflection of your beliefs, of your choices and your decisions. Absolutely. And it doesn't change just because you die. When you enter into that state of altered consciousness you will experience a reality based upon the beliefs that you hold.

You can talk to individuals who have been involved in what you refer to as near-death experiences and, depending upon the religion that they are involved in, depending upon the beliefs that they hold, they will all have for you a description of the experience that reflects those beliefs. Those that are involved in the Christianity and are very devout Christians will most likely tell you that they experienced an interaction with the Christ. Those that are so-called atheists, who don't believe in any type of God, will tell you that they did not see any type of God but rather experienced interactions perhaps with their loved ones who have preceded them that they believed that they would interact with and meet with.

You see, when you are in that altered state of consciousness that you refer to as dying you still exist within the veil and you still create a reality that is an illusionary reality based upon the beliefs that you hold. It seems more real. It seems more real because at that point you are becoming much closer to being in touch with who and what you really and truly are. There are individuals who will give you descriptions of a very peaceful and a very desirable place to exist in. There will be those who will suggest to you that they experienced absolutely no physical pain and yet there are others who would suggest to you that they experienced very difficult interactions in that in between incarnation place.

You create your reality based upon your beliefs and it is all an illusion. Your entire vibrational level is an illusion. It is not to suggest that it is not important. It is not to suggest that it doesn't have significance. Absolutely not. But an illusion, nonetheless. And when you are in that altered state of consciousness that you refer to as the between incarnation states you are still existing in the illusion.

Another rather interesting phenomena occurs and that is that it becomes much more difficult for you to perpetuate the illusion without comprehending that it is an illusion. You begin to become more aware of the illusionary process. You become more aware that what you are experiencing is based upon your beliefs. You become more aware that as you change your beliefs you change your reality. Now, when you are in that state, that between incarnation state, you are also much more aware of the existence that you are experiencing within the now. You put aside that illusion of time and space. You, after a period of time—which is in itself an irony, you begin to understand that there is no such thing as time, that time is an illusion based upon a belief that you hold that lends authenticity to the reality that you experience in your conscious state—but while you are in that between incarnation state you begin to lose that perception of the illusion of time.

And so when you alter a belief—unlike when you are in your conscious state when you wish to have time to alter the experience in order to validate the reality of this conscious state that you are in—when you are in the between incarnation state and you lose the illusion of time, when you alter a belief the alteration of your reality can become almost instantaneous and you begin to understand that time does not exist and you also begin to understand because of the instantaneous reaction to the alteration of your belief systems that it is an illusion. And if you can alter the illusion by altering the belief system then you begin to understand as well that you can create whatever it is that you desire. And you begin to understand as well that the beliefs that you hold are reflected in that experience and in that reality and if you don't like the reality you can alter your beliefs and experience an instantaneous alteration of the reality. When that occurs, when you begin to get

that understanding in the conscious state that you are in when you are between incarnations, then it becomes much more difficult for you to perpetuate the belief that this vibrational level is real and that it is all that there is. And you at that time become much closer to being in touch with who and what you truly are.

Many individuals in that between incarnation state begin to experiment with their alterations of their belief systems and their alterations of their reality, and they begin to experience alterations by altering a belief and instantaneously experiencing the reality. But then there is also a catch that comes with that type of reality creation and you also understand that it is an illusion and so that the feelings that you experience do not have the intensity that you experience while you are in your conscious state.

And so an individual may desire, for example, to have an experience and to believe that they are very proficient in some type of a sports activity, for example. And they have that experience in that in between incarnation state. And they have the feelings that are associated with that experience but they get a concept of the understanding that it is not real, that it is an illusion.

And therefore, similar to your, once again, entering into a theater when you see a movie displayed upon a screen you understand that it is not real, that it is a trick of lights, and yet it creates emotions and you have feelings that are experienced while you are visualizing that film upon the screen. Your imagination assists you in experiencing all types of feelings but when you walk out of the theater you know it wasn't real and the feelings do not have the same depth. They do not have the same intensity that you experience while you are in your conscious state in your illusion which is real.

