

JOSHIAH

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Joshiah: ... once again, express our greetings to each of you and to express as well our gratitude for your, once again, inviting us back into your vibrational level and offering us this opportunity to interact with each of you in your reality.

Now, we would ask, once again, as is our custom, for you to choose to thin the veil even further and to allow for other entities that would be with us on this afternoon to also have this opportunity to enter into your vibrational level and to interact with each of you, should you choose. And we would remind you that there exists the opportunity for you, once again, if you choose, to be involved in that silent communication and to interact with those other entities that would be with us on this afternoon. And once again, the choice is yours.

And we would ask for a moment's silence, if you please, and we would use that moment to, once again, adjust the energy and to fine-tune our connection.

(Pause)

Well, we thank you for that moment and, once again, express to you our gratitude for your creating these opportunities for us to interact and to share with you in your reality.

Now, you have created, once again, an energy within this sacred space where it is possible for you to alter your consciousness. Where it is possible for you to simply express the intent and to close your eyes and you will find that the energy and the accumulated intent of this group would assist you in that alteration of your consciousness, in entering into what many of you might refer to as a meditative state, and assist you in being involved in that silent communication. And as always, we would suggest to you that the information that you receive during that telepathic exchange with the other entities that are with us this afternoon many times is much more pertinent, much more accurate, and much more complete to your individual needs and desires and requests than what is the information that we express through our friend Elias (*the channel*.)

And so we would simply encourage you, if you choose, to become involved in that process, to close your eyes and to allow yourself to relax and to enjoy that interaction. And while you may not have total recall of the verbal exchange that we are presenting with you

this afternoon, nonetheless, you will absolutely retain that information as well, and benefit as well, if you wish, from both interactions.

Now, we have suggested to you many times, almost from the very beginning, that you are entering into a new age and into a new energy, that you as a human consciousness and as individuals as well have agreed and chosen to be involved in a transformation process of your entire vibrational level of the energy that composes your reality, that composes this entire universe that you exist in while you are in your conscious state. It is, once again, a human consciousness choice and an individual choice as well. It is not a choice that has been made by some individual or group of entities that exist outside of your vibrational level. Absolutely not. It is your choice and it is a choice that has not been influenced by others outside of your vibrational level.

So, you have chosen to alter your vibrational level—your reality, if you wish. Now, we have also told you many times that this existence that you experience in this reality is an illusion. And so it seems rather simple to alter an illusion, doesn't it? But actually you have set in place, as a human consciousness, some very strict rules and regulations that you might refer to as the laws of physics and you all agreed to exist and to operate within those limitations that are the result of those laws. And so it becomes very difficult for you either as an individual or as a human consciousness to simply change the physical makeup of your existence. We said difficult, not impossible. Now, as a human consciousness you have chosen to have that transformation occur and you are well along the way of completing that transformation. You are well along the way of involvement both as a human consciousness and as individuals who have chosen.

Now, it is a rather unique situation whereas—we have once again expressed to you before—there are those who have chosen not to consciously be involved in this new age transformation process and that's quite alright as well. You see, there is no judgment. There is not a right or a wrong, a good or an evil concept, but rather a choice to alter your reality and a choice to alter your participation in consciously creating your reality. It is an opportunity that you are creating through a human consciousness and, as well as, through an individual choice to have the capacity to create your reality

consciously. That conscious understanding of that which you now have and hold as an understanding within your subconscious—within what some of you may refer to as your inner self, or the Piece of the One, or the Piece of the God that you are, that spark of consciousness that you are that has the capacity to create.

And so you have, once again as a human consciousness and as individuals, chosen to enter into this new age and this new energy where you are altering that electromagnetic type of energy that composes your universe, composes your reality. And you are, as well, altering your capacity to create within this reality while you are in your conscious state. That is a choice that you have made.

Now, we would like to, once again, emphasize for those who seemingly are becoming involved in this movement, seemingly hearing this message in their conscious state for what they believe is the first time, that there is no right or wrong choice to make. But if you choose to be involved in this new age and new energy, or to remain in the old age and the old energy, [it] is your choice. There is absolutely no judgment other than the judgment that an individual would place upon themselves. This is not a right or a wrong. It is a choice to be involved in an alternate type of creation process in that you can do it consciously as opposed to subconsciously.

