

# JOSHIAH

www.joshiah.com

*Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.*

**May 4, 2002**

## **Wood Acres, Moose Jaw**

**Joshiah:** ... a pleasure for us to have this opportunity to enter into and have the opportunity to interact in your vibrational level and in your reality. And we would like to express our greetings to each of you, and to express our gratitude for your offering us this opportunity.

Now, we customarily ask that if you choose to open that area that we refer to as your heart chakra and to allow for a further thinning of the veil, to allow for the intent to adjust the electromagnetic energy that you hold in place that prevents outside entities from entering into and from having the opportunity to share in your reality, to thin that veil and to alter that electromagnetic type of energy. Now, that is your choice. As always, we do not in any way attempt to have you interact in a way that you do not choose or that you are not comfortable with. So now, again, we would ask, if you choose, to open that area of your heart chakra and to express the intent to allow for a further thinning of the veil so that other entities that may wish to interact with each of you may have that opportunity to enter into your vibrational level and to share and indeed to learn from each of you.

We would ask as well for a brief moment's silence, and we would use that moment to adjust the energy within this sacred space that you have created, and as well to fine-tune and adjust our connection with our friend Elias (*the channel*).

*(Pause)*

Well now, thank you for allowing us that moment and for expressing that intent to further thin the veil.

When we are interacting with you on these so-called channelings that you are experiencing, we—as a multidimensional personality, and indeed as the other entities that are with us this evening—offer to each of you the opportunity to interact at what we call the silent communication, a telepathic exchange of information, so to speak, that is possible for each of you to participate in and to enjoy, if you wish. A telepathic exchange of information that is much more pertinent and many times much more accurate in terms of giving to you the message and the information that you desire to receive rather than hearing the words that we speak through our friend.

For you see, words are rather limiting. There is a vocabulary that must be taken into account. We interact through our friend through a series of vibrations, a series of emotions, and a series of feelings. And many times the interpretation is not absolutely accurate. Many times there simply are not words in your vocabulary that can adequately express the message that we are attempting to relay to each of you. However, should you choose to interact in that silent communication, in that telepathic exchange of information, then we assure you that that exchange of information is much more complete, and many times it is much more pertinent than the message that we express through our friend. And in order for you to participate in that communication, you have but to express the intent. You would find that because of the energy that you have created within this sacred space, that should you choose to close your eyes and to allow your consciousness to shift ever so slightly, that it would be very easy for you to enter into what you would refer to as a meditative state, to that altered state of consciousness that would allow you to have that silent communication, that telepathic exchange of information. The opportunity exists for each of you. It is your choice.

Now, we have a very simple and basic message. And it is not a new message at all. It is a message that you have been hearing through your entire incarnational series of lifetimes. It is a message that has indeed been presented through what you would call the prophets. It is a message that has been handed down, so to speak, from the times of the Atlantean periods through the pre-Egyptian, the Egyptian periods, and into the Christianity periods, and right up to your present time. A message which is very simple. A message which you, as individuals, have desired to bring into your consciousness from the time that you left the Lemurian periods and began this process of creating this reality that you exist in. And it is a very simple message, and we will briefly touch on it before we get onto the main topic that we would like to discuss with you this evening.

You create your reality. You know that seems like such a simple and easy phrase: "You create your reality." And for many within your incarnational period, they would agree that there are indeed areas and circumstances within your day-to-day activities that you are responsible for, that you do create. But we are not

just suggesting that you create those little minute areas where you feel that you have control. What we are suggesting is that you create all that you perceive. You are multidimensional personalities that create the reality that you exist in. You create it all. Absolutely. Each and every minute detail of this reality that you experience while you are in your consciousness state, it is your creation.

You see, this reality that you experience while you are in your consciousness state is an illusionary reality. It is an illusionary reality that you give legitimacy to by belief systems that you hold. And you, through your belief systems, through your choices, create this reality. Absolutely. That is one of the three truths that we would suggest that you brought with you when you created this vibrational level, when you set in place the circumstances that allowed you to create while you were in the consciousness state, while at the same time limiting your understanding of who and what you truly are.

For you see, the second truth is that you are, each of you, a Piece of the One. You are, for lack of a better term, a Piece of God. You are an equal part of all of the consciousness that is responsible for all of the creations in all of the vibrational levels. There is no greater or lesser Piece of God than what each of you are. You are a Piece of the One. You are a spark of consciousness that has absolutely no dimension. And you are indeed creators of all that you perceive. You are the God that you search for.

