

JOSHIAH

www.joshiah.com

Caveat: This document is a direct transcription from the original recording. Although it has been checked for obvious errors, it has not been finally edited. Editorial comments are in parentheses; probable wording is in square brackets.]

May 6, 2001

Joshiah: ... vibrational level. Now, before we begin with this afternoon's topic, we would ask you to, if you choose, express the intent to allow for a further thinning of the veil, to allow for the entities that would be with us within this space to have the opportunity to come and to interact and to exchange with you. And as you express that intent, should you choose as well to express the intent to allow for those entities to interact with you on what we have termed the silent level, then we assure you that there would be that type of interaction occurring, that you would have the opportunity to interact and to share with those entities that would be with you at this time. And should you choose to express the intent, we suggest that interaction will occur telepathically and you shall obtain an exchange of information which at times is much more accurate than the information which we express through the words of our friend (*the channel*).

As well, those entities that would interact with you on that silent level are grateful for that opportunity to share and to learn from you. For indeed you are, within your own rights, teachers. You are, within your own rights, entities who are on the leadership edge of this creation. Of this creation, of a reality which is somewhat removed from the reality that we are experiencing. And so, we would ask you, if you choose, to express the intent to allow for a moment's silence to allow for that interaction to begin and to allow for us to adjust the energy within this space and to allow for us to fine-tune our connection with our friend. And so we shall return in a moment.

(Pause)

Well. Well now. We thank you for that moment's silence and for the opportunities that you present for us. And we dispense with our music. Although we enjoy the music, at times it has a tendency to distract Elias (*the channel*) and allows him to interfere with the thought process we attempt to express through, and allows him at times to analyze some of our thoughts and to interrupt and to at times stop the transmission of our thoughts. And so we simply dispense with the music for the purposes of facilitating a better transmission of our message.

Now, there are some new entities that are with us this afternoon, and you may feel indeed that this is a rather

new phenomena to you. But we would assure you that we have interacted with each of you at other times. We have, at other states of your consciousness, interacted and shared with each of you. You see, each of you, throughout many of your incarnations, have been active in this type of exchange of information. And while you may not carry within your consciousness the memories of those exchanges, we assure you that they occur, and have occurred in what you refer to as your past. They occur in your altered states of consciousness, in what we refer to as your dream states and your between incarnation states, and indeed during those meditative states [for those of you who enter into meditative states from a conscious intent].

It is a rather interesting phenomena that at times each of you enter into a meditative state, although you simply choose to use a word that does not connect that meditative state to what has been referred to within the metaphysical or new age terminology as "meditation." For indeed there is within the belief systems of some the feeling that meditation is somehow an ungodly related act. That it is interacting with someone outside of what you refer to as God. And so although you may not use the term meditation, you enter into a similar state for purposes of interacting with what you feel is your God.

It is rather ironic that your God exists within you, and as you alter those states of consciousness, you indeed interact with a God. But you see, you are a piece of that God, if you would. You are an equal part of God and that God exists within you. It is who you are and what you are. And so as you alter your states to interact, whether it be in what would be termed as a meditative state, or simply as you alter your consciousness during what you term as a prayer state, or whether you are daydreaming, or what other type of terminology that you would like to tag the event with, to tag the phenomena with, nonetheless you are altering your consciousness and you are interacting with that part of you that is inseparable from you, that is who and what you are. And it is the piece of what you would term as God—what we refer to as a piece of the One, a piece of the Whole—which is who and what you truly are.

Now, at times we have expressed that you create your realities. And you do so, most certainly. While it is a rather difficult concept for some to accept and to

understand, it is nonetheless one of the basic truths that we bring and express to each of you that you are the creators of your reality. You see, it's a difficult concept for some to accept and to understand because to accept that you are the creators of your reality is to take away the opportunity to blame someone else when things don't quite go the way that you feel that they should go. And as well, when they do go the way that you want to go, there is no one else but yourself to thank for that. And at times, due to a lack of feeling deservability, it is sometimes much easier to thank someone else for what you would refer to as positive occurrences within your life, rather than accept the responsibility that you created them yourself. You see, it means that you have to accept that you are deserving, that you do have within you the capacity to create that reality. And so for various reasons, it becomes a difficult concept to accept that you are the creators of your reality.

You are most certainly the ones responsible for what occurs within your day-to-day activities. Now, at times there is a difficulty in comprehending how you create this reality. You see, if you could accept that there was a process by which you create the reality and if you could understand the process, then it would be much easier to accept the concept that you create the reality.

