

# JOSHIAH

www.joshiah.com

*Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.*

**February 3, 2002**

## **Q and A**

**Joshiah:** ... gratitude for your inviting us back into your reality. And allow us to remind you, once again, that the entities and the energies within this sacred space you have created do not leave, but rather are quite willing and anxious to interact with you on that silent communication. Should you choose to express the intent and to alter your consciousness ever so slightly, that telepathic exchange of information most certainly does and will occur. Once again, that exchange is quite often much more accurate and much more pertinent than the information we express to you through our friend (*the channel*).

Now, you create this reality. We have said that to you many times. It seems like such a simple concept and such a simple statement to suggest to you that you create your reality. Of course, there are difficulties accepting that concept at the conscious level and rationalizing it. But you see, when you enter into this vibrational level and when you agree, so to speak, to operate from a position that is behind a veil, from a position of limiting your understanding of who and what you truly are, and from operating in consensus and in agreement with all of the other entities that exist within your vibrational level, then it becomes very difficult at the conscious level for you to understand and to appreciate who and what you truly are and this concept of reality creation.

We have suggested to you that when you choose to enter into this vibrational level, there are human consensus types of agreements and belief systems that you put in place. Those particular belief systems are very difficult for you to alter. Now, again, difficult but not impossible. You see, this vibrational level, this reality, is illusionary. And if you, as individuals, choose to alter that illusionary process, then it becomes very difficult for you to alter unless you have the entire human consciousness that agrees to that alteration, because it is indeed a human consciousness belief and agreement.

Those human consciousness agreements and concepts are agreements which your scientists would refer to as the laws of physics and particular phenomena within your universe that, through your scientific experiments and discovery, you can validate

by repeating certain experiments or certain measurements or certain criteria that seemingly lend credibility to that physical law. Those are the human consciousness belief systems that are very easy for you to perceive and understand, especially in your society where there is so much emphasis upon the scientific understanding, on the scientific validity being able to duplicate, and to prove that it can be duplicated.

However, there are other belief systems that you have agreed to as a human consciousness that cannot be scientifically proven. Some that are much more difficult to hold within your understanding, in terms of your physical laws or your laws of physics. For example, the belief system that there is a linear time frame, that there is a beginning and an end. We have suggested to you many times that you exist in the now and that the linear time frame is an illusion. And yet it is an illusion which you, as individuals and as a human consciousness, hold as a belief system. Even some of your most advanced scientists, when they begin to attempt to study the concept of time, will suggest to you that it is an illusion, that it cannot be proven. And yet, as a human consciousness and as individuals, while you are in your consciousness state, you do absolutely operate on the basis of a linear time frame. It becomes very difficult for you, while in the conscious state, to get any accurate conception of what the now is. That is your choice. That is your belief system you agreed to as you entered into this vibrational level and you agreed to participate in this illusionary reality, that you would do it based upon a linear time frame; and it is one of those agreements, one of those beliefs, which cannot be scientifically proven.

Another concept that you hold within your consciousness, which you have agreed to as a human consciousness and as individual belief systems, is that there is space. Space is an illusion. It is an illusion that you, while you are in your consciousness state, participate in and believe in, and you create your reality based upon that illusion. When you alter your states of consciousness, when you enter into your meditative states and when you enter into your dream states, space becomes an illusion, absolutely. You understand it is an illusion, and you can understand that it is possible for you to travel and be in any area, so to speak, that you can conceive. You have but to express the intent, and you are there. So, while you are in those

altered states of consciousness, space becomes, as your linear time frame does, very illusionary.

While you are in those altered states of consciousness, you understand that it is possible for you to experience, within a very short linear time frame, some very extensive occurrences that span many incarnational periods and various areas of your entire universe. This human consciousness belief in linear time and in space do not fit when you are in your altered states of consciousness. Consequently, when you come back into your consciousness state, it is very difficult for you to bring back accurate portrayals of what it was that you were experiencing in those altered states of consciousness because you, as a human consciousness and as individuals, agreed to maintain these belief systems while you are in the consciousness state in order to lend validity to this reality that you are experiencing.

Well, there is one more that cannot be scientifically proven, and one which many scientists would argue that, unlike your linear time frame and your space, it does not even exist. And that is that you, as individuals and as a human consciousness, have established an electromagnetic type of energy that exists throughout each and every atom of your entire universe that limits you, while you are in the consciousness state, from understanding who and what you truly are. By limiting that understanding, you once again lend validity and legitimacy to the reality that you experience while you are in the consciousness state.

Once again, altering those human consciousness agreements and belief systems is very difficult. However, as you continue on this transformation into the new age and into the new energy, you are indeed creating an energy within your vibrational level that will allow you to have the opportunity, should you choose, to experience the understanding of who and what you are at the conscious level. Now, how far you will go in that transformation and in that understanding, we cannot tell you. That is your choice. It has been your choice to establish this particular belief system and it is your choice to do what you will with it as you continue this transformation into the new age and into the new energy. However, we will suggest, based upon your present understanding and belief systems, that you shall have the capacity and the opportunity to understand consciously who and what you truly are, even if it is only for brief instances. You shall have that capacity. You shall have that opportunity, if you so choose. Not only you as individuals, but as a human consciousness.