It is not that suddenly you are going to be able to create something that you couldn't create before. Absolutely not. For you see, you create your entire reality regardless of whether you are aware of that or not. It is an absolute that you are the creators of your reality, to choose to do it consciously and indeed give you insights into the understandings of who and what you truly are. And so should you or should you not choose to enter into this new age and this new energy does not make you any more or less of a person, does not make you more right or wrong. It is a personal choice.

Now, we would, once again, caution, however, that should you make the choice to step forward and to accept the responsibility consciously for your reality creation, that you cannot go back. You cannot return to a position where you no longer accept responsibility for the creation of your reality. We have suggested that to you before and we feel that it is time for those that are, once again, hearing what they believe is this message for the first time, to understand that concept that you cannot go back. You cannot return to a position of the old age and old energy.

It is like in your so-called past history where individuals who are in the conscious state held a belief that your Earth was flat. Well, was it flat? Well, that is difficult to prove because some other individuals began to hold the belief that the Earth was round. Your entire

existence is an illusion and so if you believe that the Earth is round then it is round.

Now, you as individuals can only comprehend and experience one portion—and a very small portion at that—of this Earth while you are in your conscious state, so how do you know that the Earth is round other than you hold a belief system and other than you can indeed put yourself in a position where you can step back from this tiny space that you are observing and you can observe your entire Earth as a whole and you can see that it is round ball, a round sphere, absolutely.

But now, once again, at one time your human consciousness and individuals in your human consciousness held the belief that the world was flat and other individuals decided that it was not flat. They held the belief that it was round and they set out to prove that that belief was true, that your Earth was round. And they accomplished that feat, absolutely. Now do you think for an instant that once they understood the true nature of the makeup of this Earth that you exist upon that they could have gone back to believing that it was flat? Absolutely not.

Many times they may have wished that the Earth was flat. Many times those individuals who were what you might refer to as early explorers may have wished that they could simply turn around and see the shore on this flat Earth and return home. Many times you can believe that those individuals wished that they had remained in that original belief system and stayed where they were. But they could not go back to that belief system even though they may have felt that they were stranded on the opposite of your round Earth, and they had absolutely no way to return, nonetheless, they could not alter what they now believed that the Earth was round. For they have proven it beyond a doubt within their mind. They had proven what [they] believed. And once again, when you hold a belief you create the circumstances to support the belief. Absolutely. And so those individuals could not return. They could not return to that point where they believed and held the belief that the Earth was flat. That was gone. It was shattered. No matter how much they desired to have it back it was not possible.

Well, similarly you are involved in a transformation into a new age and into a new energy, and when you begin to hold that belief that you create your reality and when you believe that transformation into the new age and into the new energy on your quest to have this reality creation process from the conscious state, you cannot go back.

Now, similarly to those early explorers who seemingly got lost in their transformation of your round world, there are individuals involved in this transformation into the new age and new energy who many times seemingly get lost. It is like a new exploration based upon a time frame that you, as a human consciousness, put into place. And many times

individuals get lost. They get glimpses about this reality creation process, they begin to understand that not only is it possible but that it is real, that they can consciously create their reality. They get indeed that understanding but the process, the methods, and the techniques are not perfected, once again, through individual choices. But nonetheless, although the methods and techniques are not refined to the point where one can instantly create the reality that they desire, or have an understanding that at least if they could not create it instantly, be absolutely sure that they can eventually get to where they want to go and do it in very rapid order or succession, if you wish.

Now you, as a human consciousness, existing in your universe have an absolute understanding of the makeup of your world. And you can accomplish now what for those early explorers was a very, very difficult operation—and that is you can now with confidence travel quite extensively through your entire Earth system. You not only believe and understand that your Earth is round but you also believe and understand that you have the capacity to get to almost any point that you wish to within your Earth systems. There are very few limitations placed upon you in terms of your ability to travel entirely throughout your Earth and do it at will.

