

JOSHIAH

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Q and A

Joshiah: Once again, we would like to express our gratitude for your inviting us back into your vibrational level and back into your reality and offering us this opportunity to interact and to share with each of you once again. And we would briefly remind you that the energy and the entities [that] are with us this afternoon remain within this sacred space that you have created, and should you choose to become involved in and participate in that silent communication that that opportunity remains and exists for you. You have but to express the intent. The choice is yours.

Now, many times when we express information to you, we are limited to the use of a vocabulary to give accurate descriptions or accurate transference of information because there just are not terminology for expressions within your vocabulary that allow for the complete transfer of a thought or of a feeling or of an emotion. A transferal—an accurate transfer of a concept—for example, we continuously say to you that you are a Piece of the One, a spark of consciousness, and that Piece of the One infers somehow that you are a piece of something else that seems to be much larger or something that comprises the whole and you are but a portion of that, and that is not the case. When we suggest that you exist within each and every cell of your being and within each and every atom of your entire universe, it, once again, infers that you are a piece of your universe, a piece of that whole, if you wish. And that is not accurate. For once again, there is no space. It is an illusion.

The Piece of the One, the spark of consciousness that we refer to is equal to each and every other spark of consciousness that exists within the so-called whole, within the One. It is not that there is a larger or a smaller portion. Space is an illusion that you experience in your conscious state. It does not exist outside of your conscious state. And when we suggest that you exist within each and every atom of your entire universe it gives the illusion, or perhaps offers perspective, that you are this monstrous entity that exists throughout your entire universe. And you are, but ironically your entire universe is an illusion. There is no space. There is no larger or smaller. Larger or smaller are terminologies that are reflections of your perceiving space. And it just doesn't exist.

And so to say that you are a Piece of the One is to infer, once again, that there is a One that you are a portion of, and that is not exactly an accurate description. Your entire universe is an illusion and you exist within the illusion in each and every atom of the illusion. And it has no space. It has no greater than or less than. There are many individuals within your vibrational level who understand that concept, who get a grasp of that concept, and they will suggest to you that they are at one with everything. And for many that becomes a difficult concept to grasp. How can you be at one with everything? Well, you are at one with everything because everything is your creation.

The energy that you use to create your physical being is the same energy, the identical energy, that is used to create your entire vibrational level, the entire illusion. The key is to understand that it is an illusion, that it has no space, and that you are at one with an illusion. You are one with an illusionary reality that you create. And you exist throughout your entire illusion because it is your creation. And it is not large and it is not small. It just is. It exists in the now. Time and space are illusions that you experience in your conscious state. And yet through that belief, that human consciousness belief that there is space, [there] comes with it the concept that you can be large or small. And it becomes a difficult concept to understand and to grasp that you can exist in each and every atom of your entire illusion, in your entire universe, because you believe that the universe is almost imperceptibly large—beyond your wildest imagination.

Even your most advanced scientists can't tell you how big the universe is. They come up with ideas but then, within one generation of your scientists, they would alter that first belief and come up with another hypotheses about how big your universe is. And if it is that large, how can you possibly exist in each and every atom? Well, it is only large because you believe it is.

Space is an illusion. You exist within each and every cell of the entire illusion. When you understand it is an illusion—an important illusion, but an illusion nonetheless—then it becomes easier for you to understand that you can exist in the entire illusion and that you can focus your consciousness in any particular portion of the illusion that you wish because your consciousness exists in the entire illusion. You choose

to place the belief that there is space and to limit your conscious understanding and interaction with your illusion to the physical being that you mistakenly believe you exist in. The physical being that you limit your interaction with while you are in your conscious state is no more or no less of your creation than the entire illusion.

You choose through your beliefs—through your human consciousness, societal and individual beliefs—to reinforce a magnetic type of energy that we refer to as the veil that restricts your understanding of the illusion and of your interaction and creation of the illusion so that you can experience what seems to be real while you are in your conscious state and while you are limiting your interaction in the illusion to your physical being.

Once again, there are some who have developed various methods and techniques to tap into their consciousness in other areas of the illusion and to experience what you refer to as out-of-body experiences. That capacity exists within each of you for, once again, it is an illusion. And the use of your vocabulary, which infers that you are a piece of the illusion, is not accurate for it infers that there is then this whole that you are but a piece of and yet, ironically, you are the whole. There is no less or more, no greater or smaller.