The third truism that you cannot alter is that you cannot fail. You see, when you came into this vibrational level and when you created this reality you are experiencing, you put in place an electromagnetic type of energy that limits interference from entities that exist outside of your vibrational level. You also created circumstances that limit your understanding of who and what you are while you are in your consciousness state. But you also put in place this understanding, this agreement, that you cannot fail. You cannot fail to return to the understanding of who and what you truly are. You cannot fail to at some time return to a vibrational level that is similar to, or is the same one, that you came from before you entered into and created this vibrational level that you are experiencing at this time. You cannot fail. There is absolutely no doubt that you will return to the understanding of who and what you truly are. It is a given. It is an absolute. You can bank on it. You can put it in the back of your mind and forget about it. It is one of those truisms that you cannot change.

So, there are three very simple truths that we would have you understand. First of all, you are a Piece of God. Secondly, you are the creators of all that you perceive. And thirdly, you cannot fail. Those three simple truths are absolutes. From there on, everything else is up for grabs.

You see, you create this reality. We are not just suggesting that you create a small part of this reality that you experience, but rather you create all that you can perceive. You create it in conjunction with the other entities that are involved in this creation process in your vibrational level. You have in place agreements, so to speak—what we refer to as the human consciousness belief systems—that govern what you would refer to as your physical laws, and you agree to them as a human consciousness. You also have your much more society-type belief systems and agreements that allow you to function within the society and allow the society to create and to agree on various things. Then you have the individual belief systems that allow you to perceive in different manners what it is that you are creating, and to create those individual day-to-day activities that you are experiencing and that you are involved in. And you create it all. Absolutely.

You create it based upon your belief systems. You create it based upon your choices and your decisions. You create it based upon the attitudes that you hold. You see, you are creators. Absolutely. And whether or not you choose to consciously believe it, you do create your reality. There are those who choose not to consciously believe that they create their reality. They choose to believe that there are other entities existing outside of your vibrational level that somehow have the capacity to interfere and to create for you; and we are suggesting that it is not that way at all.

If you wish to hold that belief, then you can create the circumstances that support that type of belief, absolutely. You see, this reality that you experience is illusionary. There are no limitations to the reality you can create and experience other than those that you place upon yourselves. The only limitation to the creation of the reality you experience is your imagination. You, as individuals, create your reality. If you choose not to believe that, it doesn't really matter—you see, you do create your reality that supports that belief that you are not responsible, and you have all types of occurrences within your day-to-day activities that support that belief.

But you see, there is a problem with that type of a belief system. And the problem with that type of a belief system is that it does not allow you to alter your reality. You cannot have what you really desire because as soon as you begin to create what it is that you really desire, then along comes this so-called outside influence that you believe in that proves to you it exists by destroying this reality. Even though it doesn't exist, you—as individuals who hold that belief system—create the circumstances to support the belief. And it is all illusionary. You can create whatever it is that you desire. Once again, there are but three things that you cannot change, and we won't repeat them as you already know what they are.

Now, you create from the belief systems. It is such an easy phrase to say that, "You create your reality and that you do it from your beliefs." And so one begins to think, "Well, if I could just change this belief or this belief, then I could change my whole reality." And you can, absolutely. However, many times there are a multitude of beliefs that are involved in presenting in a certain reality creation process, and so we refer to belief systems. And many times it becomes very difficult for you to determine what beliefs you hold that are causing difficulties in your reality or that are supporting the reality that you desire.

You see, you can either change your beliefs or you can reinforce them. The choice is yours. And as you change your beliefs, and as you change your choices and decisions, you change your reality, absolutely guaranteed. However, there is usually not just one belief that is involved in your reality creation process, but rather a multitude of beliefs in a belief system.

We will use an analogy, and analogies are poor at best, for analogies always leave people to draw their own conclusions. And when people draw their own conclusions, many times those conclusions are drawn and based upon their beliefs, as opposed to based upon an accurate interpretation of the analogy. However, sometimes analogies can be beneficial. They can help to put across the point.

You understand that this reality that you are experiencing, this physical reality that you experience in your consciousness, is made up of very small particles. You can take any item within your physical reality and break it down. You can break it down into cells and you can break it down into molecules and you can break it down into atoms. And when you get it all broken down into atoms, there are similarities in those atoms. There are differences in the protons and the neutrons and the electrical charges in those atoms, but, nonetheless, the basic physical makeup is very similar; and it is a combination of these atoms that begin to form the molecules, that begin to give different textures and different credibilities to various features within your physical reality. And yet you understand when you look at the chair that you are sitting on, for example, that it is composed of millions of these atoms that are formed together to create what seems to be a very solid and a very unbreakable object in your conscious reality. Yet you know that is based upon the combination of many small atoms.