Similarly, when you are in that between incarnation state and you are creating these realities and you, for example, become that sports player and you experience all of the particular feelings and emotions that can be associated with that type of belief systems and realities, but when it is all done you know it is not real. You can't forget that it was simply a response to your beliefs, to your choices. And so many individuals at that time choose to reincarnate. They choose to erect that veil once again and to make it difficult to have the remembering consciously that you create it all. And so that individual who in one particular incarnational period may have been an invalid chooses in the next to become the sports player, chooses to have that experience and to make it real. And so they set in place the belief systems, they set in place the contracts, and they make the choices to reincarnate, to come back and to have the other experiences.

We have used an example of a baseball player, but you can apply that to any type of existence that you can imagine to experience within your conscious state. It can be a similar type of reaction, a similar choice

based upon a belief system, a choice based upon a desire to experience a particular range of emotions and feelings.

Now. You have within your conscious state many individuals who would suggest that there is such a thing as karma in place. And if you wish to believe that you can create the realities to support it, absolutely. You see, it is an illusion; you can create whatever it is that you desire. But you must understand that you can create whatever it is that you desire. There is not some law put in place that you must absolutely follow other than the law that you make yourselves based upon your beliefs and your choices. So, if you wish to believe in karma you can have all of that stuff. And the incarnation periods that are occurring simultaneously do and can interact and affect each other, and you can have a sense of karma if that is what you believe. But you must understand it is as a result of that is what you believe. It is not as a result of some law that must be in place and you can't manipulate or you can't alter. It is your choice. You create your reality.

Now. When you are in that between incarnation state, when you are in that so-called what you would refer to as the dead state (*chuckles*), you never really die, you then have a choice when you are at that point where you begin to understand that as you alter a belief you can alter your reality and you can do it instantaneously, you begin to thin the veil even more. And at that point you, if you wish, have the choice to leave this vibrational level. It is your choice.

You see, no one put you here. You chose, as individuals, to enter into this vibrational level for the opportunity to experience the intense range of feelings and emotions that is possible for you to create while you are in your so-called conscious state. That is why you are here.

Now. At that point of altered consciousness when you are in your between incarnation states you can, if you desire, choose to leave. And once again, it is not a time thing. So many individuals would feel that, "I have been involved in this incarnational period forever." Well, what is forever? Forever is a concept based upon a belief in a linear time frame and that just does not exist. It is an illusion that you only experience in your conscious state. When you are in that between incarnation state you understand that you exist in the now. You understand that you have the choice, if you desire, to leave this vibrational level.

Now. When you leave this vibrational level you enter into a vibrational level of your choice that can be one of any multitude of vibrational levels based upon the types of experiences that you may wish to experience, based upon the types of realities that you may wish to create. You see, it is possible for you while you are in those particular vibrational levels to create all types of realities. Your only limitation is your imagination.

The difference is, that difference that makes your vibrational level so unique, is that when you are in those other vibrational levels, you have an absolute understanding of who it is that is creating your reality and of the process that you use to create that reality. You understand at that vibrational level absolutely who it is and what you are. You understand at that vibrational level that the only way that you can create your reality is from a position of love. You understand in those vibrational levels that you, as individuals, as Pieces of the One, as the sparks of consciousness, are the absolute creators of your realities. And you can interact in various vibrational levels with other entities. That is your choice. Once again, the only limitations is your imagination.

Ironically, while you are in this vibrational level and you are in your conscious state, while you may believe that it is real it is an illusion. And as it is an illusion, the only limitations to the alteration of the illusion is your imagination. You can create whatever it is that you desire. You create this entire vibrational level. You create the universes that you look upon. You believe that this is real and because of that belief it becomes very difficult for you to alter it.

Many of your creations, while you are in your conscious state, many of the creations that you agree to as a human consciousness concept that you would not alter, you entered into, you made the choice to be involved in a creation process by consensus where each and every individual agreed that there would be certain creations in place that you would not alter. Certain creations that lend legitimacy to the reality for this illusion that you are experiencing, and time and space being two of the most difficult for you to alter. For as there is time, so there is space. And if there is time and space then there must be a beginning and an end. And if there is a beginning and an end then it means that at somewhere you must have begun and at some other point you are going to end. And it just doesn't occur. And yet while you are in your conscious state you hold those beliefs. And as a result of holding those human consciousness beliefs you believe that this reality is real and you can't alter it.