Space is an illusion that you experience in your conscious state to lend validity to the entire illusion that you create that represents this reality that you experience in your conscious state. And so the use of the vocabulary has its limitations in giving you accurate explanations on what it is that you do to create your reality. And it gives the illusion that somehow this reality is bigger than what you are, that you are but a small piece of the reality. And neither of those descriptions are accurate.

You are a Piece of the One. You are a spark of consciousness that has the capacity to create. No greater than, no less than any other spark of consciousness that creates realities. And the reality that you create is illusory. Time and space do not exist except within your belief system and while you are in your conscious state in this illusory reality. You exist in the now. You choose to hide from that understanding, from that reality, if you wish, when you are in your conscious state in this reality.

We have suggested to you many times that you attempt to take part of your consciousness into your dream state so that you can both manipulate that dream state consciously, but also to get a grasp of what it would be like to bring the concepts of that creation process from the dream state back into the conscious state, so that you can understand how illusory this reality is and you can alter it consciously by understanding consciously what the beliefs are, and understanding that the entire reality is illusory. It has

no space and therefore, because space is an illusion that does not exist, it is not very difficult then to grasp the concept that you can exist in each and every atom of this no-space illusion that you experience, and thereby, when you are in your conscious state, get a grasp of that concept that everything that you experience is you, is a piece of your consciousness, if you wish. And if you wish to experience that consciousness in various areas of your creation, that is your choice.

Now, if you have any questions for us we would be willing to attempt to answer them for you.

Questioner: Thank you. I was wondering, I have several incarnations and each one of those is an ego that I am a part of. It is like that between you and I and every entity that exists? At some level we too are egos? Is that what being an equal piece of the One is? That at some level we are all equal incarnations of One?

Joshiah: Once again, the use of a vocabulary distorts that actual reality for it gives that impression again that there is a One that you are piece of, and it is not that way. You are the One. There is no greater and there is no less than.

Now, the ego, which we have referred to in the past and as you refer to, is a portion of that so-called personality that you are that you express while you are in your conscious state. Each entity existing within your vibrational level has an ego. Absolutely. You could not exist without it.

Now, that ego that you refer to is the result of your choosing to erect a veil that limits the interaction between your consciousness and your subconsciousness while you are in your conscious state. And it is in that conscious state that you have an ego that acts as your go-between, if you wish, between that higher self, that subconsciousness, and the consciousness.

Now, you exist in many incarnations, absolutely, simultaneously. Again, a very difficult concept to grasp. But nonetheless, you exist in the now and it occurs simultaneously. You believe in a linear time frame and put in place all types of realities to support that belief that there is a past and a present and a future, but nonetheless, it all exists in the now. And the many incarnations that you are involved in each have an ego, absolutely. Each have that capacity to interact in the conscious state with other individuals that are involved in this illusory reality creation process. And that ego many times is different in each of the incarnational periods.

The Piece of the One that you are is constant. It is a multidimensional personality. It is so much more than what you can even begin to grasp in your conscious state. And it is made up of all types of, once again, multidimensional personalities in various genders. And

each of those personalities involved in each of those incarnational periods has an ego. And that ego, which is a reflection of that personality, differs to the point where it would not even be recognizable as being and belonging to the same higher self entity.

Now, when you are in your dream state the ego disappears. It is a portion of your conscious state. When you are in your dream state and when you are in your altered state of consciousness, for all intents and purposes this illusion that you experience in your conscious state in this vibrational level ceases to exist and consequently that ego ceases to exist. It is an illusion.

The reality, the consciousness that you experience in this reality is an illusion. You choose to limit the interaction with the higher self, with the Piece of the One that you are, with that spark of consciousness—whatever terminology you wish to use. You choose to limit that interaction by erecting a veil when you are in your conscious state and you put in place an ego that allows you to function, that interacts with other entities in this vibrational level. An ego, once again, that is a reflection of the beliefs that you hold, is a reflection of the gender that you choose to enter into in this particular incarnational period, is a reflection indeed even of the physical characteristics that you choose to create and to be involved in in this incarnational period. And that ego changes with each incarnational period.