Now, you may put financial limitations on, absolutely, but that does not limit your belief that you can do it. You may put relationship limitations on that prevents you from that type of traveling but, nonetheless, you still understand and believe that it is within your capacity to travel throughout your Earth system, throughout this round sphere that you exist on. So what was once a very, very strange and even dangerous exploration to discover the very makeup of this Earth that you exist on now, you take [it] to be almost as second nature. It is a given. You don't question it any more. It is so absolutely real that you don't even begin to doubt for an instant that you could travel anywhere within your Earth system and do it readily and do it relatively quickly in terms of comparison to the methods of transportation that were used by your ancestors, by the so-called early explorers.

And so similarly, you are now involved in an exploration into a new age and into a new energy. Similarly, you cannot give up the concept that you create your reality once you begin to understand and to appreciate and to practice and to perceive that you are creating your reality. You cannot go back. And similarly, through your belief in a linear time frame, through your desires to have an evolutionary process, through your desires to have some type of progression, you, in all probability, shall—very much like the early explorers—reach a point where you can look back onto this new age and new energy transformation period and understand that it is quite archaic in terms of the possibilities, the unlimited possibilities, that exist once you complete the transformation into the new age and into the new energy.

Once you develop the personal and individual methods and techniques that will work for each of you, once you establish the belief systems that are necessary for you to consciously create your reality, you shall look back and similarly wonder how on Earth you could almost be so inept at creating your reality in your so-called past.

But once again, once you make the choice you cannot return to a point where you no longer accept the responsibility for the creation of your reality. You cannot return to that point of the old age and the old energy. And we suggest this to you because, once again, it is your choice. It is your choice to enter into the new age and into the new energy or to remain in the old age and old energy if that is what you desire to do. It is your choice. But once you make the choice and once you begin to alter the very DNA that makes up your physical existence, once you begin to alter that electromagnetic type of energy that exists throughout your entire universe and indeed within each and every cell of your physical being, were you to try to reverse the process you would find it very difficult and in all likelihood you would develop different types of a disease. You would develop what we might refer to as less than desirable realities. For you may not hold the two conflicting belief systems. The one that you do not create your reality—the belief that there is indeed another entity or other entities that are responsible for your reality creation process that you are involved in—versus the belief system that you create it all. You cannot go back.

Now, for many this transformation into the new age and into the new energy is quite similar to those voyages that were made by your early explorers in which they got lost, in which they experienced all types of new and difficult realities that they seemingly had no control or understanding of. As you are involved in this transformation period there are many times where you shall have the opportunity to experience similar feelings of being lost, of wondering what on Earth you became involved in. And some have a tendency to withdraw. Some have a tendency to step back and say, "I wish I had never, ever become involved in this process." And you can, if you wish, at any time slow down and stop your progression into this new age and new energy. The choice is yours. You just cannot go back. You cannot give up what you understand and know to be true—and that is that you create your own reality. Even glimpses of it. Even little pieces of it. You cannot go back.

And so, individuals who feel that loss, who feel that they may have lost something because they now no longer have that other entity to fall back on, to blame everything on, who are still experiencing this rather less than desirable realities and feel that perhaps they are failing because, "Here we are, we accept this concept that we create our reality, but if that is the case then why on Earth are we creating these less than desirable realities? I wish that I had never heard of this concept."

Well, we would suggest that, once again, you are involved in a transformation process. You retain within you still, many of those old age and old energy belief systems and concepts through your choice, through your choice to be involved in a rather lengthy transformation process for the purposes of allowing you to gain the methods and techniques that are necessary while retaining this illusion that you are involved in some type of a real reality that is beyond your control.

And once again, we would suggest to you that the reason that you have put into place that time frame is so that you will choose to stay here once you get the understanding of who and what you truly are in your conscious state. For should you destroy the illusion instantly, there exists for you the very strong possibility that you would not stay, that you would simply leave this vibrational level, for the illusion would be removed and you would understand that your entire vibrational level is the result of your imagination. And it would lose its impact, it would lose its so-called reality, and you might just choose to leave.

