

# JOSHIAH

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*Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.*

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**Joshiah:** Once again, allow us to express our greetings to each of you and as well to express to you our gratitude for your, once again, inviting us back into your vibrational level and offering us this opportunity to interact with you and to share with you in your reality.

Now, we would ask you, once again, as is our custom, should you choose to allow for a further thinning of the veil to allow for the other entities that would be with us on this afternoon to also have that opportunity to enter into your vibrational level and the opportunity to interact with each of you in your reality.

Now, we would ask for a brief moment in which we would adjust the energy within this sacred space that you have created and to allow for the other entities that would be with us to assemble. And if you would allow us that moment we would also use it to fine-tune our connection with our friend Elias (*the channel*).

*(Pause)*

Well now, we thank you for that moment and again express our gratitude to each of you for allowing us this opportunity, for creating this sacred space.

Now, we would remind you, once again, that should you choose to become involved in what we refer to as the silent communication, a telepathic exchange of information, that that opportunity exists for each of you. You have but to express the intent. And many times that information that you feel and you are involved in, that telepathic exchange of information is much more pertinent, much more accurate, than the information which we express through this rather limited use of the vocabulary and through our friend Elias.

And so, we would encourage you, if you choose, to allow your consciousness to shift and you will find, once again, in this energy that you have created that there exists the possibility for you to alter your consciousness relatively easily. You have but to express the intent. If you would but close your eyes and allow for that shift to occur and to express the intent to have that interaction, there are those entities that would welcome the opportunity to interact with you, to share with you, to bring into your consciousness that information that you desire, that you hold within each of you. And so, the choice is yours and the opportunity exists for each of you. You have but to express the

intent and we would assist you in that alteration of consciousness and in that transference of information.

Now, so many that are involved in this so-called new age movement are attempting to become connected with their spirituality. You hear the phrase many times that you wish to combine the spiritual and the mental and the physical, that you wish to bring them all into some type of harmony.

You have many individuals express the desire to find their spirituality like it is something that is separate from them. Something that they are out of touch with. Something that they have lost. And you hear individuals becoming involved in all types of practices in the attempt to connect with that spirituality, in that attempt to bring that spirituality in balance with their physical and mental being. And there are even those who would attempt to conduct that spirituality like it is something that they don't really own, like the spirituality that they would like to contact with and to bring into their physical and mental being is a spirituality that is not really theirs—the spirituality of some other entity that they would wish to adapt as their own.

Well, you can, if you hold that belief, create realities to support the fact that you are somehow separated from your spirituality. You can, if you desire to hold the belief and make the choices and decisions, create the realities that support the belief that the spirituality that can do you the most benefit is a spirituality that doesn't even belong to yourselves. You can do all that if that is what you desire and if that is what you believe. The choice is yours.

You see, you exist in a reality that is your creation and it is an illusionary reality and you can have whatever it is that you desire. And if that is what you desire, then that is your choice. You can have it, absolutely. We aren't suggesting for an instant that you can't hold that belief and that you cannot create that reality. The choice is yours. However, we would remind you that you exist in an illusionary reality that is your creation.

You see, while you are in your conscious state you have created an energy—which we refer to as an electromagnetic type of energy—that separates your conscious understanding and ego from recognizing who and what you truly are, from recognizing that you are indeed a Piece of the One, that you are a Piece of the God, if you wish to use that terminology. No more

and no less than any other Piece of the One. That is who and what you truly are. You cannot become separated from that. It exists in each and every cell of your entire being.

And so, to suggest that you must find your spirituality, that you have somehow lost it, from our position—from our vantage point, if you wish—becomes a rather ludicrous statement or suggestion. It is like taking your right hand and placing it behind your back and saying, “Well now, I have lost my right hand. I wonder where it is? I wonder what I can do to find it?” And ironically, if you wish to hold that belief that you don’t have it, you can hide it quite well and you can create that illusion. You can indeed, if you wish, create any type of illusion and make it real in your mind, including the illusion that you are somehow separated from your spirituality. You just can’t really be separated.