Similarly, the reality that you experience and create through belief systems has within it a multitude of beliefs. It is the combination of the beliefs that create the reality that you are experiencing. Beliefs that are held as a human consciousness belief system; beliefs that are held as a society belief system; even beliefs that are held in conjunction with small groups such as the ones that are gathered here this evening; and beliefs that are held by individuals. And many times

through this multitude of belief systems that are all combining to create your reality, it is difficult to pick out the ones that are having the influence upon your reality that you would desire to change or that you would desire to reinforce, whichever it may be. Because of all of that combination of belief systems, it becomes difficult to get a grasp of them and an understanding of them.

It becomes even more difficult in what we term the old age and old energy, where belief systems were, and for many still are, being influenced by other incarnational periods. You see, it becomes very difficult to give you an explanation of other incarnational periods and how they can influence this incarnational period that you are presently experiencing in your consciousness, and of how this incarnational period also influences all of the other incarnational periods.

You are a multidimensional personality. You are so much more than you can even imagine to perceive yourselves to be. And you exist in the now. While you are in your consciousness state you believe that there is a beginning and an end. You believe in a linear time frame. You believe that there is a past and a present and a future. And it is the belief in a linear time frame that helps to lend legitimacy to this reality you are experiencing. You also believe that there is space. You believe that there is indeed a distance between one point and another and it supports that linear time frame. The two go hand in hand.

Well, we would suggest that you do exist in the now. Your other incarnational periods are occurring simultaneously. They exist in the now. And when you, as individuals within this vibrational level, choose to exist in what we term the old age and the old energy, you have come into this particular incarnational period with the agreement that you would bring in belief systems from those other incarnational periods that would have an influence upon this incarnational period.

Now, some of your new-age entities, so to speak, have understood that this process takes place. However, they have felt that it occurs in a linear time frame, and they look at those other incarnational periods as past lifetimes and that somehow your past lifetimes can influence this lifetime and there is nothing you can do about it to alter it. And if you have held that belief, then you will create the reality to support it. Absolutely. But what we are suggesting is that you, as individuals and as a human consciousness, have agreed to enter into what we refer to as the new age and the new energy. You, as individuals and as a human consciousness, have actually begun and are well past the half-way point of transferring the very energy that makes up each and every molecule within your vibrational level. And in this new age and in this new energy, you, once again, as a human consciousness, have agreed that you shall have the capacity to allow for the belief system of "other incarnations have influence upon this

one that you have no control over” to fall away. In other words, should you make the choice, you have the capacity to alter that belief system and to no longer be influenced by other belief systems that exist outside of this particular incarnational period.

Now, that doesn't seem like too much of a statement. However, many of you experience day-to-day activities that you are involved in and many times don't feel that you are in control of. There will be an event happen, and you will respond in a way that seems absolutely foreign and strange to you. You will wonder, “Now, where on Earth did that feeling come from? I didn't know that that is how I felt. I didn't know that that is how I would react. I didn't believe that that is how I would react.” We are suggesting that many times that reaction is as a result of belief systems from your other incarnational periods having an influence upon this one. And those particular belief systems are very difficult for you to put your finger on, to change, to alter, so that you can alter that experience—or if you find it to be a pleasant experience, to reinforce the belief system.

In this new age and in this new energy, should you make the choice to begin that transference to allow for your subconsciousness, higher self, to rise up to the surface and have an influence upon your conscious state, then you shall have the capacity to understand what those belief systems are while you are in the conscious state, and if you desire, you can alter them. You can change them, and you can change your reality.

Within your incarnational period, at this time—and we use that term lightly, “at this time”—there are individuals who are actually altering the very DNA of their physical makeup. Individuals who are understanding that they have that capacity to interact with their higher self, with their subconsciousness, with the Piece of God that they are—whatever terminology you desire to use to express that Piece of the One that you are. And those individuals that are learning to interact with that inner self are having great success at creating the reality that they desire. They are getting glimpses of the process of consciously creating the reality that they desire.

Now, as we have said for almost the past two years, this transference into the new age and into the new energy is an individual transference. It is an individual journey that each of you may choose to be involved in or you may choose not to be involved in. There is no judgment no matter what choice you make. You see, the only judgment that comes upon each of you is the judgment that you place upon yourselves. There are no entities existing outside of your vibrational level that look down upon you and judge you for what you do. Even that portion which we refer to as your higher self, or the Piece of the One, creates whatever it is that you desire, without judgment. Your creator, the spark of

consciousness that exists within each of you, does not judge whether or not it is right or wrong for you, but merely creates whatever it is that you desire based upon the belief systems that you hold and the choices that you make.