You are a multidimensional personality. In your conscious state you have a variety of egos, a variety of personalities that allow you to experience a multitude of creations that gives you the opportunity to experience a very broad and wide range of feelings. When we interact with you in that altered state of consciousness we interact with the multidimensional personality that you are, with the Piece of the One that you are. We understand who and what we are. We do not need an ego, as you say, to project our personality. We are a multidimensional personality existing in various creations that we are responsible for, accept the responsibility for, and create, and understand that methods of our creation, and do not need that ego because we do not hide from the understanding of who and what we truly are. And when we interact with you in what we refer to as that silent communication in your altered states of consciousness we interact with that Piece of the One that you are, with that spark of consciousness that you are, that sets aside the ego and has a complete understanding of this illusionary reality that you exist in.

Does that answer your question?

Questioner: I wanted to ask a fun question about the Ark of the Covenant. I know that you have talked about it before. There are all kinds of things that come to mind. Was it simply a capacitor or more than that? Was it of Atlantean technology? Did the Knights Templar find it beneath King Solomon's tomb? Where is it now?

How did four bearers carry it when the thing must have weighed four thousand pounds?

Joshiah: First, we would suggest to you that many of your so-called history mythologies are based upon some type of what you would refer to as fact. Now, it begs the question of what is a fact? For again, your reality is an illusion and you can create whatever it is that you desire.

You have within your present incarnational period the belief that [the] force of gravity cannot be altered. You perpetually design, engineer, build various pieces of equipment that are functioning within that belief that you cannot alter your force of gravity. Your force of gravity exists because it is what you choose to believe. It is an illusion. Individuals in the Atlantean period understood that it was an illusion, understood they created this reality through their beliefs, and understood that because it was an illusion they could alter an illusion.

You can, through various methods, alter what you refer to as the force of gravity. You could make it possible for one individual to lift what now, within your present belief systems, would take a multitude of men, simply by eliminating the force of gravity.

Now, is that possible? What do you believe? For once again, the belief precedes the reality. Individuals, once again, in the Atlantean period understood that the reality is an illusion. That is the key, to understand that the reality is an illusion. There are not just some things in your reality that you can alter, but rather, you can alter them all. This is your creation and it is an illusionary creation.

And so, is it possible for there to be a piece of equipment, if you wish, that you refer to as the Ark of the Covenant, that has the capacity to contain within it an unlimited source of energy? Absolutely. Each of you contain within you an unlimited source of energy. The key is to understand that you have that energy.

Now, if you believe, and as many do believe that comes from your so-called history, that there must have been some type of equipment that contained that particular energy, then indeed you could create that reality to support the belief. And if you believe that the only way that you could create such a piece of equipment was through the use of what you now understand as technology in order to create a capacitor that could contain a type of electric type or a magnetic type of energy, then indeed through that belief system you can create that reality.

The past can be altered as readily as your future and your present. And when you hold within this incarnational period those beliefs that there must have been some type of equipment that was indeed very cumbersome, very heavy—because the only way that you could create such a particular piece of equipment based upon your present understanding is that it had to

contain within it these components that were made of various elements that were very heavy and very difficult to carry around—and if that is the case then how on Earth could so few of men carry them?

Understand, once again, that you create your past as well as your present and your future, and the beliefs that you hold influence the discoveries that you make in your present that are a reflection of your past. They are not separate. As long as entities existing in this particular incarnational period believe that it is very difficult to harness certain elements of energy and that the only way that you can do that is through very cumbersome technology, then you will create the reality to support the belief. As long as individuals in this particular incarnational period believe that you have to deal with gravity in what you might refer to as a conventional methods and ways, then you will create realities to support that belief—even realities that are in your past.

It is interesting that there are, in your so-called past, various elements that you can seem to explain that you create nonetheless, but you choose not to hold the beliefs in this particular incarnational period that you have the capacity or the ability to do those types of creations, such as the Ark of the Covenant, such as the creation of what you refer to as the great pyramids, and many other structures that exist throughout your Earth systems that were made by what your scientists today would like to term primitive entities.

Yet through all of the scientific understanding, even in your so-called modern technology, they do not have the capacity to recreate what you have created in your past. What you have created in your past. It is not some entities that have existed in your past and then suddenly are gone. These are the same entities that exist on your Earth system in your so-called today. The same entities who have that knowledge in this incarnational period but choose, through their belief system and through their construction and maintenance of the veil, to limit that understanding.

Your entire vibrational level is an illusion. If you wish to believe that it is necessary to have a particular type of piece of equipment in order to harness energy then you can have that belief. Individuals in the Atlantean period had other techniques using various types of electricity and magnetics to alter the energy that they used and that you use in this particular incarnational period to create this illusionary reality. And they used that energy to, if you wish, nullify the effects of your gravity.