Once again, from your conscious perspective, you have a tendency to get it backwards. You have a tendency to believe that while you are in your conscious state that that is the real thing, that that is all that there really is. “Oh, perchance I might somewhere have this spark of consciousness, which you may refer to as a soul or a spirituality or whatever terminology you would wish to apply to the Piece of the One that you are. Yeah, somewhere I have it. That is a good concept. That is a nice idea.” But when you are in your conscious state, because of that electromagnetic system, that electromagnetic energy that you have created, you find it difficult to really, really, truly get a grasp on that understanding of who and what you truly are. And you feel somehow that you are separated from your spirituality.

You feel somehow that your spirituality may not even exist, that it might be an illusionary, an imaginary concept, it is not even real. And yet you keep getting glimpses. You have been getting all of these intuitive suggestions that seem to come from somewhere that is not really within your conscious thought process and it tends to give little inklings of credibility towards this theory that you have a soul, that you have spirituality, that you are a spark of consciousness.

Well, as we have suggested once again, you have got it backwards. You see, you cannot become separated from your spirituality any more than by putting your right hand behind your back you can become separated [from] your right hand. It just does not occur. You can, however, become separated from your physical being. And that is the irony. That it is the other way around. You have got it backwards.

You cannot lose your spirituality. It is who and what you truly are. And when you choose to end this incarnational period, it is not your spirituality that you will become separated from. It is your physical being that you will become separated from. You cannot, absolutely cannot become separated from who and what you truly are.

When you enter into your day-to-day activities in your conscious state you put in place that electromagnetic type of energy that limits your consciousness from comprehending who and what you truly are, and you do that for the purposes of making this illusionary reality seem real. You do that for the purposes of putting in place circumstances that you believe are beyond your control so that they can be real, so that you can experience the feelings that are associated with those circumstances. And you put in place that electromagnetic type of energy that gives you the illusion that you are separated from your spirituality. And it just isn’t so. You cannot become separated from your spirituality. It is who and what you truly are. It is not something that you go in search of. It exists within you.

Now, there are many who, while in the conscious state, do not wish to believe that they have that connection to their spirituality. And that is your choice. Once again, if that is what you wish to believe then that is your choice and you can create the realities that support that belief while you are in your conscious state in this illusionary reality. Once again, the only limitation to the creation of your reality is your imagination. And if that is what you wish to imagine then you can have it, absolutely. There is no judgment. There is no right or wrong, except that you create the right or wrong belief systems. And so, if that is what you wish to have, you can have it. Absolutely.

And then you can go through all types of techniques and methods as you attempt to come in contact with your spirituality. If that is what you wish to do, you can do that. It is actually quite easy to come in contact with your spirituality. You just lay down and shift your consciousness and you will be in contact with your spirituality. Once again, however, many who do not believe that it is that easy will come up with all kinds of reasons to suggest that it doesn’t happen to them. They come in contact with all of their incarnations and all of their other experiences and they will suggest to you, “Well, that is not real, that is just my imagination.”

Well, guess what? The illusion you are existing in right now is not real, it is just your imagination. The real realities exist while you are in your altered states of consciousness. And as you continue this transference into the new age and into the new energy you will create these circumstances where it is possible to bring more of that real reality into this illusionary reality that you exist in in your conscious state.

Now, there are many who are on that quest to connect with their spirituality who, once again, in their conscious state lack the feelings of self-love and all of the other emotions that are involved with and evolve around that sense of worth, that sense of deservability, that feeling that comes and is associated with love. And those individuals, in their attempt to connect with their spirituality, believe that there are other spirits who are

in control of this reality that you are experiencing, and they attempt to connect with that spirit. They believe that if they can give their entire will over to that other spirit that is somehow in control of this reality, that in return they will be granted all that they deserve, desire or require to exist in your illusionary reality.

You can create that reality if that is what you believe. That is entirely up to you. And we are not suggesting for an instant that it is right or wrong. We would, however, suggest that it has limitations. And right or wrong is not based on a limitation. And the limitation is that when you hold the belief that another individual or another spirit, another personality—whatever term you wish to use—has the capacity to influence and create your reality for you, then you create realities to support that belief and you create realities to prove that you are not in control. And you create realities to support the belief that someone else has the ability to influence and create your reality for you, and you create a reality out of what we term as default. You create realities that support that belief that you are not in control.