Many individuals who have been involved in your vibrational level have come to the understanding that this is an illusionary reality. Now, that understanding may have come over a period of many incarnations and indeed come while they were active in their meditative states, in their dream states, or their in between incarnations states. It doesn't really matter. What matters is that at some level of their consciousness they got a grasp, an understanding, that this is an illusionary reality and they no longer choose to be involved. And so they leave. It is not that they accomplished some type of ascension. It is not that they have passed any lessons or not that they have indeed met all of the necessary criteria. Absolutely not.

These individuals may have been involved in what you, as individuals, may have termed as being horrendous existences within your vibrational level—what many within your vibrational level in their conscious state might term as being as an evil existence. But nonetheless, they determined that it was an illusion and they no longer desired to participate in the illusion and they left.

And you, as individuals, have the opportunity to do the same. And you, as individuals, in that portion of your consciousness that understands the reality creation process also realize that that possibility exists. That should you be instantly aware of the illusion while you are in your conscious state, you may choose to leave and thereby end the experiment, if you wish, thereby end your participation in this vibrational level. And at some level within your sub consciousness, that Piece of the One that you are, you have chosen to remain. And so you put in place a time frame for this transformation into the new [age] and into the new energy. And you have made it difficult. And you, once again, are like the individuals who were your early

explorers and there are times that you feel lost and you wonder why on Earth you even stepped onto this trip in the first place; why did you sign up when you could have stayed in that safe place, that familiar place, where you could blame everyone else and you didn't have to accept responsibility, where you could wallow in your self-pity and it was quite comfortable. However, you have made the choice.

If you wish to stop the transformation you can stop at any point. You simply just cannot go backwards. And we would suggest that even to stop can be very difficult because once you have begun the transformation and once you begin to get a glimpse of the possibilities, like the early explorers, while you may at times wish that you were back on that familiar shore, on that familiar turf, the unknown possibilities draw you to continue on your journey into this new age and into the new energy. And while you may choose to slow down or to stop or to terminate the transformation, many times you will find that is but a bump in the road. It is but, once again, your choice to extend the transformation feeling for the purposes of making it more feasible that you would choose to stay.

And so, once again, we would simply caution individuals who are wondering, who are perhaps hearing this or similar messages for the first time, that you understand you cannot go back. You cannot blame someone else once you accept the responsibility for your reality creation. You cannot for an instant feel that you are less than something else or someone else when you understand that you are an equal Piece of the One. And you cannot wallow in self-pity that you may be indeed failing in your so-called lessons to achieve immortality, when you understand that it is impossible for you to fail. You absolutely cannot fail. You can only create the illusion of failure but you cannot fail.

When you understand those three beliefs and when you begin to bring them into your manifestation then you cannot go back. You cannot call it a bad experiment and return, for you will actually alter the very physical makeup of your being. And to attempt to reverse it would result in a conflict of belief systems that will leave you what you might refer to as a very, very less than desirable reality. So you cannot go back.

Now, as you are involved in this transformation into the new age and into the new energy we have in the past spoken to you of an expansion of what we referred to as your heart chakra. We have suggested to you that your heart chakra was expanding to encompass the other chakras. We have given that to you because that is a belief that many of you wish to hold.

You see, you have within your societal belief systems those who would believe that you have various centers of energy concentrations within your physical being that they refer to as the chakras. And when the chakras are not balanced, when they are not in harmony, then you

can experience all types of difficulties in your reality, physical and mental difficulties in your reality.

Well, we have suggested to you that there is but one energy source that exists throughout your entire being and that is the spark of consciousness that you are that has the capacity to create your reality. It exists within each and every cell of your being. When you believe that you have heart chakras and spiritual chakras and throat chakras and all of the other chakras you begin to put in place concepts that give you reasons why your reality is not going very well. "Well this chakra or that chakra must be out of balance." And you can hold that belief, absolutely, and you can create the realities to support that belief and you can go to all types of therapists who will balance your chakras, and you can feel all of the benefits that come into your physical being from now having your entire chakras in balance.

And so along you go and you can feel the joy of having these chakras balanced, but then suddenly you run into a situation you have created based upon a belief system that has absolutely nothing to do with your chakras, and you experience what you might refer to as a less than desirable reality and the first thing that enters your mind is, "Well, my chakras must be getting out of balance again." You see, you have something to blame it on. You have this entire system of energy within your body that you somehow don't have control over and it can get out of balance and can cause you all types of difficulties.