Many individuals existing in your vibrational level in the conscious state in this particular incarnational period would suggest to you that they have absolutely no control at all over their reality. And they can give you all types of reasons. It can be that there are other entities that are influencing this reality. And there may be other entities that exist outside of this vibrational level, they believe, that there may be certain consciousnesses that they refer to as a God, or as the Christ consciousness if you are involved in the Western types of religious beliefs, that are influencing their realities.

There are others existing in this vibrational level who would suggest to you that, "No, that is not the case. The individuals who influence my reality are the

individuals that are existing within it and that I interact with each and every day. They are the ones that are responsible for what I experience.” And yet there would be other individuals who would suggest to you that that is not it at all, it is an interaction of both of them.

Then there are others who would accept certain responsibilities for their reality and certain aspects of their reality, and yet other aspects of their reality they would suggest to you are absolutely out of their control. “Oh that is in the hands of God. I can’t control that one.” Or, “That is in the hands of my employer. I can’t influence that one.”

And so, there are a multitude of belief systems that individuals hold as to their perception of how and why there are influences upon their reality. If you believe it you will create the circumstances to support it. If you believe that there is a God existing outside of your vibrational level that influences the reality that you experience in your conscious state, when you are in your between incarnation states and when in your dream states you put in place the contracts to support that belief system. And when you come back into your conscious state, guess what? You have all types of examples of proof of that particular belief.

Other individuals may believe that they are victims, that there is absolutely nothing they can do because so-and-so has complete control and influence over their reality. And if they hold that belief, they create the circumstances to support it. If they hold that belief, they will experience the reality. Absolutely. It doesn’t mean that they are not in control. Absolutely not. It simply means that they choose to not believe that they are in control. And there is a huge difference there.

There are other individuals, particularly what many of your particular metaphysical people involved in this incarnational period refer to as the indigo children, who are now in many instances reaching young adulthood, who don’t subscribe to any of the previous belief systems but simply step up and say, “I create it all. I may not have the best reality, I may not be experiencing the best experiences, but I accept the responsibility for it.” And by accepting that responsibility for the creation of their reality they begin to change it. They begin to bring into their consciousness the understanding of the process of reality creation and they begin to create experiences that are rather phenomenal. They begin to create experiences that are beyond your scientific proof. They begin to create experiences that actually result in the alteration of their physical makeup, alterations of the DNA and of the energy that surrounds their DNA.

Those individuals create their reality exactly the same way as every other individual existing in your entire vibrational level. They create it based upon their beliefs, based upon their choices and decisions and desires. They simply hold a different belief. And when you are in your altered state of consciousness, when

you are in that between incarnation state of consciousness, you also hold that belief. You understand absolutely the process that you employ to create your reality. When you are in that altered state of between incarnation states, you create realities that are as illusory as this reality. You simply understand that they are an illusion and you get a concept of the process of altering that reality by altering the belief.

We are suggesting to you that while you are in this conscious state, while you are as far removed from who and what you truly are as is possible for you to be, that it is also possible to get a concept of the reality creation process. You have, once again, as individuals involved in a human consciousness agreement, altered the very makeup of the energy of your entire vibrational level. And as you enter into and complete this transference into the new age and the new energy you shall have that capacity to bring into your consciousness the understanding of who and what you truly are, and to consequently bring into your consciousness the understanding of the belief systems that you hold that are responsible for the realities that you are creating and experiencing. And if you don’t like them you can change it.

You also have the capacity to bring into your consciousness that you can only create from a position of love. And that to facilitate that creation, to have the ultimate technique, you have the capacity to bring into your consciousness the full comprehension of self-love, the full comprehension that you are a Piece of the One. You are a spark of consciousness that has the capacity to create. You are a multidimensional personality and you cannot fail. You cannot fail to return to the understanding of who and what you truly are.

Now. We would break for a moment or two and if you have any questions for us we would be willing to return and answer them for you. We would remind you that while we are having our intermission we do not leave this sacred space that you have created, and should you choose to interact you have but to express the intent. In fact, we never leave. We are simply separated by a vibrational level and should you choose to interact with us you have but to express the intent and we are more than willing, and in fact we are quite anxious for the opportunities to interact and to share and to learn from each of you.

And so now we would break for a moment or two and if you wish, we would return, with love and with peace. ✨