Now, there are many who are experiencing some type of hardship—what you would refer to as undesirable realities, absolutely. You have at this instant many individuals in various parts of your Earth system that are experiencing all types of what you would refer to as horrendous realities. There is indeed the belief that this is, for many, an absolutely horrific time to exist on your Earth. It is rather ironic that it is absolutely no more difficult in this time than it has been in your so-called past. You simply have the technology at this time to bring into your consciousness understanding a very descriptive and accurate display of the circumstances that are occurring for other individuals.

We would suggest to you that there are areas throughout your Earth systems that in very recent history have been involved in much more horrendous types of activities. But because of the lack of publicity they did not receive the same amount of interest. They did not receive the same amount of concern that is being expressed at this time over the other so-called horrendous acts that are occurring.

However, it is, once again, important to understand that individuals involved in activities create the realities that they desire based upon the belief systems that they hold. And individuals involved in those activities do so out of consensus. You cannot become involved in any experience in your conscious state in this vibrational level without your consent at some level. You create your realities.

Now, when you believe that you do not create your reality, when you believe that there is another spirit or entities existing either withinside or outside of your vibrational level that have that capacity to influence and create your reality, then you create realities to support that belief. And when you create that reality to support that belief, then you lose the control of your conscious

creation of your reality. You begin to believe, and to have all types of reality to support the belief, that you are not in control. You become involved in all types of these so-called less than desirable realities.

And as you hold that belief that others have the capacity to influence your reality and as you hold that belief that there are entities existing outside of your vibrational level that somehow have the capacity to influence your vibrational level then you surrender your power and, once again, create the realities to support the belief. Not only do you surrender your power and not only do you begin to experience these illusionary realities that support that belief, but even worse yet, you begin to believe that if that is the case then maybe you are not such a worthy individual.

You begin to believe that if you can create these illusionary realities and you don't feel that you have control over it, then perhaps you don't really love yourself. You begin to believe that you do not deserve to have the type of reality that you would wish for. And when you hold that belief, you create the reality to support the belief.

You begin to believe that it is not possible for you to create the alternative to the experiences that you are creating and you begin to lose that feeling of self-love. It becomes very difficult for you to look in the mirror and to love that individual that you see. It becomes very difficult for you to continuously express that love for others. And it becomes very easy for you to become judgmental—"You see, you are not in control. It is that other individual. It is that other individual that is messing up my reality and I don't like it. And I don't like them." And when you hold that belief, you create the reality to support the belief and you choose to become involved in the victim syndrome.

That is your choice. Absolutely. And we would suggest to you that for every individual who desires to be involved in an illusionary reality where they believe that there are others who are creating and influencing their reality, there are just as many who are willing to jump right in there with you and create realities to assist you in supporting your belief systems. Understand that it is, once again, a mutual consent.

You see, we have given you but three absolutes, and we have said it so many times that you all know it off by heart now. You are a Piece of the One. That spirituality that you search for, that spirituality that so many would believe exists not only outside themselves, but even outside of your vibrational level, is actually who and what you truly are. You cannot become separated from your spirituality.

Your physical and mental and spiritual cannot be separated while you are in your conscious state in this vibrational level in this incarnational period. The only way that you can separate them is for you to leave this vibrational level, and then it is not your spirituality that

you search for but it is the physical that you leave behind. You cannot become separated from your spirituality. It is who and what you truly are. You are a Piece of the One. You are a spark of consciousness.

The second absolute that we have told you so many times is that you create your reality. You can create it in whatever manner that you desire. If you wish to believe that there are others who are creating your reality for you, then you can create that reality. You can create the circumstances to support the belief, absolutely. If you wish to believe that there are other entire groups of people who hate you, then you can create that reality, absolutely. If you wish to believe that there are inferior individuals existing within your vibrational level, then there are many who would step into that position of inferiority and assist you in creating that circumstance as well.

You create your reality. Each individual existing within your vibrational level creates their individual and personal realities. There are absolutely no exceptions. That's it. That is the key to understand that you create it all. You not only create the minor little idiosyncrasies that occur within your day-to-day activities, you create your entire vibrational level. All of it. Each and every atom that exists within your so-called illusionary reality within your universe are your creation. You create it all.