Now, once again, how far you will extend that belief system in order to thin the veil, so to speak, to the point where you have the capacity to contain within more of your consciousness the full understanding of who and what you are, is your choice. We cannot and indeed would not even begin to attempt to predict how far you

will go in that area. So based upon that particular understanding, it becomes difficult for us to even begin to attempt to predict any of your future. For that is your future. And unlike in the old age and old energy, you are now beginning to understand that you have within you the capacity to create your reality consciously, and thereby to alter it consciously.

What effect that will have upon your scientific community, we cannot even begin to give any type of prediction or accurate explanation of what will occur. But as you continue on and as you reach this point of transformation into the new age and into the new energy, more will begin to get a glimpse, in the consciousness state, of the understanding of who and what you truly are. And so many more will question many of the scientific realities or the scientific explanations for this reality that you are experiencing, and they will begin to understand that before the reality occurs, you hold the belief system. And they will understand that as you alter the belief system, you can definitely alter your reality, and thereby as you alter your reality, you have the capacity to alter the outcome of your scientific experiments. And what was once believed to be an absolute may not be so absolute anymore.

There are many who would listen to that particular message and see that as a negative thing. "You are telling us that we can't believe what is there scientifically?" No, that is not what we are saying at all. What we are saying is that you do not have to be limited by what is given as a scientific absolute. It is not that you can't perpetuate it, and it is not that you can't sustain that. Absolutely not. But you can go beyond that. You can get a grasp of the understanding that there is no space, that space is an illusion, and as an illusion, you can alter it. You can get, if you wish, a glimpse of the understanding of linear time, and begin to have the capacity, if you so choose, to alter it consciously. And that defies all of your scientific beliefs and experiments and understandings.

It does not mean that they are inappropriate. And it does not mean that as you change them, that you will somehow lose something; but, rather, you have the capacity to gain something. It is a progression. It is not that the scientists are wrong. It is that they create reality based upon their belief systems, and many of those realities are based upon human consciousness belief systems and are very difficult to change, but not impossible. Absolutely not impossible.

So you will begin to have an understanding that the reality and the scientific experiments are based upon the belief systems of the experimenter. And indeed the outcome of those particular experiences, although they can be repeated absolutely, are once again based upon belief systems. Even your scientists, as we have suggested before, understand the capacity for individuals involved in experimentation to have an

influence on the outcome of that experiment, depending upon what they believe. And so you have what the scientists refer to as the double-blind experiments, where they even limit themselves from understanding beforehand what particular activities are being carried out in that experiment. That there are indeed two possibilities, and they do not know what the outcome would be in that particular experiment.

That type of experiment is devised because even scientists have proven that when you allow someone to have a conscious understanding and a conscious knowledge of what they are experimenting in, their consciousness thoughts and their belief systems influence the outcome of that experiment. And they can prove scientifically that when they conduct that similar experiment, but instill a different belief system in the participants, they can alter the outcome. So they have the double-blind procedure in order to attempt to eliminate the influence on the outcome of that experiment by the consciousness thoughts of the individuals involved.

However, and here is the rub, even individuals involved in those particular experiments, at some level of their consciousness, in their planning of the day-to-day activities, so to speak, understand absolutely what it is that they are involved in, and, at some level, understand all belief systems that would influence their participation in that particular activity and influence the outcome of that experimentation, even though it can be duplicated time and time again, based upon belief systems. So even the double-blind is illusionary.

All entities existing within your vibrational level create their reality absolutely, even when they don't consciously believe that they do, even when they don't consciously believe that they are having an influence, even when they are involved in the double-blind experiment. As you continue in this transformation into this new age and new energy and into the choices and belief systems you are now creating and experiencing and believing in, there exists the possibility that you shall have the capacity to consciously get a grasp of what those belief systems are. There exists the possibility that when you are involved in those particular activities such as the double-blind type of experimentation, you will get glimpses, even though they may be only momentary, but you will get glimpses of what the belief system is that you hold and how that belief system is influencing the outcome of that experimentation, and you shall have the opportunity, if you wish, to alter your belief system and thereby alter the outcome of that experiment.

When you, as individuals, begin to have within you that ability and you begin to believe that capacity and that ability exists within each of you, then you will absolutely begin to understand the potential that is available to you to alter and to create the reality that you desire. You will begin to understand that it is not so much of

the methods and the techniques and the particular controls that are placed upon the experiment, as much as it is your own beliefs.