And so you, as individuals, hold that belief. And because you hold the belief you can create the reality to support the belief. Absolutely. And you can go to another individual who holds the same beliefs and they can actually balance your chakras and they can actually sense those energy positions—those energy points, if you wish—because you see, you both believe. And you can create that reality if that is what you believe.

The key to your reality creation process is to understand it is all an illusion. You can create whatever it is that you desire. And if you wish to have chakra systems you can have them. But understand that when you hold within your belief systems the belief that if your chakras are out of balance that your whole world is going to go unbalanced and that your whole physical makeup would suffer from it, that you will create the realities to support that belief. Absolutely. And if that is what you want, you can have it.

Once again, there is absolutely no judgment in what is right or wrong. But we would suggest—and we make very few suggestions for what you should or should not do—but we would suggest that it could be more beneficial for you to understand that that energy that is responsible for the reality that you are creating and experience exists within each and every cell of your being. It is not split up. It doesn't get out of balance. You cannot be separated from who and what you are.

You exist in an illusionary reality while you are in your conscious state in this vibrational level. It is all an illusion. You can have whatever it is that you desire. Absolutely. No exception. No limitations other than the limitations that you place upon yourselves. And when you hold a belief system that you have energies—spheres, if you wish—energy spots throughout your body that can get out of balance and cause you all kinds of difficulty, you will create the reality to support that belief. It is an illusion.

You are a Piece of the One. That spark of consciousness that you are exists within each and every cell of your physical being. It is not separate from you. You can't lose it. You don't have to search for it. Just accept it.

If you, as individuals, are involved in certain realities that you find less than desirable the reason is because of the choices and decisions that you have made because of the belief systems that you hold. Now, in the old age and in the old energy many of those belief systems were belief systems that you brought into this particular incarnational period, which you chose to experience in this illusionary linear time frame. And they were belief systems that predetermined, to a certain extent, many of the realities that you would experience while in an incarnational period. In this new age and new energy you have the capacity to allow those belief systems to fall away.

You see, it is not so much that you change your reality, as it is so much that you change the perception of your reality. It is not so much that you change the interactions in your day-to-day activities but, rather, you change the influence that those interactions have upon you based upon the belief systems that you hold. What can be a stressful situation for one can be a very enjoyable situation for another based upon their belief system.

Now you, as individuals involved in your conscious state, still desire to have physical and scientific proof and so you create the reality to support those beliefs and those desires. And you will find as your so-called scientists continue this study of this transformation they begin to see these what we have referred to as these new age individuals—what some have referred to as the indigo children—as your scientists begin to study these children and these individuals who are involved in this transformation process, they will find that there are actually alterations in the DNA.

Your scientists, as they continue this exploration, shall find that not only is there within your DNA makeup the imprint of the possibilities of your reality experience with regards to your physical capacities within this incarnational period, but surrounding that DNA is an energy and the fluctuation in that energy can trigger the response and the activities of the DNA to bring into your reality the certain experience of disease, for example. And the trigger of that DNA based upon the

alteration of the energy surrounding that DNA can actually be caused and be reflected in your attitudes, in your beliefs, in your interactions, and your reactions to your day-to-day activities.

Your scientists, once again, who desire to have that proof, shall discover that for individuals involved in the new age and new energy movement and for those individuals that we would refer to as the new children—sometimes referred to as the indigo children—shall have the capacity to alter the actual DNA. And your scientists shall have the capacity and the ability to actually observe and record those alterations in the DNA and to prove that your attitudes and your beliefs and your choices and your decisions do have an absolute impact and influence upon the reality that you experience.

You see, you exist in an illusion. You can create whatever it is that you desire and there are no limitations other than your imagination, including your capacity to prove that you can alter your DNA and you can actually alter your reality consciously.

Now, we would break for a moment or two and if you have any questions for us we would be willing to attempt to answer them for you. And we would remind you, once again, that we are not separated by time or space but rather by a vibrational level and you have but to express the intent and we would be with you always.

Now, we would leave you now for a moment or two, with love and with peace.

(There was no Q and A session recorded.) ❀