And you cannot fail. You cannot fail to at some time return to the understanding of who and what you truly are. You cannot fail to at some time leave this illusionary reality that you exist in in your conscious state and come to the full understanding of who and what you truly are. And when you reach that point of understanding you will have with you the capacity to retain and to recall and to reexperience, if you desire, each and every instant that you have created and experienced in your conscious state through all of your vibrational levels, through all of your incarnational periods.

You cannot fail. You are not separated from your spirituality. It is who and what you truly are. To bring your consciousness state into your subconsciousness state, and vice versa—to bring your subconsciousness state into your conscious state—is an accomplishment that is well within your capabilities. To connect with your spirituality from your conscious state is entirely within your capabilities.

You are now entering into the final stages of the transformation into your new age and new energy and it is becoming much easier, if you wish to use that terminology, it is becoming much more feasible for you to hold the belief that you can bring your spirituality into your conscious state and you can, in your conscious state, create your reality. You, as individuals, are not separated from who and what you truly are. You are not separate from your spirituality. There is no other spirituality existing outside of your vibrational level that creates your reality for you. Absolutely not.

When you, as individuals, begin to accept the fact and to understand in your conscious state that each individual is responsible for the creation of their reality, when you begin to understand that you as an individual are absolutely responsible for the creation of your reality, do you believe at that point that you would use that understanding to influence others' realities? Do you believe if you as an individual had the capacity to create realities for yourself and you understood the reality creation process and you understood that through holding certain beliefs and making certain choices and decisions that you could create whatever it is that you desire, would you use that particular understanding, that particular reality creation process to create for others? Would you impose your will upon others?

When you brought into your consciousness the understanding that you can only create from a position of love, ask yourself that question—would you assume even for an instant to believe that you knew what was right for each and every other individual existing within your vibrational level? When you understand that you are an equal Piece of the One, that there is absolutely no other spark of consciousness that is any greater or any less than what you are, then it should follow for you to reason that there is absolutely no other spark of consciousness or spirituality that has any desire to create your reality for you. There is not some spirit existing outside your vibrational level that has any desire at all to take on that responsibility of creating your reality for you. You create it all. You, as individuals, create your reality. Absolutely.

You are involved in a reality creation process in a vibrational level where all of the individuals who have agreed to enter into your vibrational level have agreed to various consensus belief systems to establish a universe that you can exist in, to support an illusionary reality that can seem very real. Then you have beyond the human consciousness concept and belief systems what we refer to as the societal belief systems and then the individual belief systems. But they all, each and every one of them, are based upon the concept that it is your free choice to be involved, and you can leave whenever you desire.

There is absolutely no separation from your spirituality. There is absolutely no lesson that you must learn. There is absolutely no individual existing outside of your vibrational level that holds you here. It is your choice. It is your reality. It is your belief systems. And you can change it, and you can be and do whatever it is that you desire. The choice is yours. It is your reality.

You cannot be separated from your spirituality. And you cannot assume that you have the capacity to create for others or that others have the capacity to create for you. It just doesn't work that way. You are a Piece of the One. You create your reality. And you cannot fail. All the rest is up for grabs.

When you see individuals involved in what seem to be less than desirable reality creations, understand that that is their choice. If you wish to hold the same beliefs that you are involved in that reality, that is your choice as well. You can step right in. No one is going to judge you and say that it is right or wrong. That is your choice. But understand that it is your choice. For only when you understand that it is your choice can you make the choice to not be involved. Only when you understand that you are in absolute control of your reality can you control and create the absolute reality that you would desire.

We are not suggesting for an instant that you don't love others and that you don't feel some type of compassion for those who are involved in realities that they find less than desirable, but rather to understand that it is their choice to be involved. It is your choice if you wish to jump in. But you cannot create for them. You cannot have anyone else create for you.

Now, we would break for a moment or two and if you have any questions we would be more than willing to attempt to answer them for you. And we would remind you. once again. that we do not leave, we are not separated by time or space but rather by a vibrational level, and should you wish to interact with us you have but to express the intent and we welcome those opportunities to interact with each of you. And we willingly offer to you our unending support and our unconditional love.

Now, we would leave you for a moment or two and if you desire we would return to answer questions. And we leave you with love and with peace. ✨