They understood that it was possible for them to project themselves to various areas of your Earth system by using the energy that exists within each and every atom of the entire universe in order to accomplish that feat. And so the energy is with them always. It was not an energy similar to what you use in this particular incarnational period where you must store it or carry

it—an energy that you believe can only come from the sun.

It begs the question, “Who creates the sun?” And if you have the capacity to create the sun then surely you have the capacity to tap into the very energy that you use to create your entire universe, your entire vibrational level. And you have the capacity to alter the simple little things such as gravity that have such a tremendous effect upon your entire universe and upon your entire functioning within your universe.

We would suggest that there are indeed entities existing in this incarnational period who existed in other areas of their incarnations who not only had access to that knowledge, but utilized it quite readily, to build what now seems to be incapable of your modern technology to reproduce.

Does that answer your question?

Questioner: I was reading a book that suggests that there are at least two kinds of games—finite and infinite games—and it says that in both finite and infinite games whoever must play, cannot play. Is that the same thing as saying that no one is a victim who is not willing to be a victim?

Joshiah: Once again, many of the belief systems within your vibrational level are very difficult to give accurate descriptions in terms of using some vocabulary for there are limitations within a vocabulary that attempt to express various concepts or ideas or emotions or feelings and they fall quite short. And the very terminology of being infinite versus finite, once again, gives that impression that there is a beginning and an end, that there is indeed the concept of time and space, which are illusions.

Now, individuals attempt to give explanations based around those concepts of time and space, and we many times giving you information do the same thing. We many times refer to your past when you don't really have a past, you exist in the now. But nonetheless, in order to accommodate your belief systems and your understandings, in order to operate within the limitations of a vocabulary, we use that terminology and attempt to give those explanations.

When individuals attempt to give explanations within your consciousness it becomes even more difficult for they believe that there is time and space, and their definitions are therefore based upon those concepts of time and space.

Now, to ask that you are playing a game and you can be either [a] finite or infinite portion of that play or involved in that game is to, once again, suggest that there is time. And there is not. You exist in the now. To suggest that someone using that particular terminology and applying it to the concept that one cannot be a victim or may choose to not be a victim is to again suggest that there is an influence outside of an

individual's choices that is creating the reality that they experience. It just does not happen. You create your reality through your belief systems.

Now, when an individual chooses to be a victim, once again, there are many entities who are quite willing to become involved in that reality creation process and to accommodate them in treating them like a victim. And many times individuals have difficulty altering that belief system because that belief system has been a belief they chose to bring into this incarnational period, a belief system that seemingly is beyond their capacity to alter. We say "seemingly" because you can always alter your belief systems. This illusionary reality that you exist in can be altered. Absolutely.

Now, when an individual chooses to be a victim this is not a finite or an infinite decision. It is not based on time. It is not a game. It is a belief system that an individual holds that influences their choices and decisions to create the reality that they experience. The key is to alter the belief. It is not suggesting for an instant that because you alter the belief and you end being a victim that the aggressor is suddenly going to end at being an aggressor. The aggressor may simply change. They may simply move into different relationships. They desire and believe that they are less than worthy. They lack self-love, if you wish, and in an attempt to prove that they are worthy they desire to be aggressors and they create that type of reality to support the beliefs that they hold.

When you alter your beliefs you alter your reality. An individual involved in any type of reality creation process can alter that reality. This is not a finite or infinite game that you are involved in. Absolutely not. You exist in the now. You create your reality based upon your belief. It is an illusionary reality and you can change it.

If you or any other individual involved in your reality creation process is involved in that aggressor/victim type of situation, regardless of which side they are involved in, they can change it. And once again, the key to change is to change the belief. And many times the key to changing the belief is to experience self-love consciously. To begin to believe consciously that you are, each of you, worthy individuals. That you are, each of you, individuals who only create your reality from a position of love. That you are individuals who can love yourself unconditionally. That you are an equal Piece of the One, no more and no less. And that you create your reality entirely. And if you wish to alter it, alter the belief. And if you wish to end being either an aggressor or a victim, learn to love yourself more, consciously.