Now, it is rather ironic that first you must hold the belief in order to create the reality. You see, there is a tendency within your vibrational level to feel that one experiences a reality and then forms the belief, based upon that reality. We would suggest, however, that it is exactly the opposite, that first you hold the belief and then from the belief comes the circumstances that offer you the opportunities to make the choices to create the reality that will support the belief system. And so the belief precedes the reality, and if you can change the belief, you can change the reality.

Again, it becomes a rather difficult concept to explain and to understand how belief systems can alter your reality, and how belief systems indeed interact with one another to create the reality that you experience. Let us use an analogy to attempt to explain this phenomena. Now, analogies, at best, are poor because interpretations can vary so widely that the message received by each person can be very different. And so, from that perspective, analogies are limiting, at best, in attempting to explain. However, at times, because of the lack of terminology and the lack of the ability to express that concept, analogies sometimes can be quite beneficial and helpful.

Now, you have within your reality the understanding that you operate from a basic point when you refer to a numbered system. You have, for example, a basic amount of numbers that you operate within. And you have what you term the primary numbers. You have the numbers from zero to nine. And it seems a rather simple concept that you would have that amount of

numbers. And that is the basis of all of your mathematics. And so you can take those numbers and combine them, and continue to combine them, and continue to combine them, until you can reach infinity in terms of numbers.

Now, you have various ways of manipulating those numbers. And, like the primary numbers, those various ways are rather basic and rather simple. You can add them, you can subtract them, and you can multiply them, and that's about it. Now, through the combination of those primary numbers and through the combination of those basic principles of manipulating the primary numbers, you can come up with mathematical formulas that would just simply astound your ability to understand. And yet within each of those complicated mathematical formulas, which could take you days to work through were you to attempt to do so physically, they nonetheless break down to those simple basics of primary numbers and three methods of manipulating those numbers. Now, at times you add in a few other variables, if you would, but those variables once again are based upon the primary numbers.

It is not necessary for you to operate within those primary numbers. You see, you could have chosen eight numbers instead of ten. Or you could of chosen fifteen instead of ten. It didn't matter. But rather, what was important was that, as a human consciousness, you agreed within your particular society to operate within that limited amount of numbers. And you agreed within your particular society that there would only be certain ways that you could manipulate those numbers. Now, on top of that, you even came up with scientific reasons to support that particular establishment of numbers and limitations of ways to manipulate those numbers.

And so you have a set perimeter that operates around your mathematical equations, and from those mathematical equations you go on to interpret and to transfer and to calculate many of your phenomena that occur within this reality, based upon that formula, based upon those simple primary numbers and those simple three ways of manipulating the numbers.

Now, if you could but understand that you also came into this reality with the opportunity of establishing, similar to your primary numbers, primary belief systems. You have within each of you the capacity to establish those belief systems. Now, similarly to the ability to establish a different set of numbers, you also have the ability to establish a different set of belief systems, most certainly. As you combine those belief systems, similar to creating a multitude of numbers, you have the opportunity to create a multitude of various belief systems where one interacts with the other in order to come up with a combined belief system, [and] where the total of that belief system indeed is quite different from the sum of its parts, as a

number indeed can be quite different from the sum of its primary numbers.

Now, as well, during your creation of this reality and your establishing of those belief systems, you also established some perimeters in which you can manipulate those belief systems, similar to the three basic methods that you have of addition and subtraction and multiplication for the purposes of manipulating those primary numbers. And similarly, within this reality, you have basic perimeters within which you maintain your belief systems and use them to bring into this reality that which you desire. And those basic maneuvers that you use are your feelings and your choices.

You see, through your feelings and your choices, based upon your belief systems, you create your reality. Now, it seems oversimplified, most certainly. And we're not suggesting for an instant that it is something that simple. But when compared to our analogy, it is more like a complex mathematical equation, where there are a multitude of interactions between the numbers you are using in that mathematical equation. And when you break it down, when you look at the basis of it, it still breaks down to the primary numbers and to the three basic manipulations of those numbers.

And so it is within your reality. While your reality may evolve around a multitude of belief systems, nonetheless when you break it down, you can come back to those primary belief systems and you can come back to the primary methods of manipulating those belief systems, of bringing the reality that you experience from those belief systems, through your choices, through your feelings, through your thought processes.

You see, you cannot have a feeling without a thought. You cannot have thought without a feeling. They interact with each other. And so when you feel, you are indeed thinking about that feeling. Now, there has been the suggestion that thoughts are things, that thoughts are important. We suggested that thoughts and feelings cannot be separated and we also suggest that from the two combinations, the feelings are most important. The feelings are what you should put the emphasis on, as opposed to the thoughts. While they do interact with each other, most certainly, the feelings are the key. The feelings are the key to understanding what it is that you truly believe.