You begin then to appreciate that cure and alterations for diseases come from within. They come from belief systems. If you believe that there are doctors and chemicals and drugs that can assist you in healing, then absolutely you will create the reality to support that belief and you shall have the opportunity to create your healing through those particular methods and techniques. If, however, you believe that it is possible for you to be involved in homeopathic type of cures, and you believe that natural minerals and vitamins that are available to you will facilitate and cause you to be cured, then it is absolutely possible for you to experience as legitimate and as complete a cure as it is for those who believe in the scientific methods. And when you believe that it is within your capacity to create a cure to the illness simply by altering your belief systems and using whatever it is that you wish to use, be it even a simple meditation technique if that is what you believe, then you as well shall have the capacity to alter your illness to create the reality that you desire, and to do it consciously.

You shall at that time begin to defy the so-called scientific proof. And ironically, when you begin to defy that so-called scientific proof, the methods that you use for that defiance shall be methods that cannot be scientifically proven. So, many of the beliefs that we suggest to you that are real, the ones that you can't change, are ones that you cannot scientifically prove. They are ones that you chose to eliminate from your consciousness by the establishment of the veil, and you cannot scientifically prove them. For to do so would completely eradicate that veil, and the whole purpose of your illusionary reality would be defeated.

You cannot prove that you are a Piece of the One. You cannot prove that you create your own reality. And you cannot prove that you cannot fail. You cannot scientifically give that proof to someone else so that they may believe. And yet, within each of you as you continue this transformation into the new age and the new energy, you shall have the opportunity to experience emotions and feelings at your consciousness level that give you the only proof that you need that you are indeed a Piece of the One, and you create your own reality, and you cannot fail. And ironically, when you get the full glimpse of those particular belief systems and you understand, without a doubt, who and what you truly are, then you won't care if you can scientifically prove it or not. You will also understand that the same opportunity to have that experience exists for each and every individual within your entire vibrational level, and you won't have to prove it to anyone.

When we suggest to you that you are entering into a new age and a new energy, the ability to consciously

grasp those belief systems and to get glimpses at the consciousness level of the magnitude of who and what you are, is the greatest accomplishment that you are presenting to yourself—that you are creating for yourself while you are in your consciousness state. It is not a new age or a new energy that is being created from some entities that exist outside of your vibrational level. It is your choice. It is your belief systems. And when you begin to get glimpses of those belief systems consciously, you will not ask for proof. You will not care if it can be scientifically proven. It will be your absolute. It will be your reality. And through that creation of your reality, from the consciousness state, ironically, you have the opportunity to become more in contact with that God that you search for, that exists within each of you.

Now, if you have any questions for us we would be willing to attempt to answer them for you at this time.

**Questioner:** Okay, last night I heard a voice that said she was murdered through drugs, and maybe a year ago I heard another voice that said she was murdered, too, the same way. Is it true? Was I actually hearing dead people?

**Joshiah:** We spoke to you earlier this afternoon of the difficulty to communicate with entities that are in that altered state of consciousness. And many times the impressions and the information that you do receive are tidbits, so to speak. They are distorted and not accurate in terms of application to your consciousness state in your day-to-day activities.

Now, each of you hear voices. Each of you get these intuitive suggestions. Many times they are interactions with your higher self, and many times they are indeed distorted remembrances and memories of interactions that you were participating in while in your dream state or in your altered states of consciousness, and are very distorted and not accurate. Now, we have suggested to you before that attempting to give an absolute application of that message to your consciousness state is very difficult. It is very difficult for you to consciously remember and get an accurate remembrance of that interaction that you were involved in while you are in your altered states of consciousness, in your sleep state, or in your dream state, or in your meditative states.

However, during those altered states you most certainly do interact with other entities that are also in altered states of consciousness, be they in the sleep state or in that between incarnation state. And you bring back into your consciousness state memories of that interaction. At times those memories may appear and seem to you that they are voices. However, we would caution you that those voices many times are giving you a message that is very distorted from what activity you were involved in while you were in your altered states of consciousness. And while we do not, in any way, attempt to give you answers which would

influence your day-to-day activities or your reality creation or your decisions or your belief systems, we would suggest to you, however, to remember that particular concept when you receive these voices and to understand that they are many times distorted. They are not an accurate portrayal of the interaction that occurred, and to treat them as being accurate and absolute would have the capacity to cause you more disharmony and unnecessary concern than if you attempted to understand that they are indeed very distorted interactions with those entities.

Now, we are not suggesting that you don't have the capacity to interact with those entities, and that indeed in your (*inaudible*) period and in other sleep states—in your altered states of consciousness—you most certainly do have that capacity and do interact with those individuals. We suggest, however, that when you remember those interactions, be they in terms of what seems to be voices that you are hearing, we would suggest that is a distorted version of the memory of that interaction.

Does that answer your question?

*(No further questions.)*

Well, once again, we express our gratitude to each of you for allowing us this opportunity to share with you in your reality and in your vibrational level. And we remind you that we are not separated by time or space, that they are illusions. We are separated, rather, by a vibrational level, and you have but to express the intent and we are with you, and we would welcome the opportunity to interact with each of you, to share with each of you, to offer to each of you our unending support and our unconditional love. We are, once again, in awe of what you do, and are grateful for the opportunities that you present for us to share with each of you. And until the next time that you so graciously invite us into your reality, we would wish you farewell, with love and with peace. ❀