So, once again, there are no entities existing outside of your vibrational level that look down upon you and say, “Well, that is right or wrong. You can't have that, or you can have this.” Or if you choose to enter into the new age and the new energy, that you are somehow better than those who choose to stay in the old age and the old energy. Absolutely not. The choice is yours. You can do whatever it is that you want. And if you feel that one is right or wrong, then understand that is your choice, that that is your belief system, and that is your judgment. It is not a judgment that is passed by anyone else existing either in or out of your vibrational level. You ultimately have control over whatever it is that you wish to create, and you can do it without fear that there is somehow a God that is going to pass judgment on whether what you do is right or wrong. It just doesn't happen that way.

Now, it is rather ironic that should you choose to believe that there is a God, that should you choose to believe that there is an entity that will somehow pass judgment upon you, then you will create the circumstances to support that belief system. You see, again, you create whatever it is that you desire based upon your beliefs and your choices, and the only limitation is your imagination.

So, if you wish to have angels that surround you and create for you, then you can create that type of reality. Now, it is illusionary, but ironically this whole reality that you experience is illusionary. So it is very difficult to say that one is more illusionary and the other is more real. It is all illusionary. If you wish to have that type of guides or angels surround you and make you feel like they are creating for you, you can create the circumstances to support that belief system. If you wish to feel that there is a God that exists outside of your vibrational level that somehow creates for you, you can create the circumstances to support that type of belief system, absolutely.

Remember, however, there are but three truths. You are a Piece of God equal to, no greater than and no less than, any other Piece of God. You create your reality. Absolutely. Bottom line. Period. And you cannot fail. Within the context of those three belief systems, you can create whatever you desire.

Now, the problem with having the angels create for you, and the problem with feeling that there is a God that creates for you, is that it puts you in a position where you create from what we refer to as default. You simply create circumstances and become involved in reality creation processes in agreement with those that are around you and interacting with you, to create all

types of realities to support that belief system and take the control out of your hands.

What we are suggesting is that you can have control of your reality. You can create whatever it is you desire. You can alter your belief systems instantaneously. It is not a long process. In fact, as you continue this transference into the new age and into the new energy—which, by the way, as a human consciousness you have agreed will be completed by the year of 2012 and you have now bumped that date up so you are far past the halfway point—and as you complete that transference into the new age and into the new energy, should you choose to make that transference, you shall have the capacity to create your reality consciously. To consciously get a grasp of what the belief systems are, to get an understanding of the entire concept of the multitude of belief systems and to pick out what ones are influencing your reality, and to either change them or reinforce them, whichever you desire. And for each of you the techniques will be unique and individual. It is not a difficult process. You don't have to study to become involved in this process. You don't have to follow a bunch of rituals to become involved in this process. You simply have to believe.

You see, we could state to you that if you got up in the morning and you meditated for two hours, and then before you went to bed you did a whole bunch of yoga exercises and you become involved in a bunch of rituals, that that would be the influence which enhanced this transference. And if you believed it, then it would. But you see, it doesn't have to be complicated. You just simply have to believe that it can be as simple as you choose to make it. And so for each, the techniques will be unique and individual. For some who choose to meditate and for some who gain insights from meditation, then meditation can and will be a part of that transference process, absolutely. But it is not necessary anymore than it is necessary to become involved in the yoga exercises, or for you to apply to exercise at all to become involved in running so that you can become active in a marathon. It just doesn't matter. You can choose whatever method it is that you desire that you believe will work for you.

So, the key is to understand what your belief systems are, to understand that the reality creation process that you are involved in is composed of a multitude of belief systems, and you have within you the capacity to alter those beliefs. And your higher self, the Piece of God that you are, that spark of consciousness creation that you are, will create whatever reality it is that you desire. Absolutely guaranteed.

Now, we would break for a few moments and if you have any questions for us we will be willing to return and answer them for you. And we would remind you that we are not separated by time or space, but rather by a vibrational level. There are a multitude of vibrational levels that exist within the same time and

the same space—similar to the radio frequencies that you have within your vibrational level that you have the capacity to tap into each individual one by eliminating the rest, and yet they all exist within the same time and in the same space. And similarly, we exist, as do you, in the same time and the same space. And if you wish for us to be with you, you have but to express the desire and we are always with you, and we would be grateful for the opportunity to interact and to share with each of you. And now we would break for a moment or two, and if you have questions we would be willing to return and attempt to answer them for you. With love and with peace. ✨