You see, individuals who lack that deservability, individuals who seemingly lack direction, individuals who seemingly feel that they are victims, only carry that "poor me" syndrome in the conscious state. In the subconscious state you understand absolutely that you are a Piece of the One. In the subconscious state, in

that Piece of the One that you are, in that spark of consciousness that you are, in your altered states of consciousness when you are in your dream states, you are not a victim. You do not feel less than. You do not lack in feelings of deservability and trust. Absolutely not. You understand that you are an equal Piece of the One. You understand that you are a spark of consciousness that creates the reality that you experience and the only way you can create it is from a position of absolute and unconditional and complete love. And then you choose to hold the belief that when you step back into your consciousness you will pretend that you don't love yourself. You will pretend that you are not worthy. You will pretend that you do not deserve. You create the reality to support the belief that you hold. Absolutely.

If you wish to end being a victim or being an aggressor then the key is to love yourself. Love yourself and understand that you create the reality that you experience from a position of love. It is not a reality that has been imposed or inflicted upon anyone. It is a reality that comes from choices and belief systems. And it is a reality that you create entirely from a position of love. And it is an illusionary reality and you can bring that love into the illusion and you can love yourself.

When you love yourself you begin to experience those feelings of trust and deservability, and you begin as well to love others and others in turn begin to love you. And you find all types of various activities occurring in your reality that bring you the things that you desire. And those entities that you have difficulty with either cease to be involved in those difficult activities or choose to be involved in other relationships. And you end that feeling that comes from lack of self-love, from lack of deservability. And so the choice is yours.

This is not a game that is based upon finite or infinite actions, but rather, it is an illusion that is based upon belief systems. And it is your creation. The only way that you can change it is to accept responsibility for it. Understand that you create it from a position of love and begin to love yourself consciously. Love all of yourself consciously. And if there is a portion of yourself that you have difficulty loving, love it anyway and change it.

You can change who you are, absolutely. And when you change who you are, you will begin to reflect onto others that you like who you are. You will begin to reflect onto others that you are a deserving individual, and that love and deservability will be returned many times over.

Does that answer your question?

Questioner: Just a quick question. If everything is an illusion and we are pieces of, we're energy that is living in all these different illusions and all these different realities in the now—even crossing through to the death experience, that is another illusionary plane—I

want to know, I want to get out of the illusion. Where is it, where am I? Is there pieces of me or is my energy out of the illusion somewhere?

Joshiah: (*Chuckles*) You don't really want out of the illusion or you wouldn't be in the illusion.

(*Group laughter.*)

That is the irony, you see, because it is your choice to be in this illusion. This entire illusion is your creation through your choice. It is not an illusion that was created and you were somehow subjected to it in order to learn or to grow or as some type of punishment. Absolutely not. It is [an] illusion that you created. That you created for the purposes of experiencing feelings that are not possible for you to experience in other vibrational levels.

Questioner: Which are illusionary?

Joshiah: They are illusionary realities. The feelings are real. When all is said and done, once again, when you look into your so-called past you will remember by the feelings. It is the feelings that come forth. It is the feelings that trigger the memory. It is the feelings that are important. It is the feelings that you retain.

When we interact with you in this vibrational level we do so for the purposes of exchanging, if you wish, emotions and feelings. Many times Elias (*the channel*) is reduced to tears because of the emotions and feelings that we exchange, because of the feelings that he is experiencing of unconditional love. We have those feelings. We share those feelings quite willingly. And it is very difficult in our vibrational level to create realities that have the same intensity of feelings that you experience in your vibrational level where you believe, while you are in your conscious state, that this is real.

Questioner: But I don't understand why we keep coming back over, or doing it over and over and over. Once we experienced all the range of feelings, why do we want to feel them again and again and again and again? Why can't we just ...

Joshiah: You believe in a linear time frame. And the belief in that linear time frame gives you the illusion that you are creating over and over and over again, when in reality you exist in the now. That is a concept that is beyond description through the use of your vocabulary.

When you alter your consciousness, when you enter into a meditative state or into a dream state and you bring back various memories from that altered state of consciousness you can bring back a glimpse or a grasp of what it is to exist in the now. And indeed each of you, while you are in your conscious state, can recall and experience times, if you wish, when it seemed that you were completely oblivious to this illusion of time. It either passed very rapidly or stood absolutely still. It just did not exist. For time is an illusion, and when you were involved in those processes you were actually

closer to the truth in terms of your reality creation than you are when you are seemingly wide awake and conscious and aware of all of the happenings that are going on around you from a conscious position.

(*Tape ends.*) ♣