You see, the difficulty comes not in understanding what we are presenting to you, that you create this reality through your belief systems and through your choices and through your feelings. The difficulty comes in determining what those belief systems are. You see, you hold belief systems as a total human consciousness, that are agreed upon belief systems. And you hold those belief systems to the point where you know that things are going to occur. You know that

the sun will set in what you refer to as the west, and that it will rise in the morning in the east. And you know that to the point where it is a belief system that, within your reality, cannot be altered. You own that belief system. And we could use a multitude of other examples that are belief systems that are total human consciousness belief systems that you own, that you come into this reality owning and understanding.

There are a multitude of other belief systems that you own as well, but you have more difficulty in putting your finger on them. There are belief systems that you have brought from past incarnations, from your between incarnation times, and that you continue to validate during your dream state, that affect this reality. And you own these other belief systems just as surely as you own the belief system that the sun shall rise and set. Some of these belief systems that you have brought from the other incarnations, that you have indeed made a piece of who and what you are, are belief systems that are at times creating a reality you find to be less than desirable. At times you are holding within you some of these basic primary belief systems that you would rather not own, that you would rather not have.

Now, there's some good news here, and that is that you have within each of you the opportunity to alter those belief systems. You have within you the capacity to change that belief system. You see, changing the belief system is one of the keys to creating the type of reality that you would desire to have. The difficulty comes not necessarily in altering the belief system, but understanding what the belief system is that you have to alter in the first place. But nonetheless, you do have within you the capacity to alter that belief system.

You see, there are but three belief systems that we would suggest that you hold that you cannot alter. Three really simple belief systems, but three very powerful belief systems. The first is that you are indeed the creator of all that you perceive. Accepting the responsibility that you are the creator, you are the one responsible. And the second belief system that we would have you understand is that you are a piece of God. The God that each of you searches for dwells within you. It is who you are and what you are. It is inseparable from you. It exists within the DNA that surrounds each and every cell of your body. It is who and what you are. You are, each of you, a piece of God. And the third belief system is that you cannot fail. You cannot fail.

Now, when we suggest you cannot fail, we are referring to this experiment that you are participating in and the opportunity that exists for you to return to the vibrational level that you originated from. And we suggest that as you end this experiment, you shall not fail to return to that vibrational level that you existed at before you chose to enter into this experiment, to enter into this vibrational level. You cannot fail.

And so as you hold those three particular belief systems, all of the other belief systems are up for grabs. All of the other belief systems are within your capacity to alter. And as you alter them, you shall indeed create for yourselves the circumstances for you to have the opportunities to make the choices to create the reality that you desire.

Now, throughout your past histories, you have indeed existed in what we have referred to as the old energy. And during the old energy, indeed most of the belief systems that you held were belief systems that you worked on in your between incarnation states and in your dream states and in your meditative state. And once you were in the conscious state it was rather difficult for you to alter that reality. Now, we're not suggesting it was impossible, but rather it was difficult. And so there were techniques that you developed to trick your, what we refer to as, higher self into creating the reality that you desired.

You held within you visions that you imagined over and over and over until you attempted to bring that particular vision into your reality. And there were many other techniques that you used to alter and to manipulate this reality. And at times they worked very well. They worked very well indeed. And we would suggest that there are entities within this vibrational level at your particular time who are choosing to remain in that old energy, and for them that particular type of reality creation is working, within limitations, still at this time. But we would also suggest that it doesn't work as well as it used [to]. You see, we have begun to enter into what we refer to as the new age, the new energy.

Now, as you enter into this new energy, you must understand that it is a personal choice that you have made. This is not something which has been thrust upon you. It is not something that you must become involved in, but rather it is an individual and personal choice. It comes back to that basic understanding that you are the one responsible for this reality that you are creating.

And so as you enter into this new energy you have the choice to attempt to have the influence of those past incarnations fall away. You see, you have held within you for a multitude of generations, if you would, the belief systems that your past somehow has an effect upon your future. And through your maintaining this linear time frame, where you have a past and a present and a future, you have held the belief that the past has had an influence upon your present, and your present can have an influence upon the future. We would suggest to you, however, that all are occurring simultaneously. That all are occurring in what we refer to as the now. And as you enter into this new age, into this new energy, you have the opportunity to operate from the now. You have the opportunity to bring this understanding of who and what you are into the conscious level and to create your reality consciously.

And indeed that is a phenomena which has not been possible throughout your entire experiment since you have left the time of Lemuria and since you chose to erect that veil that each of you exists within and that exists within each of you.

And so now as you enter into this new age and into this new energy, you shall have the opportunity to allow for the thinning of that veil and you shall have the opportunity to allow into your consciousness the understanding of how you create this reality. And indeed it shall be much easier for you to have the opportunity to understand what the belief systems are that are creating the reality that you experience. And if you don't like the reality that you are experiencing, then you shall have the opportunity to alter that belief system. And as you alter the belief system, most surely you shall alter the reality. You shall have the opportunities to make the choices to create the reality that you desire.

Now again, to refer back to our analogy, most certainly the belief systems interact and combine with each other to create a rather complicated formula for this reality creation and a rather difficult one sometimes to understand and to alter. But nonetheless, should you attempt to continue to delve into those belief systems, we assure you that there exists the strong possibility that you shall experience the understanding of the belief system that is creating your reality.

Also, as you express the intent to enter into this new age and into this new energy that we refer to, you shall experience more understandings of the belief systems that are creating the reality that you experience. And this portion of you that we refer to as your higher self, as the piece of the One, shall communicate with you on a more open basis when you are in your conscious state. You shall receive intuitive suggestions as to the choices to make in order to create the reality that you desire, based upon the belief systems that you hold. There shall be what you refer to as hunches and coincidences occurring that allow you that opportunity to create the reality that you exist in.

You see, this reality that you are experiencing is a rather imaginary reality. The real realities are the realities you experience when you are in your dream state and when you are in your between incarnation state. Those realities have much more substance than this reality. It's simply through your creation and through the makings of the veil that you believe this reality is the real one. You believe this reality is the one that has the most importance. We would suggest, however, that this reality is the imaginary one where you are conducting the experiment that you chose to participate in. You are indeed not only participants in the experiment, but the experimenters, the ones who are the creators. And so when you begin to hold that belief system—that this reality is rather imaginary—

then it becomes much easier to manipulate the imaginary reality.

You see, now you go into your dream states and you believe as you enter into that dream state that it's an imaginary reality. When you daydream, you believe you are then imagining, it is but your imagination. And yet, as you project some of this consciousness into that dream state (*lucid dreaming*) you begin to realize you can manipulate that dream state. You can manipulate the events and the occurrences that are happening within that dream state to create the type of experience and reality you desire within that dream state. And yet, while we would suggest that is certainly what happens—that you do have within you the capacity to manipulate that dream state—that dream state is more real than the state that you experience now, as you hide behind the veil, in what you refer to as your conscious state. This conscious state, this reality, is a much more imaginary one. And so it stands to reason if you can enter into that dream state and if you can manipulate the realities within that dream state, the realities which have much more substance than this reality, then it follows that you should have no trouble manipulating this rather imaginary reality that you exist in in your conscious state.

Again, a rather difficult concept for you to accept, only because you choose to erect a veil which limits your understanding of who and what you truly are. As you enter into this new age and into this new energy, you are having the opportunity to thin that veil. You are having the opportunity to bring into your conscious state more of the understanding of who and what you truly are. And consequently, you shall have the opportunity to create your reality consciously, a phenomenon which has not occurred since the time of Lemuria.

Now. There is another rather interesting phenomenon which is occurring. You see, up until now it was quite possible to predict your future. It was quite possible for entities to understand what was about to occur in this imaginary reality you exist in because it was at times a rather predetermined reality. The major events, if you would, the major occurrences that would affect humanity were set in motion eons before they were experienced. And it was a common consensus of the entities who would be involved in those particular events that they would create that event, that they would create that happening. And so it was not difficult for what you refer to as prophets to predict your future. That is changing. That is changing because each of you is having the opportunity to create your reality consciously in the now. And so it becomes impossible to predict your future.

For as you begin to understand that you have the capacity to alter your belief systems, so you shall have the capacity to alter your reality. And you shall have the capacity to alter that reality consciously. And within this

incarnation period you shall have that opportunity to alter your belief systems, alter your reality, to do it consciously, and therefore it is impossible to predict your future. It is impossible to predict the outcome of what you have set in motion in this experiment on this vibrational level because you no longer are operating within that restricted belief system and understanding. But you are expanding your experiment.

And for entities such as us that exist outside of your vibrational level, this is a rather exciting time. For indeed throughout all of creation, this phenomena has never occurred, has never been duplicated, if you would. And you are, once again, on the leading edge of creation and you are deeply honored, deeply loved, and deeply respected for the commitments and for the choices that you have made.

Now, we are coming to the end of our taping facility and you will find that we have indeed run out of space on your recording machine. And so we would at this time break for a few moments, if you wish, and we would be willing to return to answer any questions that you may have for us. Now, during the time that we break, we, as a group of entities, do not leave, do not vacate this sacred space that you have created for us. And should you express the intent, we would indeed interact with each of you on that silent level. We would be grateful for the opportunity to share with you and to interact with you and to learn from you. And so now we would break for a moment. We would allow you to organize any questions that you may have for us and we would attempt, within our limited capacity, to answer your questions for you. And so we shall return, with love and with peace. ❀